Atlas of Anatomy

Edited by Anne M. Gilroy Brian R. MacPherson Lawrence M. Ross Based on the work of Michael Schuenke Erik Schulte Udo Schumacher

Illustrations by Markus Voll Karl Wesker





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Dedication

To my father, Francis Gilroy, whose dedication to medicine has been a greater inspiration to me than he has ever realized; to my students who lovingly tolerate, and sometimes share, my passion for human anatomy; and most of all to my sons, Colin & Bryan, whose love and support I treasure beyond all else.

To my friend and mentor, Dr. Ken McFadden of the Division of Anatomy at the University of Alberta, who ensured I received the training in gross anatomy instruction required to be successful, and to the thousands of professional students who I have taught over the past 30 years honing these skills. However, none of the success I've enjoyed during my time in academia would have been possible without the constant support, participation and encouragement of my wife, Cynthia Long.

To my wife, Irene; to the children, Chip, Jennifer, Jocelyn & Barry, Tricia, Scott, Katie & Snapper, and Trey; and to my students who have taught me so well.

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Foreword

This Atlas of Anatomy is, in my opinion, the fi nest single volume atlas of human anatomy that has ever been created. Two factors make it so: the images and the way they have been organized.

The artists, Markus Voll and Karl Wesker, have created a new standard of excellence in anatomical art. Their graceful use of transparency and their sensitive representation of light and shadow give the reader an accurate three-dimensional understanding of every structure.

The authors have organized the images so that they give just the flow of information a student needs to build up a clear mental image of the human body. Each two-page spread is a self-contained lesson that unobtrusively shows the hand of an experienced and thoughtful teacher. I wish I could have held this book in my hands when I was a student; I envy any student who does so now.

Robert B. Acland

Louisville, KY

March 2008

Preface

Each of us was amazed and impressed with the extraordinary detail, accuracy, and beauty of the material that was created for the Thieme Atlas of Anatomy by authors Michael Schuenke, Erik Schulte, and Udo Schumacher and artists Markus Voll and Karl Wesker. We felt these atlases and their pedagogical concepts were one of the most significant additions to anatomical education in the past 50 years. It was our intent to use this exceptional material as the cornerstone of our effort to create a concise single volume Atlas of Anatomy for the curious and eager health science student.

Our challenge was first to select from this extensive collection those images that are most instructive and illustrative of current dissection approaches. Along the way, however, we realized that creating a single volume atlas was much more than choosing images: each image had to convey a significant amount of detail while the appeal and labeling needed to be clean and soothing to the eye. Therefore, hundreds of illustrations were drawn new or modified to fit the approach of this new atlas. In addition, key schematic diagrams and simplified summary-form tables were added wherever needed. Dozens of applicable radiographic images and important clinical correlates have been added where appropriate. Additionally, surface anatomy illustrations are accompanied by questions designed to direct the student's attention to anatomic detail that is most relevant in conducting the physical exam. Elements from each of these features are arranged in a regional format to facilitate common dissection approaches. Within each region the various components are examined systemically, followed by topographical images to tie the systems within the region together. In all of this, a clinical perspective on the anatomical structures is taken. The unique two facing pages "spread" format focuses the user to the area/topic being explored.

We hope these efforts, the results of close to 100 combined years of experience teaching the discipline of anatomy to bright, enthusiastic students, has resulted in a comprehensive, easy-to-use resource and reference.

We would like to thank our colleagues at Thieme Publishers who so professionally facilitated this effort. We cannot thank enough, Cathrin E. Schulz, MD, Editorial Director Educational Products, who so graciously reminded us of deadlines, while always being available to troubleshoot problems. More importantly, she encouraged, helped, and complimented our efforts.

We also wish to extend very special thanks and appreciation to Bridget Queenan, Developmental Editor, who edited and developed the manuscript with an outstanding talent for visualization and intuitive flow of information. We are very grateful to her for catching many details along the way while always patiently responding to requests for artwork and labeling changes.

Cordial thanks to Elsie Starbecker, Senior Production Editor, who with great care and speed produced this atlas with its over 2,200 illustrations. Finally thanks to Rebecca McTavish, Developmental Editor, for joining the team in the correction phase. Their hard work has made the Atlas of Anatomy a reality.

Anne M. Gilroy Brian R. MacPherson Lawrence M. Ross March 2008, Worcester, MA, Lexington, KY, and Houston, TX

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Surface Anatomy

1 Bones, Ligaments & Joints

Vertebral Column: Overview

The vertebral column (spine) is divided into four regions: the cervical, thoracic, lumbar, and sacral spines. Both the cervical and lumbar spines demonstrate lordosis (inward curvature); the thoracic and sacral spines demonstrate kyphosis (outward curvature).

Fig. 1.1 Vertebral column

Left lateral view.



Clinical

Spinal development

The characteristic curvatures of the adult spine appear over the course of postnatal development, being only partially present in a newborn. The newborn has a "kyphotic" spinal curvature (**A**); lumbar lordosis develops later and becomes stable at puberty (**C**).


Fig. 1.2 Normal anatomical position of the spine Left lateral view.



B Midsagittal section through an adult male.

Vertebral Column: Elements

Fig. 1.3 Bones of the vertebral column



Fig. 1.4 Palpable spinous processes as landmarks

Posterior view. The easily palpated spinous processes provide important landmarks during physical examination.



Fig. 1.5 Structural elements of a vertebra

Left posterosuperior view. With the exception of the atlas (C1) and axis (C2), all vertebrae consist of the same structural elements.



Fig. 1.6 Typical vertebrae

Superior view.



Toble 1.1 Structural elements of vertebrae					
Vertebrae	Body	Vertebral foramen	Transverse processes	Articular processes	Spinous process
Cervical vertebrae C3*–C7	Small (kidney-shaped)	Large (triangular)	Small (may be absent in C7); anterior and posterior tubercles enclose transverse foramen	Superoposteriorly and inferoanteriorly: oblique face ts most nearly horizontal	Short(C3–C5); bifid (C3–C6); long (C7)
Thoracic vertebrae T1–T12	Medium (heart- shaped); includes costal facets	Small (circular)	Large and strong; length decreases T1–T12; costal facets (T1–T10)	Posteriorly (slightly laterally) and anteriorly (slightly medially); facets in coronal plane	Long, sloping postero- inferiorly; tip extends to level of vertebral body below
Lumbarvertebrae L1–L5	Large (kidney-shaped)	Medium (triangular)	Long and slender; accessory process on posterior surface	Posteromedially (or medially) and anterolaterally (or laterally); facets nearly in sagittal plane; mammillary process on posterior surface of each superior articular process	Short and broad
Sacral vertebrae (sacrum) S1–S5 (fused)	Decreases from base to apex	Sacral canal	Fused to rudimentary rib (ribs, see pp. 44–47)	Superoposteriorly (SI) superior surface of lateral sacrum- auricular surface	Median sacral crest
*C1 (atlas) and C2 (axis) ar	e considered atypical	(see pp. 6–7).			

Cervical Vertebrae

The seven vertebrae of the cervical spine differ most conspicuously from the common vertebral morphology. They are specialized to bear the weight of the head and allow the neck to move in all directions. C1 and C2 are known as the atlas and axis, respectively. C7 is called the vertebra prominens for its long, palpable spinous process.

Fig. 1.7 Cervical spine

Left lateral view.



A Bones of the cervical spine, left lateral view.



B Radiograph of the cervical spine, left lateral view.

Fig. 1.8 Atlas (C1) Groove for Superior articular facet vertebral a. Posterior Anterior tubercle tubercle Posterior Transverse arch of atlas Transverse foramen process Inferior articular facet

A Left lateral view.



A Left lateral view.

Fig. 1.10 Typical cervical vertebra (C4)



A Left lateral view.



Injuries in the cervical spine

The cervical spine is prone to hyperextension injuries, such as "whiplash," which can occur when the head extends back much farther than it normally

would. The most common injuries of the cervical spine are fractures of the dens of the axis, traumatic spondylolisthesis (ventral slippage of a vertebral body), and atlas fractures. Patient prognosis is largely dependent on the spinal level of the injuries (see p. 600).



This patient hit the dashboard of his car while not wearing a seat belt. The resulting hyperextension caused the traumatic spondylolisthesis of C2 (axis) with fracture of the vertebral arch of C2, as well as tearing of the ligaments between C2 and C3. This injury is often referred to as "hangman's fracture."



B Anterior view.



Thoracic & Lumbar Vertebrae

Fig. 1.11 Thoracic spine

Left lateral view.



Fig. 1.12 Typical thoracic vertebra (T6)



Fig. 1.13 Lumbar spine

Left lateral view.



Fig. 1.14 Typical lumbar vertebra (L4)



A Left lateral view.



B Anterior view.



C Superior view.



Osteoporosis

The spine is the structure most affected by degenerative diseases of the skeleton, such as arthrosis and osteoporosis. In osteoporosis, more bone material gets reabsorbed than built up, resulting in a loss of bone mass. Symptoms include compression fractures and resulting back pain.



A Radiograph of a normal lumbar spine, left lateral view.

B Radiograph of an osteoporotic spine. The vertebral bodies are decreased in density, and the internal trabecular structure is coarse. Lower and upper end plates are fractured.

Sacrum & Coccyx

The sacrum is formed from five postnatally fused sacral vertebrae. The base of the sacrum articulates with the fifth lumbar vertebra, and the apex articulates with the coccyx, a series of three or four rudimentary vertebrae.



Fig. 1.15 Sacrum and coccyx





D Radiograph of sacrum, anteroposterior view.

C Left lateral view.

Fig. 1.16 Sacrum

Superior view.



B Transverse section through second sacral vertebra demonstrating anterior and posterior sacral foramina, superior view.

Intervertebral Disks

Fig. 1.17 Intervertebral disk in the vertebral column

Sagittal section of T11–T12, left lateral view. The intervertebral disks occupy the spaces between vertebrae (intervertebral joints, see p. 14).



Fig. 1.18 Structure of intervertebral disk

Anterosuperior view with the anterior half of the disk and the right half of the end plate removed. The intervertebral disk consists of an external fibrous ring (anulus fibrosus) and a gelatinous core (nucleus pulposus).



Fig. 1.19 Relation of intervertebral disk to vertebral canal Fourth lumbar vertebra, superior view.



Fig. 1.20 Outer zone of the anulus fibrosus

Anterior view of L3–L4 with intervertebral disk.



Clinical

Disk herniation in the lumbar spine

As the stress resistance of the anulus fibrosus declines with age, the tissue of the nucleus pulposus may protrude through weak spots under loading. If the fibrous ring of the anulus ruptures completely, the herniated material may compress the contents of the intervertebral foramen (nerve roots and blood vessels). These patients often suffer from severe local back pain. Pain is also felt in the associated dermatome (see p. 600). When the motor part of the spinal nerve is affected, the muscles served by that spinal nerve will show weakening. It is an important diagnostic step to test the muscles innervated by a nerve from a certain spinal segment, as well as the sensitivity in the specific dermatome. Example: The first sacral nerve root

innervates the gastrocnemius and soleus muscles; thus, standing or walking on toes can be affected (see p. 398).



Posterior herniation (A, B) In the MRI, a conspicuously herniated disk at the level of L3–L4 protrudes posteriorly (transligamentous herniation). The dural sac is deeply indented at that level. *CSF (cerebrospinal fluid).



Posterolateral herniation (C, D) A posterolateral herniation may compress the spinal nerve as it passes through the intervertebral foramen. If more medially positioned, the herniation may spare the nerve at that level, but impact nerves at inferior levels.

Joints of the Vertebral Column: Overview

Table 1.2 Joints of the vertebral column

Craniovertebral joints

1 Atlanto-occipital joints	Occiput–C1			
2 Atlantoaxial joints	C1–C2			
Joints of the vertebral bodies				
3 Uncovertebral joints	C3–C7			
4 Intervertebral joints	C1–S1			
Joints of the vertebral arch				
5 Zygapophyseal joints	C1–S1			

Fig. 1.21 Joints of the vertebral column



Fig. 1.22 Zygapophyseal (intervertebral facet) joints

The orientation of the zygapophyseal joints differs between the spinal regions, influencing the degree and direction of movement.



c Lumbar region, posterior view. The joints lie in the sagittal plane.

Fig. 1.23 Uncovertebral joints

Anterior view. Uncovertebral joints form during childhood between the uncinate processes of C3–C6 and the vertebral bodies immediately superior. The joints may result from fissures in the cartilage of the disks that assume an articular character. If the fissures become complete tears, the risk of pulposus herniation is increased (see p. 13).



A Uncovertebral joints in the cervical spine of an 18-year-old man, anterior view.



B Uncovertebral joint (enlarged), anterior view of coronal section.



C Split intervertebral disk, anterior view of coronal section.

Clinical

Proximity of spinal nerve and vertebral artery to the uncinate process

The spinal nerve and vertebral artery pass through the intervertebral and transverse foramina, respectively. Bony outgrowths (osteophytes) resulting from uncovertebral arthrosis may compress both the nerve and the artery and can lead to chronic pain in the neck.



Joints of the Vertebral Column: Craniovertebral Region

Fig. 1.24 Craniovertebral joints



Fig. 1.25 Dissection of the craniovertebral joint ligaments Posterior view.



The atlanto-occipital joints are the two articulations between the convex occipital condyles of the occipital bone and the slightly concave superior articular facets of the atlas (C1). The atlantoaxial joints are the two lateral and one medial articulations between the atlas (C1) and axis (C2).

Fig. 1.26 Ligaments of the craniovertebral joints



Vertebral Ligaments: Overview & Cervical Spine

The ligaments of the spinal column bind the vertebrae and enable the spine to withstand high mechanical loads and shearing stresses and limit the range of motion. The ligaments are subdivided into vertebral body ligaments and vertebral arch ligaments.

Fig. 1.27 Vertebral ligaments



Viewed obliquely from the left posterior view.

Ligament	Location	
Nuchal ligament [*]	Between external occipital protuberance and spinous process of C7	
*Corresponds to a suprasp	inous ligament that is	

Fig. 1.28 Anterior longitudinal ligament

Anterior longitudinal ligament. Anterior view with base of skull removed.



Fig. 1.29 Posterior longitudinal ligament

Posterior view with vertebral canal windowed and spinal cord removed. The tectorial membrane is a broadened expansion of the posterior longitudinal ligament.



Fig. 1.30 Ligaments of the cervical spine



A Midsagittal section, left lateral view. The nuchal ligament is the broadened, sagittally oriented part of the supraspinous ligament that extends from the vertebra prominens (C7) to the external occipital protuberance.



B Midsagittal T2-weighted MRI, left lateral view.

Vertebral Ligaments: Thoracolumbar Spine

Fig. 1.31 Ligaments of the vertebral column: Thoracolumbar junction

Left lateral view of T11–L3, with T11–T12 sectioned in the midsagittal plane.



Fig. 1.32 Anterior longitudinal ligament

Anterior view of L3–L5.



Anterior longitudinal ligament

Fig. 1.33 Ligamentum flavum and intertransverse ligament

Anterior view of opened vertebral canal at level of L2–L5,Removed: L2–L4 vertebral bodies.



Fig. 1.34 Posterior longitudinal ligament

Posterior view of opened vertebral canal at level of L2–L5. *Removed:* L2–L4 vertebral arches at pedicular level.



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2 Muscles

Muscles of the Back: Overview

The muscles of the back are divided into two groups, the extrinsic and the intrinsic muscles, which are separated by the superficial layer of the thoracolumbar fascia. The superficial extrinsic muscles are considered muscles of the upper limb that have migrated to the back; these muscles are discussed in Unit 4.

Fig. 2.1 Superficial (extrinsic) muscles of the back

Posterior view. *Removed:* Trapezius and latissimus dorsi (right). *Revealed:* Thoracolumbar fascia. *Note:* The superficial layer of the thoracolumbar fascia is reinforced by the aponeurotic origin of the latissimus dorsi.



Fig. 2.2 Thoracolumbar fascia

Transverse section, superior view. The intrinsic back muscles are sequestered in an osseofibrous canal, formed by the thoracolumbar fascia, the vertebral arches, and the spinous and transverse processes of associated vertebrae. The thoracolumbar fascia consists of a superficial and a deep layer that unite at the lateral margin of the intrinsic back muscles. In the
neck, the superficial layer blends with the nuchal fascia (deep layer), becoming continuous with the cervical fascia (prevertebral layer).



Removed: Cauda equina and anterior trunk wall.

Intrinsic Muscles of the Cervical Spine

Fig. 2.3 Muscles in the nuchal region

Posterior view. Removed: Trapezius, sternocleidomastoid, splenius, and



semispinalis muscles (right). Revealed: Nuchal muscles (right).

Fig. 2.4 Short nuchal muscles

Posterior view. See Fig. 2.6.



A Course of the short nuchal muscles.



B Origins (red) and insertions (blue) in the suboccipital region.

Intrinsic Muscles of the Back

The extrinsic muscles of the back (trapezius, latissimus dorsi, levator scapulae, and rhomboids) are discussed in Unit 4. The serratus posterior, considered an intermediate extrinsic back muscle, has been included with the superficial intrinsic muscles in this unit.

Fig. 2.5 Intrinsic muscles of the back

Posterior view. Sequential dissection of the thoracolumbar fascia, superficial intrinsic muscles, intermediate intrinsic muscles, and deep intrinsic muscles of the back.



A Thoracolumbar fascia. Removed: Shoulder girdles and extrinsic back muscles (except serratus posterior and aponeurotic origin of latissimus dorsi). Revealed: Superficial layer of thoracolumbar fascia.



B Superficial and intermediate intrinsic back muscles. Removed: Thoracolumbar fascia (left). Revealed: Erector spinae and splenius muscles.



C Intermediate and deep intrinsic back muscles. Removed: Longissimus thoracis and cervicis, splenius muscles (left); iliocostalis (right). Note: The deep layer of the thoracolumbar fascia gives origin to the internal oblique and transversus abdominus. Revealed: Deep muscles of the back.



D Deep intrinsic back muscles. Removed: Superficial and intermediate intrinsic back muscles (all); deep fascial layer and multifidus (right). Revealed: Intertransversarii and quadratus lumborum (right).

Muscle Facts (I)



Fig. 2.6 Short nuchal and craniovertebral joint muscles

C Suboccipital muscles, left lateral view.

Table 2.1	Short nuchal and craniovertebral joint muscles					
Muscle		Origin	Insertion	Innervation	Action	
Rectus capitis posterior	① Rectus capitis posterior major	C2 (spinous process)	Occipital bone (inferior nuchal line, middle third)		Bilateral: Extends head Unilateral: Rotates head to same side	
	② Rectus capitis posterior minor	C1 (posterior tubercle)	Occipital bone (inferior nuchal line, inner third)	C1		
Obliquus	③ Obliquus capitis superior	C1 (transverse process)	Occipital bone (inferior nuchal line, middle third; above rectus capitis posterior major)	ramus – suboccipital n.)	Bilateral: Extends head Unilateral: Tilts head to same side; rotates to opposite side	
capitis	④ Obliquus capitis inferior	C2 (spinous process)	C1 (transverse process)		Bilateral: Extends head Unilateral: Rotates head to same side	

Fig. 2.7 Prevertebral muscles



A Anterior view.



B Prevertebral muscles, anterior view. Removed: Longus capitis (left); cervical viscera.

Table 2.2 Prevertebral muscles						
Muscle		Origin	Insertion	Innervation	Action	
①Longus capiti	s	C3–C6 (transverse processes, anterior tubercles)	Occipital bone (basilar part)	Direct branches from cervical plexus (C1–C3)	Bilateral: Flexes head Unilateral: Tilts and slightly rotates head to same side	
	Vertical (medial) part	C5–T3 (anterior sides of vertebral bodies)	C2–C4 (anterior sides of vertebral bodies)			
② Longus colli (cervicis)	Superior oblique part	C3–C5 (transverse processes, anterior tubercles)	C1 (transverse process, anterior tubercle)	Direct branches from cervical plexus	Bilateral: Flexes cervical spine Unilateral: Tilts and rotates cervical spine to same side	
	Inferior oblique part	T1–T3 (anterior sides of vertebral bodies)	C5–C6 (transverse processes, anterior tubercles)			
Rectus capitis	③ Rectus capitis anterior	C1 (lateral mass)	Occipital bone (basilar part)	C1 (anterior comus)	<i>Bilateral:</i> Flexion at atlanto-occipital joint <i>Unilateral:</i> Lateral flexion at atlanto- occipital joint	
	④ Rectus capitis lateralis	C1 (transverse process)	Occipital bone (basilar part, lateral to occipital condyles)	Cr (antenorramus)		

Muscle Facts (II)

The intrinsic back muscles are divided into superficial, intermediate, and deep layers. The posterior serratus muscles are extrinsic back muscles, innervated by the ventral rami of intercostal nerves, not the dorsal rami, which innervate the intrinsic back muscles. They are included here as they are encountered in dissection of the back musculature.

Table 2.	3 Superficial	intrinsic back muscles					
Muscle		Origin	Insertion	Innervation	Action		
Posterior	① Posterior serratus superior	Ligamentum nuchae; C7–T3 (spinous processes)	2nd–4th ribs (superior borders)	2nd–5th intercostal nn.	Elevates ribs		
serratus	② Posterior serratus inferior	T11–L2 (spinous processes)	8th–12th ribs (inferior borders, near angles)	Spinal nn. T9–T12 (anterior rami)	Depresses ribs		
③ Splenius capitis Splenius capitis	Ligamentum nuchae; C7–T3 (spinous processes)	Occipital bone (lateral superior nuchal line; mastoid process)	Spinal nn. C1–C6 (posterior rami, lateral	Bilateral: Extends cervical spine and head Unilateral: Flexes and rotates head to the			
	④Splenius cervicis	T3–T6 (spinous processes)	C1–C2 (transverse processes)	branches)	same side		

Fig. 2.8 Superficial intrinsic back muscles (schematic)

Right side, posterior view.



Fig. 2.9 Intermediate intrinsic back muscles (schematic)

Right side, posterior view. These muscles are collectively known as the erector spinae.



Table 2.4	Intermediate in	ntrinsic back muscles					
Muscle		Origin	Insertion	Innervation	Action		
	③ Iliocostalis cervicis	3rd–7th ribs	C4–C6 (transverse processes)				
Table 2.4 Muscle Iliocostalis Longissimus Spinalis	lliocostalis thoracis	7th–12th ribs	1st–6th ribs	Spinal nn. C8–L1	Spinal nn. C8–L1	Bilateral: Extends spine	
Iliocostalis	⑦ Iliocostalis lumborum	Sacrum; iliac crest; thoracolumbar fascia	6th– 12th ribs; thoracolumbar fascia (deep layer): upper lumbar vertebrae (transverse processes)	(posterior rami, lateral branches)	Unilateral: Bends spine laterally to same side		
Longirrimur		T1–T3 (transverse processes); C4-C7 (transverse and articular processes)	Temporal bone (mastoid process)		Bilateral: Extends head Unilateral: Flexes and rotates head to same side		
		T1–T6 (transverse processes)	C2–C5 (transverse processes)	Spinal nn. C1–L5			
congissimus	Output: The second s	Sacrum; iliac crest; lumbar vertebrae (spinous processes); lower thoracic vertebrae (transverse processes)	2nd–12th ribs; lumbar vertebrae (costal processes); thoracic vertebrae (transverse processes)	(posterior rann, lateral branches)	Bilateral: Extends spine Unilateral: Bends spine laterally to same side		
	① Spinalis cervicis	C5–T2 (spinous processes)	C2–C5 (spinous processes)	-6th ribs Spinal nn. C8–L1 (posterior rami, lateral branches) Bilateral: Extends spine Unilateral: Bends spine lateral to same side -12th ribs; thoracolumbar fascia player); upper lumbar vertebrae nsverse processes) Spinal nn. C1–L5 (posterior rami, lateral branches) Bilateral: Extends head Unilateral: Extends spine Unilateral: Extends spine Unilateral: Extends spine Unilateral: Extends spine Unilateral: Extends spine Unilateral: Extends cervical and thoracic spine Unilateral: Bends cervical and thoracic spine to same side			
Spinalis	@ Spinalis thoracis	T10–L3 (spinous processes, lateral surfaces)	T2–T8 (spinous processes, lateral surfaces)	Spinal nn. (posterior rami)	and thoracic spine Unilateral: Bends cervical and thoracic spine to same side		

Fig. 2.10 Superficial and intermediate intrinsic back muscles Posterior view.



B Erector spinae: Iliocostalis, longissimus, and spinalis muscles.

Muscle Facts (III)

The deep intrinsic back muscles are divided into two groups: transversospinal and deep segmental muscles. The transversospinalis muscles pass between the transverse and spinous processes of the vertebrae.

Table 2.5 Transversospinalis muscles					
Muscle		Origin	Insertion	Innervation	Action
	① Rotatores brevis	T1–T12 (between transverse and spinous processes of adjacent vertebrae)			Bilateral: Extends throacic spine
Kotatoles	② Rotatores longi	T1–T12 (between transverse a one vertebra)	nd spinous processes, skipping		Unilateral: Rotates spine to opposite side
Multifidus ③		C2–sacrum (between transver skipping two to four vertebrae	se and spinous processes,)	Spinal nn. (posterior	Bilateral: Extends spine Unilateral: Flexes spine to same side, rotates to opposite side
Semisninalis	④Semispinalis capitis	C4–T7 (transverse and articular processes)	Occipital bone (between superior and inferior nuchal lines)	ramı)	Bilateral: Extends thoracic and cervical spines and head (stabilizes craniovertebral joints)
Jernispinons	③Semispinalis cervicis	T1–T6 (transverse processes)	C2–C5 (spinous processes)		Unilateral: Bends head, cervical and thoracic
	© Semispinalis thoracis	T6–T12 (transverse processes) C6–T4 (spinous processes)			spines to same side, rotates to opposite side

Fig. 2.11 Transversospinalis muscles (schematic) Posterior view.



Fig. 2.12 Deep segmental muscles (schematic)

Posterior view.



Table 2.6	Deep segmental back muscles					
Muscle		Origin	Insertion	Innervation	Action	
	⑦ Interspinales cervicis	Interspinales cervicis C1–C7 (between spinous proces		Spinal nn.	Extends cervical and lumbar spines	
Interspinales*	Interspinales lumborum	L1–L5 (between spinous proces	ses of adjacent vertebrae)	(posterior rami)		
	Intertransversarii anteriores cervicis	C2–C7 (between anterior tuber	cles of adjacent vertebrae)	Spinal nn. (anterior rami)		
Inter	Intertransversarii posteriores cervicis	C2–C7 (between posterior tube	rcles of adjacent vertebrae)	Spinal nn.	Bilateral: Stabilizes and extends the cervical and lumbar spines Unilateral: Bends the cervical and lumbar spines laterally to same side	
Inter- transversarii*	Intertransversarii mediales lumborum	L1–L5 (between mammillary pr	ocesses of adjacent vertebrae)			
	Intertransversarii laterales lumborum	L1–L5 (between transverse processes of adjacent vertebrae)		(posterior rami)		
Levatores costarum	@Levatores costarum breves		Costal angle of next lower rib		Bilateral: Extends thoracic spine Unilateral: Bends thoracic spine to same side, rotates to opposite side	
	Levatores costarum longi	C7–T11 (transverse processes)	Costal angle of rib two vertebrae below			

Fig. 2.13 Deep intrinsic back muscles

Posterior view.



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3 Neurovasculature

Arteries & Veins of the Back

Fig. 3.1 Arteries of the back

The structures of the back are supplied by branches of the posterior intercostal arteries, which arise from the thoracic aorta or directly from the subclavian artery.



Fig. 3.2 Veins of the back

The veins of the back drain into the azygos vein via the superior intercostal veins, hemiazygos veins, and ascending lumbar veins. The interior of the

spinal column is drained by the vertebral venous plexus that runs the length of the spine.



run in the vertebral foramen and drain the spinal cord.

C Intercostal veins and anterior vertebral venous plexus, anterosuperior view. The intercostal veins follow a similar course as the intercostal nerves and arteries (see pp. 34, 36). Note: The anterior external vertebral venous plexus can be seen communicating with the azygos vein.

Nerves of the Back

The back receives its innervation from branches of the spinal nerves. The *posterior* rami of the spinal nerves supply most of the intrinsic muscles of the back. The extrinsic muscles of the back are supplied by the *anterior* rami of the spinal nerves.

Fig. 3.3 Nerves of the back

The anterior rami of spinal nerves T1–T11 form the intercostal nerves, which course along the ribs and give rise to lateral and anterior cutaneous branches.



Table 3.1	Branches of a spinal nerve				
Branches			Territory		
Meningeal rai	mus		Spinal meninges; ligaments of spinal column		
	Medial branches	Articular branch	Zygapophyseal joints		
		Muscular branch	Intrinsic back muscles		
Posterior		Cutaneous branch	Chip of posterior boad, pack, back, and butter		
Tantas	Lateral branches	Cutaneous branch	skin or posterior nead, neck, back, and buttocks		
		Muscular branch	Intrinsic back muscles		
Anterior	Lateral cutaneous	oranches	Skin of lateral chest wall		
ramus	Anterior cutaneou	s branches	Skin of anterior chest wall		
*The white an and spinal ne	nd gray rami communi erve. They are shown o	cans carry pre- and po: n p. 622.	stganglionic fibers between the sympathetic trunk		

Fig. 3.4 Nerves of the nuchal region

Right side, posterior view. Like the back, the nuchal region receives most of its motor and sensory innervation from the *posterior* rami of the spinal nerves. The posterior rami of C1–C3 have specific names: suboccipital nerve (C1), greater occipital nerve (C2), and third occipital nerve (C3). The lesser occipital and great auricular nerves arise from the *anterior* rami of the C1–C4 spinal nerves and innervate the skin of the anterolateral head and neck. The anterior rami of C1–C4 also give rise to the *ansa cervicalis*, which innervates the infrahyoid muscles (see p. 562).



C5 spinal n., posterior ramus

Fig. 3.5 Cutaneous innervation of the back



A Peripheral sensory cutaneous innervation of the back.

B Dermatomes: Segmental (radicular) cutaneous innervation of the back. Note: The posterior ramus of C1 is purely motor; there is consequently no C1 dermatome.

Neurovascular Topography of the Back

Fig. 3.6 Neurovasculature of the nuchal region

Posterior view. *Removed:* Trapezius, sternocleidomastoid, splenius capitis, and semispinalis capitis. *Revealed:* Suboccipital region. See p. 60 for the course of the intercostal vessels.



Fig. 3.7 Neurovasculature of the back

Posterior view. *Removed:* Muscle fascia (except superficial layer of thoracolumbar fascia); latissimus dorsi (right). *Reflected:* Trapezius (right). *Revealed:* Transverse cervical artery in the deep scapular region.



Inferior clune al nn.

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4 Surface Anatomy

Surface Anatomy

Fig. 4.1 Palpable structures in the back

Posterior view.



Fig. 4.2 Surface anatomy of the back

Posterior view.



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Thorax

5 Thoracic Wall A Thoracic Skeleton A Sternum & Ribs A Joints of the Thoracic Cage A Thoracic Wall Muscle Facts A Diaphragm A Neurovasculature of the Diaphragm

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6 Thoracic Cavity

Divisions of the Thoracic Cavity Arteries of the Thoracic Cavity Veins of the Thoracic Cavity Lymphatics of the Thoracic Cavity Nerves of the Thoracic Cavity

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9 Surface Anatomy

Surface Anatomy

5 Thoracic Wall

Thoracic Skeleton

The thoracic skeleton consists of 12 thoracic vertebrae (p. 8), 12 pairs of ribs with costal cartilages, and the sternum. In addition to participating in respiratory movements, it provides a measure of protection to vital organs. The female thorax is generally narrower and shorter than the male equivalent.

Fig. 5.1 Thoracic skeleton



C Posterior view.

Fig. 5.2 Structure of a thoracic segment Superior view of 6th rib pair.



Sternum (articulates with costal cartilage of true ribs only; see Fig. 5.3)

Fig. 5.3 Types of ribs

Left lateral view.



Sternum & Ribs

Fig. 5.4 Sternum

The sternum is a bladelike bone consisting of the manubrium, body, and xiphoid process. The junction of the manubrium and body (the sternal angle) is typically elevated and marks the articulation of the second rib. The sternal angle is an important landmark for internal structures.









Joints of the Thoracic Cage
The diaphragm is the chief muscle for quiet respiration (see p. 52). The muscles of the thoracic wall (see p. 50) contribute to deep (forced) inspiration.

Fig. 5.6 Rib cage movement

Full inspiration (red); full expiration (blue). In deep inspiration, there is an increase in transverse and sagittal thoracic diameters, as well as the infrasternal angle. The descent of the diaphragm further increases the volume of the thoracic cavity.



Fig. 5.7 Sternocostal joints

Anterior view with right half of sternum sectioned frontally. True joints are generally found only at ribs 2 to 5; ribs 1, 6, and 7 attach to the sternum by synchondroses.



Fig. 5.8 Costovertebral joints

Two synovial joints make up the costovertebral articulation of each rib. The costal tubercle of each rib articulates with the costal facet of its accompanying vertebra (**A**). The head of most ribs articulates with the vertebra of its own number and the vertebra immediately superior. Ribs 1, 11, and 12 typically articulate only with their own vertebrae.



Thoracic Wall Muscle Facts

The muscles of the thoracic wall are primarily responsible for chest respiration, although other muscles aid in *deep* inspiration: the pectoralis major and serratus anterior are discussed with the shoulder (see pp. 264–267), and the serratus posterior is discussed with the back (see p. 30).

Fig. 5.9 Muscles of the thoracic wall







A Scalene muscles, anterior view.

B Intercostal muscles, anterior view.

C Transversus thoracis, posterior view.

Table 5.2	Muscles of the	e thoracic wall			
Muscle		Origin	Insertion	Innervation	Action
Scalene	①Anterior scalene	C3–C6 (transverse processes, anterior tubercles)	1st rib (scalene tubercle)	Direct branches	With ribs mobile: Raises upper ribs (inspiration) With ribs fixed: Bends cervical spine to same side (unilateral); flexes neck (bilateral)
	② Middle scalene	C4–C6 (transverse processes,	1st rib (posterior to groove for subclavian a.)	from cervical and brachial plexus (C3–C6)	
	③ Posterior scalene	posterior tubercles)	2nd rib (outer surface)		
	④External intercostal	Lower margin of rib to upper margin of next lower rib (courses obliquely forward and downward from costal tubercle to chondro-osseous junction)		1st to 11th intercostal nn.	Raises ribs (inspiration); supports intercostal spaces; stabilizes chest wall
Intercostal	③Internal intercostal	Lower margin of rib to lower margin of next lower rib (courses obliquely forward and upward from costal angle to sternum)			Lowers ribs (expiration): supports intercostal spaces, stabilizes chestwall
	© Innermost intercostal				
Subcostal		Lower margin of lower ribs to inner surface of ribs two to three ribs below		Variable lower intercostal nn.	Raises ribs (inspiration)
^⑦ Transversus thoracis		Sternum and xiphoid process (inner surface)	2nd to 6th ribs (costal cartilage, inner surface)	2nd to 7th intercostal nn.	Weakly lowers ribs (expiration)

Fig. 5.10 Muscles of the thoracic wall

Anterior view. The external intercostal muscles are replaced anteriorly by the external intercostal membrane. The internal intercostal muscles are replaced posteriorly by the internal intercostal membrane (removed in Fig. 5.11).



Fig. 5.11 Transversus thoracis

Anterior view with thoracic cage opened to expose posterior surface of anterior wall.



Diaphragm

Fig. 5.12 Diaphragm

The diaphragm, which separates the thorax from the abdomen, has two asymmetric domes and three apertures (for the aorta, vena cava, and esophagus; see Fig. 5.13B).



Table 5.3	5.3 Diaphragm				
Muscle		Origin	Insertion	Innervation	Action
Diaphragm	① Costal part 7th to 12th ribs (inner surface; lower margin of costal arch)				
	@Lumbar part	Medial part: L1–L3 vertebral bodies, intervertebral disks, and anterior longitudinal ligament as right and left crura	Central	Phrenic n. (C3–C5, cervical plexus)	Principal muscle of respiration (diaphragmatic and thoracic breathing); aids in compressing abdominal viscera (abdominal press)
		Lateral parts: lateral and medial arcuate ligaments	endon		
	③Sternal part	③Sternal part Xiphoid process (posterior surface)			

Fig. 5.13 Diaphragm in situ



C Diaphragmatic apertures, left lateral view.

Neurovasculature of the Diaphragm

Fig. 5.14 Neurovasculature of the diaphragm

Anterior view of opened thoracic cage.



Fig. 5.15 Innervation of the diaphragm

Anterior view. The phrenic nerve lies on the lateral surface of the fibrous pericardium together with the pericardiacophrenic arteries and veins. *Note*: The phrenic nerve also innervates the pericardium.



Fig. 5.16 Arteries and nerves of the diaphragm

Note: The margins of the diaphragm receive sensory innervation from the lowest intercostal nerves.



Arteries & Veins of the Thoracic Wall

The posterior intercostal arteries anastomose with the anterior intercostal arteries to supply the structures of the thoracic wall. The posterior intercostal arteries branch from the thoracic aorta, with the exception of the 1st and 2nd, which arise from the superior intercostal artery (a branch of the costocervical trunk).



Fig. 5.17 Arteries of the thoracic wall

Anterior view.

Table 5.5	Arteries of the				
thoracic wall					
Origin	Branch				
Axillary a.	Lateral thoracic				
	a.				

Origin	Branch
	Thoracoacromial
	а.
Subclavian	Posterior
a.	intercostal aa.
	(1st and 2nd; see
	p. 34)
	Superior
	thoracic a.
Thoracic	Posterior
aorta	intercostal aa.
	(3rd through
	12th)
Internal	Anterior
thoracic a.	intercostal aa.
	Musculophrenic
	а.
	Superior
	epigastric a.

Fig. 5.18 Branches of the posterior intercostal arteries

Superior view.



Table 5.6	Branches of the intercostal arteries			
Artery	Branches		Supplies	
Artery Posterior intercostal aa. Anterior intercostal aa. *The lateral ma		Spinal branch	Spinal cord	
	Dorsal branch	Medial cutaneous branch	Posterior thoraci	
	Lateral cutaneous branch		wall	
	Collateral bran	Lateral thoracic wall		
Anterior intercostal aa.	Lateral cutaneous branch*		Anterior thoracic wall	
* The lateral ma breast along w artery.	mmary branch fi /ith the medial m	rom the lateral cutaneous br ammary branch from the inte	anch supplies the emal thoracic	

The intercostal veins drain primarily into the azygos system, but also into the internal thoracic vein. This blood ultimately returns to the heart via the superior vena cava. The intercostal veins follow a similar course to their arterial counterparts. However, the veins of the vertebral column form an external vertebral venous plexus that traverses the entire length of the spine (see p. 35).

Fig. 5.19 Veins of the thoracic wall

Anterior view.



A Anterior view with rib cage opened.

Fig. 5.20 Superficial veins

Anterior view. The thoracoepigastric veins are a potential superficial collateral venous drainage route in the event of superior or inferior vena cava obstruction.



Nerves of the Thoracic Wall

Fig. 5.21 Intercostal nerves

Anterior view. The 1st rib has been removed to reveal the 1st and 2nd intercostal nerves.



Fig. 5.22 Thoracic wall: Peripheral sensory cutaneous innervation



Fig. 5.23 Spinal nerve branches

Superior view. Formed by the union of the posterior (sensory) and anterior

(motor) roots, the at-most 1 cm-long spinal nerve courses through the intervertebral foramen and exits the vertebral canal. Its posterior ramus innervates the skin and intrinsic muscles of the back; its anterior ramus forms the intercostal nerves. See p. 36 for more details.



Fig. 5.24 Course of the intercostal nerves

Coronal section, anterior view.



Fig. 5.25 Thoracic wall: Dermatomes

Landmarks: T4 generally includes the nipple; T6 innervates the skin over the xiphoid.





Neurovascular Topography of the Thoracic Wall

Fig. 5.26 Anterior structures

Anterior view (see pp. 34–39 for neurovasculature of the back).



Clinical

Insertion of a chest tube

Abnormal fluid collection in the pleural space (e.g., pleural effusion due to bronchial carcinoma) may necessitate the insertion of a chest tube. Generally, the optimal puncture site in a sitting patient is at the level of the 7th or 8th intercostal space on the posterior axillary line. The drain should always be introduced at the upper margin of a rib to avoid injuring the intercostal vein, artery, and nerve. See p. 113 for details on collapsed lungs.



Fig. 5.27 Intercostal structures in cross section

Transverse section, anterosuperior view.



Female Breast

The female breast, a modified sweat gland in the subcutaneous tissue layer, consists of glandular tissue, fibrous stroma, and fat. The breast extends from the 2nd to the 6th rib and is loosely attached to the pectoral, axillary, and superficial abdominal fascia by connective tissue. The breast is additionally supported by suspensory ligaments. An extension of the breast tissue into the axilla, the axillary tail, is often present.

Fig. 5.28 Female breast

Right breast, anterior view.



Fig. 5.29 Mammary ridges

Rudimentary mammary glands form in both sexes along the mammary ridges. Occasionally, these may persist in humans to form accessory nipples (*polythelia*), although only the thoracic pair normally remains.



Fig. 5.30 Blood supply to the breast



Fig. 5.31 Sensory innervation of the breast



The glandular tissue is composed of 10 to 20 individual lobes, each with its own lactiferous duct. The gland ducts open on the elevated nipple at the center of the pigmented areola. Just proximal to the duct opening is a dilated portion called the lactiferous sinus. Areolar elevations are the openings of the areolar glands (sebaceous). The glands and lactiferous ducts are surrounded by firm, fibrofatty tissue with a rich blood supply.



Fig. 5.32 Structures of the breast

A Sagittal section along midclavicular line.





B Duct system and portions of a lobe, sagittal section. In the nonlactating breast (shown here), the lobules contain clusters of rudimentary acini.

C Terminal duct lobular unit (TDLU). The clustered acini composing the lobule empty into a terminal ductule; these structures are collectively known as the TDLU.

Lymphatics of the Female Breast

The lymphatic vessels of the breast (not shown) are divided into three systems: superficial, subcutaneous, and deep. These drain primarily into the axillary lymph nodes, which are classified based on their relationship to the pectoralis minor (Table 5.7). The medial portion of the breast is drained by the parasternal lymph nodes, which are associated with the internal thoracic vessels.

Fig. 5.33 Axillary lymph nodes



B Anterior view.

Table	Table 5.7 Levels of axillary lymph nodes					
Level		Position	Lymph			
			nodes (l.n.)			
Ι	Lower axillary	Lateral to	Pectoral			
	group	pectoralis	axillary l.n.			
		minor	Subscapular			
			axillary l.n.			
			Humeral			
			axillary l.n.			
			Central l.n.			

Leve	el	Position	Lymph nodes (l.n.)
II	Middle axillary group	Along pectoralis minor	Interpectoral axillary l.n.
III	Upper infraclavicular group	Medial to pectoralis minor	Apical axillary l.n.

Clinical

Breast cancer

Stem cells in the intralobular connective tissue give rise to tremendous cell growth, necessary for duct system proliferation and acini differentiation. This makes the terminal duct lobular unit (TDLU) the most common site of origin of malignant breast tumors.



Tumors originating in the breast spread via the lymphatic vessels. The deep system of lymphatic drainage (level III) is of particular importance, although the parasternal lymph nodes provide a route by which tumor cells may spread across the midline. The survival rate in breast cancer correlates most strongly with the number of lymph nodes involved at the axillary nodal level. Metastatic involvement is gauged through scintigraphic mapping with radiolabeled colloids (technetium [Tc] 99m sulfur microcolloid). The downstream sentinel node is the first to receive lymphatic drainage from the tumor and is therefore the first to be visualized with radiolabeling. Once identified, it can then be removed (via *sentinel* *lymphadenectomy*) and histologically examined for tumor cells. This method is 98% accurate in predicting the level of axillary nodal involvement.



C Normal mammogram.

D Mammogram of invasive ductal carcinoma. The large lesion has changed the architecture of the neighboring breast tissue.

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6 Thoracic Cavity

Divisions of the Thoracic Cavity

The thoracic cavity is divided into three large spaces: the mediastinum (p. 76) and the two pleural cavities (p. 102).

Fig. 6.1 Thoracic cavity

Coronal section, anterior view.



connective tissue of anterior mediastinum.

Table 6.1	Major structures of the thoracic cavity				
Mediastinum	Superior mediastinum		Thymus, great vessels, trachea, esophagus, and thoracic duct		
	Inferior mediastinum Posterio	Anterior	Thymus		
		Middle	Heart, pericardium, and roots of great vessels		
		Posterior	Thoracic aorta, thoracic duct, esophagus, and azygos venous system		
Pleural cavities	Right pleural cavity		Right lung		
	Left pleural cavity		Left lung		

Fig. 6.2 Divisions of the mediastinum



C Inferior view (transverse section).

Fig. 6.3 Transverse sections of the thorax

Computed tomography (CT) scan of thorax, inferior view.



Arteries of the Thoracic Cavity

The arch of the aorta has three major branches: the brachiocephalic trunk, left common carotid artery, and left subclavian artery. After the aortic arch, the aorta begins its descent, becoming the thoracic aorta at the level of the sternal angle and the abdominal aorta once it passes through the aortic hiatus in the diaphragm.

Fig. 6.4 Thoracic aorta



B Thoracic aorta in situ, anterior view. Removed: Heart, lungs, portions of diaphragm.

Table 6.2	Branche	hes of the thoracic aorta			
The thoracic org	jans are suppli	ed by direct branches from the	thoracic aorta, as well as indirect brar	nches from the subclavian arteries.	
Branches				Region supplied	
Brachiocephalic trunk		Right subclavian a.		See left subclavian a.	
		Right common carotid a.			
Left common ca	rotid a.			Head and neck	
		Vertebral a.			
		Internal thoracic a.	Anterior intercostal aa.	Anterior chest wall	
			Thymic branches	Thymus	
Left subclavian a.	a.		Mediastinal branches	Posterior mediastinum	
			Pericardiacophrenic a.	Pericardium, diaphragm	
		Thyrocervical trunk	Inferior thyroid a.	Esophagus, trachea, thyroid gland	
		Costocervical trunk	Superior intercostal a.	Chest wall	
		Visceral branches		Bronchi, trachea, esophagus	
Descending thoracic aorta	racic aorta	Parietal branches	Posterior intercostal aa.	Posterior chest wall	
			Superior phrenic aa.	Diaphragm	
Ascending aorta	1	Right and left coronary aa.		Heart	

Clinical

Aortic dissection

A tear in the inner wall (intima) of the aorta allows blood to separate the layers of the aortic wall, creating a "false lumen" and potentially resulting in life-threatening aortic rupture. Symptoms are dyspnea (shortness of breath) and sudden onset of excruciating pain. Acute aortic dissections occur most often in the ascending aorta and generally require surgery. More distal aortic dissections may be treated conservatively, provided there are no complications (e.g., obstruction of blood supply to the organs, in which case a stent may be inserted to restore perfusion). Aortic dissections occurring at the base of a coronary artery may cause myocardial infarction.



Veins of the Thoracic Cavity

The superior vena cava is formed by the union of the two brachiocephalic veins at the level of the T2-T3 junction. It receives blood drained by the azygos system (the inferior vena cava has no tributaries in the thorax).





B Veins of the thoracic cavity, anterior view of opened thorax.
Table 6.3	Thoracic tribu	taries of the superior ven	a cava		
Major vein		Tributaries		Region drained	
		Inferior thyroid v.		Esophagus, trachea, thyroid gland	
		Internal jugular vv.			
Brachiocephalic vv.	External jugular vv.				
		Subclavian w.		Head, neck, upper limb	
		Supreme intercostal w.			
		Pericardial w.			
		Left superior intercostal v.			
		Visceral branches		Trachea, bronchi, esophagus	
Azygos system	hamiamanau	Parietal branches	Posterior intercostal vv.	Inner chest wall and diaphragm	
right side: azygos v	.)		Superior phrenic vv.		
,, , <u>, , , , , , , , , , , , , , ,</u>			Right superior intercostal v.		
Internal thoracic v.		Thymic vv.		Thymus	
		Mediastinal tributaries		Posterior mediastinum	
		Anterior intercostal w.		Anterior chest wall	
		Pericardiacophrenic v.		Pericardium	
	Musculophrenic v.		Diaphragm		
Note: Structures of	the superior medias	stinum may also drain directly to th	ne brachiocephalic veins via the tracheal, esopha	igeal, and mediastinal veins.	

Fig. 6.6 Azygos system

Anterior view.



* The left testicular/ovarian vein arises from the left renal vein.

Lymphatics of the Thoracic Cavity

The body's chief lymph vessel is the thoracic duct. Beginning in the abdomen at the level of L1 as the *cisterna chyli*, the thoracic duct empties into the junction of the left internal jugular and subclavian veins. The right lymphatic duct drains to the right junction of the internal jugular and subclavian veins.

Fig. 6.7 Lymphatic trunks in the thorax

Anterior view of opened thorax.



Fig. 6.8 Lymphatic pathways in the thorax



Fig. 6.9 Lymphatic drainage by quadrants



Fig. 6.10 Thoracic lymph nodes

Transverse section at level of tracheal bifurcation (T4), inferior view. The thoracic lymph nodes can be divided into three broad groups: nodes of the thoracic wall (pink), pulmonary nodes (blue), and mediastinal nodes (green). For details of lymphatics of the mediastinum, see pp. 100–101.



Nerves of the Thoracic Cavity

Thoracic innervation is mostly autonomic, arising from the paravertebral sympathetic trunks and parasympathetic vagus nerves. There are two exceptions: the phrenic nerves innervate the pericardium and diaphragm (p. 54), and the intercostal nerves innervate the thoracic wall (p. 58).

Fig. 6.11 Nerves in the thorax

Anterior view of opened thorax.



B Nerves of the thorax in situ. Note: The recurrent laryngeal nerves have been slightly anteriorly retracted; normally, they occupy the groove between the trachea and the esophagus, making them vulnerable during thyroid gland surgery.

The autonomic nervous system innervates smooth muscle, cardiac muscle, and glands. It is subdivided into the sympathetic (red) and parasympathetic (blue) nervous systems, which together regulates blood flow, secretions, and organ function.

Fig. 6.12 Sympathetic and parasympathetic nervous systems in the thorax



Table 6.4	Pe	Peripheral sympathetic nervous system		
Origin of presynaptic fibers*		Ganglion cells	Course of postsynaptic fibers Target	
Spinal cord			Follow intercostal nn.	Blood vessels and glands in chest wall
		Sympathetic trunk	Accompany intrathoracic aa.	Visceral targets
			Gather in greater and lesser splanchnic nn.	Abdomen
*The axons of pressynapse with pos	synap stsyna	otic neurons exit optic neurons in	the spinal cord via the ar the sympathetic ganglia.	nterior roots and

Table 6.5	Peripher	Peripheral parasympathetic nervous system		
Origin of presynaptic fib	Course ers motor	of presynaptic axons*	Target	
		Cardiac branches	Cardiac plexus	
		Esophageal branches	Esophageal plexus	
Brainstern	(CNX)	Tracheal branches	Trachea	
		Bronchial branches	Pulmonary plexus (bronchi, pulmonary vessels)	
*The ganglion ce microscopic gro presynaptic mo CN – cranial nerv	ells of the paras oups in their tar tor axons to the re.	ympathetic nervous syst get organs. The vagus n sse targets.	tem are scattered in erve thus carries the	

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7 Mediastinum

Mediastinum: Overview

The mediastinum is the space in the thorax between the pleural sacs of the lungs. It is divided into two parts: superior and inferior. The inferior mediastinum is further divided into anterior, middle, and posterior portions.

Fig. 7.1 Divisions of the mediastinum







B Midsagittal section, right lateral view.

Table 7.1	Contents	Contents of the mediastinum			
	Superior	Inferior mediastinum			
	mediastinum	Anterior	Middle	Posterior	
Organs	• Thymus • Trachea • Esophagus • Thoracic duct	• Thymus (in children, see Fig. 7.5)	• Heart • Pericardium	• Esophagus	
Arteries	 Aortic arch Brachiocephalic trunk Left common carotid a. Left subclavian a. 	Smaller vessels	 Ascending aorta Pulmonary trunk and branches Pericardiacophrenic aa. and vv. 	 Thoracic aorta and branches Thoracic duct 	
Veins and lymph vessels	 Superior vena cava Brachiocephalic vv. Thoracic duct 	 Smaller vessels, lymphatics, and lymph nodes 	 Superior vena cava Azygos v. Pulmonary vv. Pericardiacophrenic aa. and vv. 	 Azygos v. Hemiazygos v. Thoracic duct 	
<u>Nerves</u>	 Vagus nn. Left recurrent laryngeal n. Cardiac nn. Phrenic nn. 	• None	• Phrenic nn.	• Vagus nn.	

Fig. 7.2 Contents of the mediastinum



C Posterior view.

Mediastinum: Structures

Fig. 7.3 Mediastinum



A Right lateral view, parasagittal section. Note the many structures passing between the superior and inferior (middle and posterior) mediastinum.



B Left lateral view, parasagittal section. Removed: Left lung and parietal pleura. Revealed: Posterior mediastinal structures.

Thymus & Pericardium

Fig. 7.4 Thymus and pericardium in situ

Anterior view of coronal section. The thymus lies in the superior mediastinum.



Fig. 7.5 Thymus

Anterior view of opened thorax of a 2-year-old child. The thymus is well developed at this age, extending inferiorly into the anterior mediastinum (compare with Fig. 7.4). The thymus grows throughout childhood; at puberty, high levels of circulating sex hormones cause the thymus to atrophy.



Fig. 7.6 Pericardium

Anterior view of opened thorax with flaps of fibrous pericardium reflected.



Fig. 7.7 Serous pericardial reflections

Anterior view. The parietal and visceral serous pericardium are continuous with one another around the great vessels of the heart. The passage between the arterial- and venous-associated reflections is the transverse pericardial sinus (see **B**).



 Heart removed from fibrous pericardium, posterior view. Note the reflection of the visceral layer of serous pericardium (cut edges).

Heart in Situ

The heart is located posterior to the sternum in the middle portion of the inferior mediastinum. The heart projects into the left side of the thoracic cavity.

Fig. 7.8 Topographical relations of the heart



A Projection of heart and great vessels onto chest, anterior view.



B Left lateral view.

Fig. 7.9 Circulation

Red: Oxygenated blood. Blue: Deoxygenated blood. See p. 94 for prenatal circulation.



Fig. 7.10 Heart in situ

Anterior view.



Heart: Surfaces & Chambers

Note the reflection of visceral serous pericardium to become parietal serous pericardium.

Fig. 7.11 Surfaces of the heart

The heart has three surfaces: anterior (sternocostal), posterior (base), and inferior (diaphragmatic).



C Inferior (diaphragmatic) surface.

Fig. 7.12 Chambers of the heart



acteristic of the ventricular wall.

Heart: Valves

The cardiac valves are divided into two groups: semilunar and atrioventricular. The two semilunar valves (aortic and pulmonary) located at the base of the two great arteries of the heart regulate passage of blood from the ventricles to the aorta and pulmonary trunk. The two atrioventricular valves (left and right) lie at the interface between the atria and ventricles.

Fig. 7.13 Cardiac valves

Plane of cardiac valves, superior view. *Removed:* Atria and great arteries.



C Cardiac skeleton. The cardiac skeleton is formed by dense fibrous connective tissue. The fibrous anuli (rings) and intervening trigones separate the atria from the ventricles. This provides mechanical stability, electrical insulation (see p. 90 for cardiac conduction system), and an attachment point for the cardiac muscles and valve cusps.

Fig. 7.14 Semilunar valves

Valves have been longitudinally sectioned and opened.



Fig. 7.15 Atrioventricular valves

Anterior view during ventricular systole.





Auscultation of the cardiac valves

Heart sounds, produced by closure of the semilunar and atrioventricular valves, are carried by the blood flowing through the valve. The resulting sounds are therefore best heard "downstream," at defined auscultation sites (dark circles). Valvular heart disease causes turbulent blood flow through the valve; this produces a murmur that may be detected in the colored regions.



Table 7.2 Position and auscultation sites of cardiac valves			
Valve	Anatomical projection	Auscultation site	
Aortic valve	Left sternal border (at level of 3rd rib)	Right 2nd intercostal space (at sternal margin)	
Pulmonary valve	Left sternal border (at level of 3rd costal cartilage)	Left 2nd intercostal space (at sternal margin)	
Left atrioventricular valve	Left 4th/5th costal cartilage	Left 5th intercostal space (at midclavicular line) or cardiac apex	
Right atrioventricular valve	Sternum (at level of 3rd costal cartilage)	Left 5th intercostal space (at sternal margin)	

Arteries & Veins of the Heart

Fig. 7.16 Coronary arteries and cardiac veins



Table 7.3 Branches of the coronary arteries

Left coronary artery	Right coronary artery	
Circumflex a. • Atrial branch	Branch to SA node Conus branch	
• Left marginal a.	Atrial branch	
Posterior left ventricular a.	Right marginal a.	
Anterior interventricular a. (left anterior descending a.)	Posterior interventricular (descending) a. • Interventricular septal branches	
Conus branch Lateral branch	Branch to AV node	
 Interventricular septal branches 	Right posterolateral a.	
AV – atrioventricular; SA – sino atrial.		

Table 7.4	Divisions of the cardiac veins		
Vein	Tributaries	Drainage	
Anterior cardiac vv. (not shown)		Right atrium	
	Anterior interventricular v.		
Great cardiac v.	Left marginal v.		
	Oblique v. of left atrium		
Left posterior ventricular v.		Coronary sinus	
Posterior interven	tricular v. (middle cardiac v.)		
Small cardiac v.	Anterior vv. of right ventricle		
	Right marginal v.		

Fig. 7.17 Distribution of the coronary arteries

Anterior and posterior views of the heart, with superior views of transverse sections through the ventricles. The distribution of the coronary arteries differs from person to person. Right coronery artery and branches (green); left coronary artery and branches (red).







Clinical

Disturbed coronary blood flow

Although the coronary arteries are connected by structural anastomoses, they are end arteries from a functional standpoint. The most frequent cause of deficient blood flow is *athero sclerosis*, a narrowing of the coronary lumen due to plaque-like deposits on the vessel wall. When the decrease in luminal size (stenosis) reaches a critical point, coronary blood flow is restricted, causing chest pain (*angina pectoris*). Initially, this pain is induced by physical effort, but eventually it persists at rest, often radiating to characteristic sites (e.g., left arm, left side of head and neck). A myocardial infarction occurs when deficient blood supply causes myocardial tissue to die (necrosis). The location and extent of the infarction depends on the stenosed vessel (see **A-E**, after Heinecker).



Conduction & Innervation of the Heart

Contraction of cardiac muscle is modulated by the cardiac conduction system. This system of specialized myocardial cells generates and conducts excitatory impulses in the heart. The conduction system contains two nodes, both located in the atria: the sinoatrial (SA) node, known as the pacemaker, and the atrioventricular (AV) node.



Fig. 7.18 Cardiac conduction system

Electrocardiogram (ECG)

The cardiac impulse (a physical dipole) travels across the heart and may be detected with electrodes. The use of three electrodes that separately record electrical activity of the heart along three axes or vectors (Einthoven limb leads) generates an electrocardiogram (ECG). The ECG graphs the cardiac cycle ("heartbeat"), reducing it to a series of waves, segments, and intervals. These ECG components can be used to determine whether cardiac impulses are normal or abnormal (e.g., myocardial infarction, chamber enlargement). *Note:* Although only three leads are required, a standard ECG examination includes at least two others (Goldberger, Wilson leads).



Sympathetic innervation: Presynaptic neurons from T1 to T6 spinal cord segments send fibers to synapse on postsynaptic neurons in the cervical and upper thoracic sympathetic ganglia. The three cervical cardiac nerves and thoracic cardiac branches contribute to the cardiac plexus. Parasympathetic innervation: Presynaptic neurons and fibers reach the heart via cardiac branches, some of which also arise in the cervical region. They synapse on postsynaptic neurons near the SA node and along the coronary arteries.

Fig. 7.19 Autonomic innervation of the heart



Heart: Radiology

Fig. 7.20 Cardiac borders and configurations



Table 7.5 Borders of the heart		
Border	Defining structures	
Right cardiac border	Right atrium	
	Superior vena cava	
Apex	Left ventricle	
Left cardiac border	Aortic arch ("aortic	
	knob")	
	Pulmonary trunk	
	Left atrium	
	Left ventricle	
Inferior cardiac	Left ventricle	
border		

Fig. 7.21 Radiographic appearance of the heart

Right ventricle


A Anterior view.



B Anteroposterior chest radiograph.



C Lateral view. Visible: Diaphragm leaflets and lungs. The aortic arch forms a sling over the left main bronchus. Note the narrowness of the anterior mediastinum relative to the posterior mediastinum.

Fig. 7.22 Heart in transverse section



D Left lateral chest radiograph.



A Heart in normal chest magnetic resonance imaging (MRI). The cardiac chambers are clearly displayed owing to the high signal intensity, and the lungs are not visualized.



B Transverse section through T8, inferior view.

Pre- & Postnatal Circulation



After Fritsch and Kühnel.

- 1. Oxygenated and nutrient-rich fetal blood from the placenta passes to the fetus via the umbilical *vein*.
- 2. Approximately half of this blood bypasses the liver (via the ductus venosus) and enters the inferior vena cava. The remainder enters the portal vein to supply the liver with nutrients and oxygen.
- 3. Blood entering the right atrium from the inferior vena cava bypasses the right ventricle (as the lungs are not yet functioning) to enter the left atrium via the foramen ovale, a right-to-left shunt.
- 4. Blood from the superior vena cava enters the right atrium, passes to the right ventricle, and moves into the pulmonary trunk. Most of this blood enters the aorta via the ductus arteriosus, a right-to-left shunt.
- 5. The partially oxygenated blood in the aorta returns to the placenta via the paired umbilical arteries that arise from the internal iliac arteries.



- 1. As pulmonary respiration begins at birth, pulmonary blood pressure falls, causing blood from the right pulmonary trunk to enter the pulmonary veins.
- 2. The foramen ovale and ductus arteriosus close, eliminating the fetal right-to-left shunts. The pulmonary and systemic circulations in the heart are now separate.
- 3. As the infant is separated from the placenta, the umbilical arteries occlude (except for the proximal portions), along with the umbilical vein and ductus venosus.

4. Blood to be metabolized now passes through the liver.

Fig. 7.24 Postnatal circulation

After Fritsch and Kühnel.



Septal defects

Septal defects, the most common type of congenital heart defect, allow blood from the left chambers of the heart to improperly pass into the right chambers during systole. Ventrical septal defect (VSD, shown below) is the most common form. Patent foramen ovale, the most prevalent form of *atrial* septal defect (ASD), results from improper closure of the fetal shunt.



Table 7.6 Derivatives of fetal circulatory structures				
Fetal structure	Adult remnant			
Ductus arteriosus	Ligamentum arteriosum			
Foramen ovale	Fossa ovalis			
Ductus venosus	Ligamentum venosum			
Umbilical v.	Round ligament of the liver			
	(ligamentum teres)			
Umbilical a.	Medial umbilical ligament			

Esophagus

The esophagus is divided into three parts: cervical (C6-T1), thoracic (T1 to the esophageal hiatus of the diaphragm), and abdominal (the diaphragm to the cardiac orifice of the stomach). It descends slightly to the right of the thoracic aorta and pierces the diaphragm slightly to the left, just below the xiphoid process of the sternum.

Fig. 7.25 Esophagus: Location and constrictions



A Projection of esophagus onto chest wall. Esophageal constrictions are indicated with arrows.



B Esophageal constrictions, right lateral view.

Fig. 7.26 Esophagus in situ

Anterior view.



Fig. 7.27 Structure of the esophagus



- A Esophageal wall, oblique left posterior view. Pharynx (p. 552); trachea (p. 110).
- C Functional architecture of esophageal muscle.



Esophageal diverticula

Diverticula (abnormal outpouchings or sacs) generally develop at weak spots in the esophageal wall. There are three main types of esophageal diverticula:

- Hypopharyngeal (pharyngo-esophageal) diverticula: Outpouchings occurring at the junction of the pharynx and the esophagus. These include Zenker's diverticula (70% of cases).
- "True" traction diverticula: Protrusion of all wall layers, not typicallyoccurring at characteristic weak spots. However, they generally result from an inflammatory process (e.g., lymphangitis) and are thus common at sites where the esophagus closely approaches the bronchi and bronchial lymph nodes (thoracic or parabronchial diverticula).
- "False" pulsion diverticula: Herniations of the mucosa and submucosa through weak spots in the muscular coat due to a rise in esophageal pressure (e.g., during normal swallowing). These include parahiatal and epiphrenic diverticula occurring above the esophageal aperture of the diaphragm (10% of cases).

Neurovasculature of the Esophagus

Sympathetic innervation: Presynaptic fibers arise from the T2-T6 spinal cord segments. Postsynaptic fibers arise from the sympathetic chain to join the esophageal plexus. Parasympathetic innervation: Presynaptic fibers arise from the dorsal vagal nucleus and travel in the vagus nerves to form the extensive esophageal plexus. *Note:* The postsynaptic neurons are in the wall of the esophagus. Fibers to the cervical portion of the esophagus travel in the recurrent laryngeal nerves.

Fig. 7.28 Autonomic innervation of the esophagus



Fig. 7.29 Esophageal plexus

The left and right vagus nerves initially descend on the left and right sides of the esophagus. As they begin to contribute to the esophageal plexus, they shift to anterior and posterior positions, respectively. As the vagus nerves continue into the abdomen, they are named the anterior and posterior vagal trunks.



Fig. 7.30 Esophageal arteries

Anterior view.



Fig. 7.31 Esophageal veins

Anterior view.



Table 7.7	Blood vessels of th	Blood vessels of the esophagus		
Part	Origin of esophageal arteries	Drainage of esophageal veins		
Cervical	Inferior thyroid a.	Inferior thyroid v.		
	Rarely direct branches from thyrocervical trunk or common carotid a.	Left brachiocephalic v.		
Thoracic	Aorta (four or five esophageal	Upper left: Accessory hemiazygosv. or left brachiocephalicv.		
	aa.)	Lower left: Hemiazygos v.		
		Right side: Azygos v.		
Abdominal	Left gastric a.	Left gastric v.		

Lymphatics of the Mediastinum

The superior phrenic lymph nodes drain lymph from the diaphragm, pericardium, lower esophagus, lung, and liver into the bronchomediastinal trunk. The inferior phrenic lymph nodes, found in the abdomen, collect lymph from the diaphragm and lower lobes of the lung and convey it to the lumbar trunk. *Note:* The pericardium may also drain superiorly to the brachiocephalic lymph nodes.

Fig. 7.32 Lymph nodes of the mediastinum and thoracic cavity

Left anterior oblique view.



Fig. 7.33 Lymphatic drainage of the heart

A unique "crossed" drainage pattern exists in the heart: lymph from the left atrium and ventricle drains to the right venous junction, whereas lymph from the right atrium and ventricle drains to the left venous junction.



The paraesophageal nodes drain the esophagus. Lymphatic drainage of the cervical part of the esophagus is primarily cranial, to the deep cervical lymph nodes and then to the jugular trunk. The thoracic part of the esophagus drains to the bronchomediastinal trunks in two parts: the upper half drains cranially, and the lower half drains inferiorly via the superior phrenic lymph nodes. The bronchopulmonary and paratracheal nodes drain lymph from the lungs, bronchi, and trachea into the bronchomediastinal trunk (see p. 118).

Fig. 7.34 Mediastinal lymph nodes



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8 Pleural Cavity

Pleural Cavity

The paired pleural cavities contain the left and right lungs. They are completely separated from each other by the mediastinum and are under negative atmospheric pressure (see respiratory mechanics, pp. 112–113).

Fig. 8.1 Pleural cavity

Pleural cavities and lungs projected onto thoracic skeleton.



A Anterior view.

Boundaries of the pleural cavities and lungs *Fig.* 8.2



Table 8.1	Pleural cavity boundaries and reference points					
Reference line		Right parietal pleura	Right lung	Leftlung	Left parietal pleura	
Sternal line (St)		7th rib	6th rib	4th rib	4th rib	
Midclavicular line	(MC)	8th costal cartilage	6th rib	6th rib	8th rib	
Midaxillary line (N	MA)	10th rib	8th rib	8th rib	10th rib	
Paravertebral line	(PV)	T12 vertebra	10th rib	10th rib	T12 vertebra	

Fig. 8.3 Parietal pleura

The pleural cavity is bounded by two serous layers. The visceral (pulmonary) pleura covers the lungs, and the parietal pleura lines the inner surface of the thoracic cavity. The four parts of the parietal pleura (costal, diaphragmatic, mediastinal, and cervical) are continuous.



Lungs in Situ

Fig. 8.4 Lungs in situ

The left and right lungs occupy the full volume of the pleural cavity. Note

that the left lung is slightly smaller than the right due to the asymmetrical position of the heart.



B Anterior view with lungs retracted.

The oblique and horizontal fissures divide the right lung into three lobes: superior, middle, and inferior. The oblique fissure divides the left lung into two lobes: superior and inferior. The apex of each lung extends into the root of the neck. The hilum is the location at which the bronchi and neurovascular structures connect to the lung.

Fig. 8.5 Gross anatomy of the lungs





A Right lung, lateral view.

B Left lung, lateral view.



C Right lung, medial view.

Lung: Radiology

The regions of the lungs show varying degrees of lucency in chest radiographs. The perihilar region where the main bronchi and vessels enter and exit the lung is less radiolucent than the peripheral region, which contains small-caliber vascular branches and segmental bronchi. The perihilar lung region is also covered by the heart. These "shadows" appear as white or bright areas on the radiograph (radiographs are negatives: areas that are impermeable to light will appear bright).





A Normal anteroposterior chest radiograph.



B Normal lateral chest radiograph.

Fig. 8.7 Opacity in lung diseases

Lateral and anterior views of the right and left lungs. Opacity (decreased radiolucency) may be observed in diseased lung areas. Increased opacity may be due to fluid infiltration (inflammation) or tissue proliferation (neoplasia). These opacities are easier to detect in the peripheral part of the lung, which is inherently more radiolucent. *Note:* Opacities that conform to segmental lung boundaries are almost invariably due to pulmonary inflammation.



Diseases of the lungs

Increased opacity in the lungs does not necessarly correspond to segmental boundaries. Fluid accumulation in the lungs also creates characteristic "shadows" in pulmonary radiographs.



A Lingular pneumonia. The boundary between bronchopulmonary segments III and IV can be seen (arrow). *Note*: The heart is much more difficult to visualize here due to increased opacity of segments IV and V.



B Pulmonary emphysema. The chest radiograph reveals diaphragmatic depression (flattening of the domes of the diaphragm, arrows) with corresponding changes in the orientation of the cardiac shadow. The heart assumes a vertical orientation due to the low diaphragm (a lateral radiograph would reveal an increased retrosternal space). The central pulmonary arteries are dilated but taper dramatically at the segmental level.



C Pulmonary edema complicating acute myocardial infarction. Dilation of vessels increases the number of visible vascular structures. This image shows a butterfly pattern of edema and bilateral pleural effusion.



D Tuberculosis. Note the thickening of the pleura and the radiating fibrous bands. This image does not contain the small pulmonary nodules (tuberculomas) often found in the upper zones of the lung.

Bronchopulmonary Segments of the Lungs

The lung lobes are subdivided into bronchopulmonary segments, each supplied by a tertiary (segmental) bronchus. *Note:* These subdivisions are not defined by surface boundaries but by origin.

Fig. 8.8 Segmentation of the lung

Anterior view. See pp. 110–111 for details of the trachea and bronchial tree.



Fig. 8.9 **Posteroanterior bronchogram**

Anterior view of right lung.



Table 8.2 Segmental architecture of the lungs

Each segment is supplied by a segmental bronchus of the same name (e.g., the apical segmental bronchus supplies the apical segment). See pp. 110–111 for details of the trachea and bronchial tree.

Right lung		Left lung		
		Superior lobe		
1	Apical segment	Antonionated	1	
11	Posterior segment	Apicopostenor segment	I	
Ш		III		
Middle lobe Lingula				
IV	Lateral segment	Superior lingular segment	N	
٧	Medial segment	Inferior lingular segment	V	
		Inferior lobe		
VI	Superior segment		VI	
VII	Medial basal segment		VII	
VIII	Anterior basal segment		VIII	
IX.	Lateral basal segment		X	
Х	Posterior basal segment		x	

Fig. 8.10 Right lung: Bronchopulmonary segments



Fig. 8.11 Left lung: Bronchopulmonary segments



Clinical

Lung resections

Lung cancer, emphysema, or tuberculosis may necessitate the surgical removal of damaged portions of the lung. Surgeons exploit the anatomical subdivision of the lungs into lobes and segments when excising damaged tissue.



Trachea & Bronchial Tree

At or near the level of the sternal angle, the lowest tracheal cartilage extends anteroposteriorly, forming the carina. The trachea bifurcates at the carina into the right and left main bronchi. Each bronchus gives off lobar branches to the corresponding lung.

Fig. 8.12 Trachea

See p. 574 for the structures of the thyroid.



Foreign body aspiration

Toddlers are at particularly high risk of potentially fatal aspiration of foreign bodies. In general, foreign bodies are more likely to become lodged in the right main bronchus than the left: the left bronchus diverges more sharply at the tracheal bifurcation, while the right bronchus is relatively straight. The conducting portion of the bronchial tree extends from the tracheal bifurcation to the terminal bronchiole, inclusive. The respiratory portion consists of the respiratory bronchiole, alveolar ducts, alveolar sacs, and alveoli.

Fig. 8.13 Bronchial tree



C Epithelial lining of the alveoli.

Clinical

Respiratory compromise

The most common cause of respiratory compromise at the bronchial level is asthma. Compromise at the alveolar level may result from increased

diffusion distance, decreased aeration (emphysema), or fluid infiltration (e.g., pneumonia).

Diffusion distance:

Gaseous exchange takes place between the alveolar and capillary lumens in the alveoli (see Fig. 8.13C). At these sites, the basement membranes of capillary endothelial cells are fused with those of type I alveolar epithelial cells, lowering the exchange distance to 0.5 μ m. Diseases that increase this diffusion distance (e.g., edematous fluid collection or inflammation) result in compromised respiration.

Condition of alveoli: In diseases like emphysema, which occurs in chronic obstructive pulmonary disease (COPD), alveoli are destroyed or damaged. This reduces the surface area available for gaseous exchange.

Production of surfactant: Surfactant is a protein-phospholipid film that lowers the surface tension of the alveoli, making it easier for the lung to expand. The immature lungs of a preterm infant often fail to produce sufficient surfactant, leading to respiratory problems. Surfactant is produced and absorbed by alveolar epithelial cells (pneumocytes). Type I alveolar epithelial cells absorb surfactant; type II produce and distribute it.

Respiratory Mechanics

The mechanics of respiration are based on a rhythmic increase and decrease in thoracic volume, with an associated expansion and contraction of the lungs. *Inspiration* (red): Contraction of the diaphragm leaflets lowers the diaphragm into the inspiratory position, increasing the volume of the pleural cavity along the vertical axis. Contraction of the thoracic muscles (external intercostals with the scalene, intercartilaginous, and posterior serratus muscles) elevates the ribs, expanding the pleural cavity along the sagittal and transverse axes (Fig. 8.15A,B). Surface tension in the pleural space causes the visceral and parietal pleura to adhere; thus, changes in thoracic volume alter the volume of the lungs. This is particularly evident in the pleural recesses: at functional residual capacity (resting position between inspiration and expiration), the lung does not fully occupy the pleural cavity. As the pleural cavity expands, a negative intrapleural pressure is generated. The air pressure differential results in an influx of air (inspiration). *Expiration* (blue): During passive expiration, the muscles of

the thoracic cage relax and the diaphragm returns to its expiratory position. Contraction of the lungs increases the pulmonary pressure and expels air from the lungs. For forcible expiration, the internal intercostal muscles (with the transverse thoracic and subcostal mucosa) can actively lower the rib cage more rapidly and to a greater extent than through passive elastic recoil.

Fig. 8.14 Respiratory changes in thoracic volume

Inspiratory position (red); expiratory position (blue).



Fig. 8.15 Inspiration: Pleural cavity expansion



Fig. 8.16 Expiration: Pleural cavity contraction



Fig. 8.17 Respiratory changes in lung volume

Inferior border of lung (full expiration)



Inferior border of lung (full inspiration)

Fig. 8.18 Inspiration: Lung expansion



Fig. 8.19 Expiration: Lung contraction



Costodiaphragmatic recess

Fig. 8.20 Movements of the lung and bronchial tree

As the volume of the lung changes with the thoracic cavity, the entire bronchial tree moves within the lung. These structural movements are more pronounced in portions of the bronchial tree distant from the pulmonary hilum.





Pneumothorax

The pleural space is normally sealed from the outside environment. Injury to the parietal pleura, visceral pleura, or lung allows air to enter the pleural cavity (pneumothorax). The lung collapses due to its inherent elasticity, and the patient's ability to breathe is compromised. The uninjured lung continues to function under normal pressure variations, resulting in "mediastinal flutter": the mediastinum shifts toward the normal side during
inspiration and returns to the midline during expiration. Tension (valve) pneumothorax occurs when traumatically detached and displaced tissure covers the defect in the thoracic wall from the inside. This mobile flap allows air to enter, but not escape, the pleural cavity, causing a pressure buildup. The mediastinum shifts to the normal side, which may cause kinking of the great vessels and prevent the return of venous blood to the heart. Without treatment, tension pneumothorax is invariably fatal.



Pulmonary Arteries & Veins

The pulmonary trunk arises from the right ventricle and divides into a left and right pulmonary artery for each lung. The paired pulmonary veins open into the left atrium on each side. The pulmonary arteries accompany and follow the branching of the bronchial tree, whereas the pulmonary veins do not, being located at the margins of the pulmonary lobules.

Fig. 8.21 Pulmonary arteries and veins

Anterior view.



vena cava

Cardiac apex

Inferior lobe

Inferior lobe C Distribution of the pulmonary arteries and veins, anterior view.

Fig. 8.22 Pulmonary arteries



Table 8.3	Pulmonary arter	ries and their	branches
Right p	ulmonary artery	Left pulm	ionary artery
	Superior lob	e arteries	
0	Apical segmental a.		0
2	Posterior segmental a.		0
3	Anterior segmental a.		0
	Middle lobe	arteries	
4	Lateral segmental a.		
9	Medial segmental a.	ingular a.	
	Inferior lobe	arteries	
6	Superior segmental a.	69	
0	Anterior basal segmental a.		6
8	Lateral basal segmental a.		Ø
9	Posterior basal segmenta	la.	10
0	Medial basal segmental a		0

Fig. 8.23 **Pulmonary veins**



A Schematic.



B Pulmonary arteriogram, venous phase, anterior view.

Table 8.4	Pulmonary v	eins and their tri	butaries
Right p	ulmonary vein	Left pulm	ionary vein
	Superior p	ulmonary veins	
0	Apical v.	Apicoposteriorv.	0
2	Posterior v.		
3	Anterior v.	Anteriorv.	0
۲	Middle lobe v.	Lingularv.	0
	Inferior pu	ılmonary veins	
3	Superior v.	0	
6	Common basal v	0	
0	Inferior basal v.	0	
(1)	Superior basal v.	6	
9	Anterior basal v.		Ø

Clinical

Pulmonary embolism

Potentially life-threatening pulmonary embolism occurs when blood clots migrate through the venous system and become lodged in one of the arteries supplying the lungs. Symptoms include dyspnea (difficulty breathing) and tachycardia (increased heart rate). Most pulmonary emboli originate from stagnant blood in the veins of the lower limb and pelvis (venous thromboemboli). Causes include immobilization, disordered blood coagulation, and trauma. *Note:* A thromboembolus is a thrombus (blood clot) that has migrated (embolised).

Neurovasculature of the Tracheobronchial Tree

Fig. 8.24 Pulmonary vasculature

The pulmonary system is responsible for gaseous exchange within the lung. Pulmonary arteries (shown in blue) carry *deoxygenated* blood and follow the bronchial tree. The pulmonary vein (red) is the only vein in the body carrying *oxygenated* blood, which it receives from the alveolar capillaries at the periphery of the lobule.



Fig. 8.25 Arteries of the tracheobronchial tree

The bronchial tree receives its nutrients via the bronchial arteries, found in the adventitia of the airways. Typically, there are one to three bronchial arteries arising directly from the aorta. Origin from a posterior intercostal artery may also occur.



Fig. 8.26 Veins of the tracheobronchial tree



Fig. 8.27 Autonomic innervation of the tracheobronchial tree Sympathetic innervation (red); parasympathetic innervation (blue).



Lymphatics of the Pleural Cavity

The lungs and bronchi are drained by two lymphatic drainage systems. The peribronchial network follows the bronchial tree, draining lymph from the bronchi and most of the lungs. The subpleural network collects lymph from the peripheral lung and visceral pleura.

Fig. 8.28 Lymphatic drainage of the pleural cavity

Transverse section, inferior view.



A Peribronchial network, coronal section. (Intra)pulmonary nodes along the bronchial tree drain lymph from the lungs into the bronchopulmonary (hilar) nodes. Lymph then passes sequentially through the inferior and superior tracheobronchial nodes, paratracheal nodes, bronchomediastinal trunk, and finally to the right lymphatic or thoracic duct. *Note*: Significant amounts of lymph from the left lower lobe drain to the right superior tracheobronchial nodes.



B Subpleural network, transverse section, superior view.

Fig. 8.29 Lymph nodes of the pleural cavity

Anterior view of pulmonary nodes.



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9 Surface Anatomy

Surface Anatomy

Fig. 9.1 Palpable structures in the thorax

Anterior view. See pp. 40–41 for structures of the back.



Fig. 9.2 Surface anatomy of the thorax

Anterior view. See pp. 40–41 for structures of the back.



Q1: A female patient has given a history of detecting a "lump" during a self-examination. How would you proceed? Where would you palpate for lymph nodes?

A Female thorax.

Q2: You are presented with the anterior chest of your first hospital patient. How would you formulate a plan to optimally examine the four valves of the heart?



See answers beginning on p. 626.

B Male thorax.

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Surface Anatomy

10 Bones, Ligaments & Joints

Pelvic Girdle

Fig. 10.1 Pelvic girdle

Anterosuperior view. The pelvic girdle consists of the two hip bones and the sacrum (see p. 358).



Fig. 10.2 Hip bone Right hip bone (male).



Fig. 10.3 Triradiate cartilage of the hip bone

Right hip bone, lateral view. The hip bone consists of the ilium, ischium, and pubis.



B Radiograph of a child's acetabulum. Right hip bone, lateral view.

Fig. 10.4 Hip bone: Lateral view

Right hip bone (male).



Male & Female Pelvis

Fig. 10.5 Female pelvis



B Posterior view.

Fig. 10.6 Male pelvis



Fig. 10.7 Female pelvis: Superior view



A Pelvic measurements.



Fig. 10.8 Male pelvis: Superior view





Clinical

Childbirth

A non-optimal relation between the maternal pelvis and the fetal head may lead to complications during childbirth, potentially necessitating a caesarean section. Maternal causes include earlier pelvic trauma and innate malformations. Fetal causes include hydrocephalus (disturbed circulation of cerebrospinal fluid, leading to brain dilation and cranial expansion).

Pelvic Ligaments

Fig. 10.9 Ligaments of the pelvis Male pelvis.



Fig. 10.10 Ligaments of the sacroiliac joint Male pelvis.



Fig. 10.11 Pelvic measurements Right half of female pelvis, medial view. See Table 10.1.



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11 Abdominal Wall

Muscles of the Abdominal Wall

The oblique muscles of the abdominal wall consist of the external and internal obliques and the transversus abdominis. The posterior or deep abdominal wall muscles (notably the psoas major) are functionally hip muscles (see p. 138).

Fig. 11.1 Muscles of the abdominal wall



A Superficial abdominal wall muscles.



B Removed: External oblique, pectoralis major, and serratus anterior.



D Removed: Rectus abdominis.

Inguinal Region & Canal

The inguinal region is the junction of the anterior abdominal wall and the anterior thigh. The inguinal canal is an important site for the passage of structures into and out of the abdominal cavity (e.g., components of the spermatic cord).

Fig. 11.2 Inguinal region



Table 11.1	Structure	soft	he inguinal canal
Structures			Formed by
	Anterior wall	0	External oblique aponeurosis
	Roof	0	Internal oblique muscles
		0	Transversus abdominis
Wall Posterio	Posterior wall	٩	Transversalis fascia
		1	Parietal peritoneum
	Floor	6	Inguinal ligament (densely interwoven fibers of the lower external oblique aponeurosis and adjacent fascia lata of thigh)
Openings	Superficial inguinal ring		Opening in external oblique aponeurosis; bounded by medial and lateral crus, intercrural fibers, and reflected inguinal ligament
	Deep inguinal rir	Ig	Outpouching of the transversalis fascia lateral to the lateral umbilical fold (inferior epigastric vessels)
Sagittal section	on through plane in	Fig. 11	.2.

Fig. 11.3 Dissection of the inguinal region



A Superficial layer.



B Removed: External oblique aponeurosis.



C Removed: Internal oblique.

Fig. 11.4 Opening of the inguinal canal





B Divided: Internal oblique and cremaster.

Abdominal Wall & Inguinal Hernias

The rectus sheath is created by fusion of the aponeuroses of the transversus abdominis and abdominal oblique muscles. The inferior edge of the posterior rectus sheath is called the arcuate line.

Fig. 11.5 Abdominal wall and rectus sheath


Fig. 11.6 Abdominal wall: Internal surface anatomy

Coronal section, posterior view. The three fossae of the anterior abdominal wall (*circled*) are sites of potential herniation.



Clinical

Inguinal and femoral hernias

Indirect inguinal hernias occur in younger males and may be congenital or acquired; direct inguinal hernias are always acquired. Femoral hernias are acquired and more common in females.



Perineal Region

Fig. 11.7 Perineum and pelvic floor: Female

Lithotomy position, caudal (inferior) view. See p. 192 for the external genitalia.



The bilateral boundaries of the perineum in both sexes are the pubic symphysis, ischiopubic ramus, ischial tuberosity, sacrotuberous ligament,

and the coccyx. The green arrows indicate the anterior recess of the ischioanal fossa, superior to the urogenital muscles.

Fig. 11.8 Perineum and pelvic floor: Male

Lithotomy position, caudal (inferior) view. See p. 196 for the genitalia.



Adominal Wall Muscle Facts

Fig. 11.9 Anterior muscles

Anterior view.



Fig. 11.10 Anterolateral muscles

Anterior view.



Fig. 11.11 Posterior muscles

Anterior view. The psoas major and iliacus are together known as the

iliopsoas.



Table 1	1.2 Ab	bdominal wall muscles				
Muscle	Muscle Origin		Insertion Innervation		Action	
Anterior	abdominal w	all muscles				
① Rectus abdominis		Pubis (between pubic tubercle and symphysis)	Cartilages of 5th to 7th ribs, xiphoid process of sternum	Intercostal nn. (T5–T12)	Flexes trunk, compresses abdomen, stabilizes pelvis	
@ Pyramidalis		Pubis (anterior to rectus abdominis)	Linea alba (runs within the rectus sheath)	Subcostal n. (12th intercostal n.)	Tenses linea alba	
Anterolat	eral abdomii	nal wall muscles				
③ External oblique		5th to 12th ribs (outer surface)	Linea alba, pubic tubercle, anterior iliac crest	Intercostal nn. (T7–T12)	Unilateral: Bends trunk to same side, rotates	
④ Internal oblique		Thoracolumbar fascia (deep layer), iliac crest (intermediate line), anterior superior iliac spine, iliopsoas fascia	10th to 12th ribs (lower borders), linea alba (anterior and posterior layers)	Intercostal	trunk to opposite side Bilateral: Flexes trunk, compresses abdomen stabilizes pelvis	
③ Transversus abdominis		7th to 12th costal cartilages (inner surfaces), thoracolumbar fascia (deep layer), iliac crest, anterior superior iliac spine (inner lip), iliopsoas fascia	Linea alba, pubic crest	nn. (17–112), iliohypogastric n., ilioinguinal n.	<i>Unilateral:</i> Rotates trunk to same side <i>Bilateral:</i> Compresses abdomen	
Posterior	abdominalw	/all muscles				
© Psoas major De	Superficial layer	T12–L4 vertebral bodies and associated intervertebral disks (lateral surfaces)	Femur (lesser trochanter), joint insertion as iliopsoas muscle	Direct branches from lumbar	Hip joint: Flexion and external rotation Lumbarspine (with femur fixed): <i>Unilateral</i> : Contraction bends trunk laterally	
	Deep layer	L1–L5 (costal processes)		plexus (L2–L4)	Bilatemb Contraction raises trunk from suning	
⊙ Iliacus		Iliac fossa		Femoral n. (L2–L4)	position	
@Quadratus lumborum		Iliac crest and iliolumbar ligament (not shown)	1 2th rib, L1–L4 vertebrae (transverse processes)	T12, L1–L4 spinal nn.	Unilateral: Bends trunk to same side Bilateral: Bearing down and expiration, stabilizes 12th rib	

Fig. 11.12 Anterior and posterior abdominal wall muscles Anterior view.



Pelvic Floor Muscle Facts

Fig. 11.13 Muscles of the pelvic floor

Superior view.



Muscles of	the pelvic diaphragn	n			
Levator ani	① Puborectalis	Superior pubic ramus (both sides of pubic symphysis)	Anococcygeal ligament	Direct branches of sacral plexus (S4), inferior anal n.	Pelvic diaphragm: Supports pelvic viscera
	@ Pubococcygeus	Pubis (lateral to origin of puborectalis)	Anococcygeal ligament, coccyx		
	③ Iliococcygeus	Internal obturator fascia of levator ani (tendinous arch)			
Coccygeus		Sacrum (inferior end)	Ischial spine	Direct branches from sacral plexus (S4–S5)	Supports pelvic viscera, flexes coccyx
Muscles of	the pelvic wall (parie	tal muscles)			
Piriformis*		Sacrum (pelvic surface)	Femur (apex of greater trochanter)	Direct branches from sacral plexus (S1–S2)	Hip joint: External rotation, stabilization, and abduction of flexed hip
Obturator internus*		Obturator membrane and bony boundaries (inner surface)	Femur (greater trochanter, medial surface)	Direct branches from sacral plexus (L5–S1)	Hip joint: External rotation and abduction of flexed hip
Sphincter a	nd erector muscles				
④ External a	inal sphincter	Encircles anus (runs posteriorly f anococcygeal ligament)	rom perineal body to		Closes anus
③ External u	rethral sphincter	Encircles urethra (division of deep transverse perineal muscle)			Closes urethra
© Bulbospongiosus		Runs anteriorly from perineal body to clitoris (females) or penile raphe (males)		Pudendal n. (S2–S4)	Females: Compresses greater vestibular gland Males: Assists in erection
1 schiocavernosus		Ischial ramus Crus of clitoris or penis			Maintains erection by squeezing blood into corpus cavernosum of clitoris or penis
*The pirifor The female	mis and obturator inte and male external gen	ernus are considered muscles of the italia are shown on pp. 194, 203.	e hip (see p. 374).		

Fig. 11.14 Sphincter and erector muscles of the pelvic floor Inferior view. See pp. 194, 203.



Fig. 11.15 **Pelvic floor** Female pelvis.



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12 Spaces

Divisions of the Abdominopelvic Cavity

Fig. 12.1 Organ layers and quadrants

Anterior view. The organs of the abdomen and pelvis can be classified by layer, by quadrant (using the umbilicus at L4), by level (upper and lower abdomen, and pelvis), or with respect to the presence of a mesentery (Table 12.1).



Fig. 12.2 Peritoneum and mesentery



Table 12.1	Organs of the a	of the abdomen and pelvis			
Location		Organs			
Intraperitoneal	organs: These organs l	have a mesentery and are completely covere	d by the peritoneum.	•3	
Abdominal perito	oneal cavity	 Stomach Small intestine (jejunum, ileum, some the superior part of the duodenum) Spleen Liver 	eof	 Gallbladder Cecum with vermifor size may be retropen Large intestine (trans 	m appendix (portions of variable itoneal) sverse and sigmoid colons)
Pelvic peritoneal cavity		• Uterus (fundus and body)	Ovaries		Uterine tubes
Extraperitoneal	organs: These organs	either have no mesentery or lost it during de	evelopment.		
	Primarily	• Kidneys	 Suprarenal glan 	ıds	Uterine cervix
Retroperitoneal Secondarily		 Duodenum (descending, horizontal, and ascending) Pancreas 		Ascending and descending colon Rectum (upper 2/3)	
Infraperitoneal/subperitoneal		 Urinary bladder Distal ureters Prostate 	 Seminal vesicle Uterine cervix 		• Vagina • Rectum (lower 1/3)

Fig. 12.3 **Peritoneal relationships**

Midsagittal section through male pelvis, viewed from the left side.



B Organs of the abdomen and pelvis.

Clinical

Acute abdominal pain

Acute abdominal pain ("acute abdomen") may be so severe that the abdominal wall becomes extremely sensitive to touch ("guarding") and the intestines stop functioning. Causes include organ inflammation such as appendicitis, perforation due to a gastric ulcer (see p. 159), or organ

blockage by a stone, tumor, etc. In women, gynecological processes or ectopic pregnancies may produce severe abdominal pain.

Peritoneal Cavity & Greater Sac

The largest part of the peritoneal cavity is the greater sac. The greater omentum is an apron-like fold of peri toneum suspended from the greater curvature of the stomach and covering the anterior surface of the transverse colon. The transverse colon divides the peritoneal cavity into a supracolic compartment (liver, gallbladder, and stomach) and an infracolic compartment (intestines).

Fig. 12.4 Dissection of the peritoneal cavity

Anterior view.





C Mesenteries. Reflected: Greater omentum and transverse colon. Removed: Intraperitoneal small intestines.

Lesser Sac

Fig. 12.5 Lesser sac (Omental bursa)

Anterior view. The lesser sac (omental bursa) is the portion of the peritoneal cavity located behind the lesser omentum and stomach.



Fig. 12.6 Location of the lesser sac



(omental bursa)			
Direction	Boundary	Recess	
Anterior	Lesser omentum, gastrocolic ligament	_	
Inferior	Transverse mesocolon	Inferior recess	
Superior	Liver (with caudate lobe)	Superior recess	
Posterior	Pancreas, aorta (abdominal part), celiac trunk, splenic a. and v., gastrosplenic fold, left suprarenal gland, left kidney (superior pole)		
Right	Liver, duodenal bulb	_	
Left	Spleen, gastrosplenic ligament	Splenic recess	

Table 12.2Boundaries of the lesser sac(omental bursa)

Fig. 12.7 Omental bursa in situ

Anterior view. *Divided:* Gastrocolic ligament. *Retracted:* Liver. *Reflected:* Stomach.



Table 12.3 Boundaries of the omental foramen </t

The communication between the greater and lesser sacs is the omental (epiploic) foramen (see arrow in Fig. 12.7).

Direction	Boundary
Anterior	Hepatoduodenal
	ligament with the
	portal v., proper
	hepatic a., and bile
	duct
Inferior	Duodenum (superior
	part)

The communication between the			
greater and lesser sacs is the			
omental (epiploic) foramen (see			
arrow in Fig. 12.7).			
Direction Boundary			
Direction	Boundary		
Direction Posterior	Boundary Inferior vena cava,		
Direction Posterior	Boundary Inferior vena cava, diaphragm (right crus)		

Mesenteries & Posterior Wall

Fig. 12.8 Mesenteries and organs of the peritoneal cavity

Anterior view. *Removed:* Stomach, jejunum, and ileum. *Reflected:* Liver.



Fig. 12.9 Posterior wall of the peritoneal cavity

Anterior view. *Removed:* All intraperitoneal organs. *Revealed:* Structures of the retroperitoneum (see Table 12.4 and p. 180).



Table 12.4 Str	uctures of the retroperitoneum				
See pp. 216, 228, 239 fc	See pp. 216, 228, 239 for neurovascular structures of the retroperitoneum.				
Classification	Organs	Vessels	Nerves		
Primarily retroperitoneal (Retroperitoneal when formed)	• Kidneys • Suprarenal glands • Ureters	 Aorta (abdominal part) Inferior vena cava and tributaries Ascending lumbarvy. 	 Lumbar plexus branches Iliohypogastric n. Ilioinguinal n. Genitofemoral n. 		
Secondarily retroperitoneal (Mesentery lost during development)	Pancreas Duodenum (descending and horizontal parts; some of ascending part) Ascending and descending colon Cecum (portions; variable) Rectum (upper 2/3)	 Portal v. and tributaries Lumbar, sacral, and iliac lymph nodes Lumbar trunks and cisterna chyli 	 Lateral femoral cutaneous n. Femoral n. Obturator n. Sympathetic trunk Autonomic ganglia and plexuses 		

Contents of the Pelvis

Fig. 12.10 Male pelvis



Fig. 12.11 Female pelvis



Peritoneal Relationships



Fig. 12.12 Peritoneal relationships in the pelvis: Female

Fig. 12.13 Peritoneal relationships in the pelvis: Male



Pelvis & Perineum

Fig. 12.14 Pelvis and urogenital triangle

Coronal section, anterior view.



A Female.



Table 12.5 Divisions of the pelvis and perineum

The levels of the pelvis are determined by bony landmarks (iliac crest and pelvis inlet, see p. 126). The contents of the perineum are separated by the pelvic diaphragm and two fascial layers.

lliac crest				
		• lleum (coils)		
	False pelvis	Cecum and appendix		
		Sigmoid colon		
		 Common and external iliac aa. and vv. 		
		 Lumbar plexus (branches) 		
	Pelvic inlet			
		Distal ureters		
Pelvis		• Urinary bladder		
		• Rectum		
		२: Vagina, uterus, uterine tubes, and ovaries		
	Pelvis proper	of: Ductus deferens, seminal vesicle, and prostate		
		 Internal iliac a. and v. and branches 		
		Sacral plexus		
		Inferior hypogastric plexus		
Pelvic diap diaphragn	hragm (Levator natic fascia)	ani with superficial and inferior pelvic		
		Sphincter ure thrae and deep transverse perineal mm.		
		• Urethra (membranous)		
	•	• Vagina		
	Deep pouch	• Rectum		
		Bulbourethral gland		
		Ischioanal fossa		
		 Internal pudendal a. and v., pudendal n. and branches 		
Perineum	Perineal membrane			
	Superficial pouch	Ischiocavernosus, bulbocavernosus, and superficial transverse perineal mm.		
		• Urethra (penile)		
		Clitoris and penis		
		 Internal pudendal a. and v., pudendal n. and branches 		
	Superficial perineal (Colles') fascia			
	Subcutaneous perineal space	• Fat		
Skin		•		



Fig. 12.15 Pelvis: Coronal section Anterior view.

Transverse Sections

Fig. 12.16 Abdomen: Transverse section

Inferior view.



Fig. 12.17 Pelvis: Transverse section Inferior view.



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13 Internal Organs

Stomach

Fig. 13.1 Stomach: Location



A Anterior view.

B Transverse section, inferior view.

Fig. 13.2 Surfaces of the stomach



Fig. 13.3 Stomach

Anterior view.



The stomach is found in the right and left upper quadrants. It is intraperitoneal, its mesenteries being the lesser and greater omenta.

Fig. 13.4 Stomach in situ

Anterior view of the opened upper abdomen. Arrow indicates the omental foramen.



Gastritis and gastric ulcers

Gastritis and gastric ulcers, the two most common diseases of the stomach, are associated with increased acid production and are caused by alcohol, drugs such as aspirin, and the bacterium *Helicobacter pylori*. Symptoms include lessened appetite, pain, and even bleeding, which manifests as black stool or dark brown material in vomit. Gastritis is limited to the inner surface of the stomach, while gastric ulcers extend into the stomach wall. The gastric ulcer in **C** is covered with fibrin and shows hematin spots.



Duodenum

The small intestine consists of the duodenum, jejunum, and ileum (see p. 162). The duodenum is primarily retroperitoneal and divided into four parts: superior, descending, horizontal, and ascending.

Fig. 13.5 Duodenum: Location

Anterior view.



Fig. 13.6 Parts of the duodenum

Anterior view.



Fig. 13.7 Duodenum

Anterior view with the anterior wall opened.



Fig. 13.8 Duodenum in situ

Anterior view. Removed: Stomach, liver, small intestine, and large portions


of the transverse colon. *Thinned:* Retroperitoneal fat and connective tissue.

Clinical

Endoscopy of the papillary region

Two important ducts end in the papillary region of the duodenum: the common bile duct and the pancreatic duct (see Fig. 13.7). These ducts may be examined by X-ray through endoscopic retrograde cholangiopancreatography (ERCP), in which dye is injected endoscopically into the duodenal papilla. Duodenal diverticula (generally harmless outpouchings) may complicate the procedure.



Jejunum & Ileum

Fig. 13.9 Jejunum and ileum: Location

Anterior view. The intraperitoneal jejunum and ileum are enclosed by the mesentery proper.



Fig. 13.10 Wall structure of the small intestine

Macroscopic views of the longitudinally opened small intestine.



Fig. 13.11 Jejunum and ileum in situ

Anterior view. *Reflected:* Transverse colon.



Clinical

Crohn's disease

Crohn's disease, a chronic inflammation of the digestive tract, occurs most often in the terminal ileum (30% of cases). Patients are generally young and suffer from abdominal pain, nausea, elevated body temperature, and diarrhea. Initially, these symptoms can be confused with appendicitis. Complications of Crohn's disease often include anal fistulae (**B**).





Fig. 13.12 Mesentery of the small intestine

Anterior view. *Removed:* Stomach, jejunum, and ileum. *Reflected:* Liver.



Cecum, Appendix & Colon

The large intestine consists of the cecum, appendix, colon, and rectum (see p. 166). The colon is divided into four parts: ascending, transverse, descending, and sigmoid. The appendix, transverse colon, and sigmoid colon are intraperitoneal (suspended by the mesoappendix, transverse mesocolon, and sigmoid mesocolon, respectively).

Fig. 13.13 Large intestine: Location

Anterior view.



Fig. 13.14 Ileocecal orifice Anterior view of longitudinal coronal section.



Fig. 13.15 Large intestine

Anterior view.



Fig. 13.16 Large intestine in situ



Clinical

Colitis

Ulcerative colitis is a chronic inflammation of the large intestine, often starting in the rectum. Typical symptoms include diarrhea (sometimes with blood), pain, weight loss, and inflammation of other organs. Patients are also at higher risk for colorectal carcinomas.

Colon carcinoma

Malignant tumors of the colon and rectum are among the most frequent solid tumors. More than 90% occur in patients over the age of 50. In early stages, the tumor may be asymptomatic; later symptoms include loss of appetite, changes in bowel movements, and weight loss. Blood in the stools is particularly incriminating, necessitating a thorough examination. Hemorrhoids are not a sufficient explanation for blood in stools unless all other tests (including a colonoscopy) are negative.





A Colonoscopy of ulcerative colitis.

B Early-phase colitis. Residual normal mucosa appears as pseudopolyps. C Colonoscopy of colon carcinoma. The tumor partially blocks the lumen of the colon.



Rectum & Anal Canal

Fig. 13.17 Rectum: Location



Fig. 13.18 Closure of the rectum

Left lateral view. The puborectalis acts as a muscular sling that kinks the anorectal junction. It functions in the maintenance of fecal continence.



Fig. 13.19 Rectum in situ

Coronal section, anterior view of the female pelvis. The upper third of the rectum is covered with visceral peritoneum on its anterior and lateral sides. The middle third is covered only anteriorly and the lower third is inferior to the parietal peritoneum.



Fig. 13.20 Rectum and anal canal

Coronal section, anterior view with the anterior wall removed.



Liver: Overview

Fig. 13.21 Liver: Location



Fig. 13.22 Liver in situ

Anterior view with liver retracted. *Removed:* Stomach, jejunum, and ileum. The liver is intraperitoneal except for its "bare area" (see Fig. 13.26); its mesenteries include the falciform, coronary, and triangular ligaments (See Fig. 13.27).



Fig. 13.23 Abdominal MRI

Inferior view.



Liver: Segments & Lobes

Fig. 13.24 Segmentation of the liver

Anterior view. The components portal triad (hepatic artery, portal vein, and hepatic duct, see pp. 172, 219) divides the liver into hepatic segments (see Table 13.2).



Fig. 13.25 Liver: Areas of organ contact

Visceral surface, inferior view.



Fig. 13.26 Attachment of liver to diaphragm



Fig. 13.27 Surfaces of the liver

The liver is divided by its ligaments into four lobes: right, left, caudate, and quadrate.



Gallbladder & Bile Ducts



Fig. 13.28 Gallbladder: Location

Fig. 13.29 Hepatic bile ducts: Location

Projection onto surface of the liver, anterior view.





Fig. 13.30 Biliary sphincter system

A Sphincters of the pancreatic and bile ducts.



B Sphincter system in the duodenal wall.

Fig. 13.31 Extrahepatic bile ducts

Anterior view. Opened: Gallbladder and duodenum.



Fig. 13.32 Biliary tract in situ

Anterior view. *Removed:* Stomach, small intestine, transverse colon, and large portions of the liver. The gallbladder is intraperitoneal, covered by visceral peritoneum where it is not attached to the liver.



Clinical

Obstruction of the bile duct

As bile is stored and concentrated in the gallbladder, certain substances, such as cholesterol, may crystallize, resulting in the formation of gallstones. Migration of gallstones into the bile duct causes severe pain (colic). Gallstones may also block the pancreatic duct in the papillary regions, causing highly acute or even life-threatening pancreatitis.



Ultrasound appearance of two gallstones. Black arrows mark the echo-free area behind the stones.

Pancreas & Spleen

Fig. 13.33 Pancreas and spleen: Location



Fig. 13.34 Pancreas

Anterior view with dissection of the pancreatic duct.



Fig. 13.35 Spleen



Fig. 13.36 Pancreas and spleen in situ

Anterior view. *Removed:* Liver, stomach, small intestine, and large intestine. The pancreas is retroperitoneal, while the spleen is intraperitoneal.





Fig. 13.37 Pancreas and spleen: Transverse section Inferior view. Section through L1 vertebra.

Kidneys & Suprarenal Glands: Overview

Fig. 13.38 Kidneys and suprarenal glands: Location



A Anterior view.



B Posterior view with the trunk wall opened.

Fig. **13.39** Kidneys: Areas of organ contact Anterior view.



Fig. 13.40 Right kidney in the renal bed

Sagittal section through the right renal bed.



Fig. 13.41 Suprarenal gland

Anterior view.



Fig. 13.42 Kidneys and suprarenal glands in the retroperitoneum

Anterior view. Both the kidneys and suprarenal glands are retroperitoneal.



B Removed: Peritoneum, spleen, and gastrointestinal organs, along with fat capsule (left side). Retracted: Esophagus.

Kidneys & Suprarenal Glands: Features

Fig. 13.43 Right kidney and suprarenal gland

Anterior view. Removed: Perirenal fat capsule. Retracted: Inferior vena

cava.



Fig. 13.44 Left kidney and suprarenal gland

Anterior view. *Removed:* Perirenal fat capsule. *Retracted:* Pancreas.



Fig. 13.45 Kidney: Structure Right kidney with suprarenal gland.



Ureter

The ureters cross the common iliac artery at its bifurcation into the external and internal iliac arteries.

Fig. 13.46 Ureters: Location

Anterior view.



Fig. 13.47 Ureters in situ

Anterior view, male abdomen. Removed: Nonurinary organs and rectal stump. The ureters are retroperitoneal.



Fig. 13.48 Ureter in the male pelvis Superior view.



Fig. 13.49 Ureter in the female pelvis

Superior view.



Urinary Bladder

Fig. 13.50 Male urinary bladder


The urinary bladder is retropubic and retroperitoneal in location.

Fig. 13.51 Female urinary bladder



Urinary Bladder & Urethra

Fig. 13.52 Female urinary bladder and urethra

Midsagittal section, viewed from the left side.



Fig. 13.53 Male urinary bladder and urethra

Midsagittal section, viewed from the left side.



Fig. 13.54 Wall structure

Anterior view of coronal section.



Fig. 13.55 Urinary bladder and urethra

Anterior view.



A Female pelvis in coronal section.



B Male pelvis in coronal section.

C Male urethra in longitudinal section.



14 Reproductive Organs

Overview of the Genital Organs

The genital organs can be classified topographically (external versus internal), functionally (Tables 14.1 and 14.2), or ontogenetically (see p. 204).

Table 14.	Fer	Female genital organs		
Organ			Function	
internal genitalia	Ovary		Germ cell and hormone production	
	Uterine (fallopian) tube		Site of conception and transport organ for zygote	
	Uterus		Organ of incubation and parturition	
	Vagina (upper portion)		o	
External genitalia	Vulva	Vagina (vestibule)	Organ of copulation and parturition	
		Labia majora and minora	Consistent aroun	
		Clitoris	Copulatory organ	
		Greater and lesser vestibular glands	Production of secretions	
		Mons pubis	Protection of the pubic bone	

Fig. 14.1 Female genital organs



Labidin major

B Urogenital system. *Note*: The female urinary and genital tracts are functionally separate, though topographically close.

Table 14.2	Male ge	Male genital organs		
Organ			Function	
Internal genitalia	Testis		Germ cell and hormone production	
	Epididymis		Reservoir for sperm	
	Ductus defere	ens	Transport organ for sperm	
	Accessory sex glands	Prostate	Production of secretions (semen)	
		Seminal vesicles		
		Bulbourethral gland		
External genitalia	Penis		Copulatory and urinary organ	
	Urethra		Urinary organ and transport organ for sperm	
	Scrotum		Protection of testis	
	Coverings of t	the testis		



Fig. 14.2 Male genital organs

Uterus & Ovaries

Fig. 14.3 Female internal genitalia

The uterus and ovaries are suspended by the mesovarium and mesometrium (portions of the broad ligament).





B Mesenteries. Sagittal section. The broad ligament of the uterus is a combination of the mesosalpinx, mesovarium, amd mesometrium.

Fig. 14.4 **Ovary** Posterior view of the right ovary.



Fig. 14.5 Curvature of the uterus

Midsagittal section, left lateral view. The position of the uterus can be described in terms of flexion (ⓐ) and version (ⓐ).



Fig. 14.6 Uterus and uterine tube



Ectopic pregnancy

After fertilization, the ovum usually implants in the wall of the uterine cavity. However, it may become implanted at other sites (e.g., the uterine tube or even the peritoneal cavity). Tubal pregnancies, the most common type of ectopic pregnancy, pose the risk of tubal wall rupture and potentially life-threatening bleeding into the peritoneal cavity. Tubal pregnancies are promoted by adhesion of the tubal mucosa, mostly due to inflammation.

Vagina

Fig. 14.7 Location

Midsagittal section, left lateral view.



Fig. 14.8 Structure

Posteriorly angled coronal section, posterior view.



Fig. 14.9 Uterine cervix: Transverse section Inferior view.



Fig. 14.10 Female genital organs: Coronal section

Anterior view. The vagina is both pelvic and perineal in location. It is also retroperitoneal.



Fig. 14.11 Vagina: Location in the pelvic floor Inferior view.



Female External Genitalia

Fig. 14.12 Female external genitalia

Lithotomy position with labia minora separated.



Fig. 14.13 Vestibule and vestibular glands

Lithotomy position with labia separated.



Fig. 14.14 Erectile muscles and tissue: Female

Lithotomy position. *Removed:* Labia, skin, and perineal membrane; erectile muscles (left side).





Episiotomy

Episiotomy is a common obstetric procedure used to enlarge the birth canal during the expulsive stage of labor. The procedure is generally used to expedite the delivery of a baby at risk for hypoxia during the expulsive stage. Alternately, if the perineal skin turns white (indicating diminished blood flow), there is imminent danger of perineal laceration, and an episiotomy is often performed. More lateral incisions gain more room, but they are more difficult to repair.



Neurovasculature of the Female Genitalia

Fig. 14.15 Nerves of the female perineum and genitalia



Fig. 14.16 Blood vessels of the female external genitalia Inferior view.



Fig. 14.17 Neurovasculature of the female perineum Lithotomy position.



Penis, Scrotum & Spermatic Cord

Fig. 14.18 Penis, scrotum, and spermatic cord

Anterior view. *Removed:* Skin over the scrotum and spermatic cord.



Fig. 14.19 Spermatic cord: Contents

Cross section.



Fig. 14.20 Penis



Testis & Epididymis

Fig. 14.21 Testis and epididymis

Left lateral view.



A Testis and epididymis in situ.





Fig. **14.22** Blood vessels of the testis Left lateral view.



Male Accessory Sex Glands



Fig. 14.23 Accessory sex glands

Fig. 14.24 Prostate

The prostate may be divided anatomically (top row) or clinically (bottom row).



Sagittal section through the male pelvis, left lateral view. Visceral Urinary Urinary Bladder (apex) bladder (body) bladder (neck) peritoneum Superficial abdominal Rectovesical fascia (deep layer) pouch Urinary bladder (fundus) Pubic symphysis Retropubic space Seminal vesicle Superficial dorsal penile v. Rectum Superficial and Ejaculatory duct deep penile fascia Prostate Corpus cavernosum of penis Ure thra, spongy part Rectoprostatic fascia Deep transverse Corpus spongiosum of penis perineal Bulbourethral gland Glans penis Bulbospongiosus Prepuce Urethra. Scrotal septum navicular fossa Scrotum

Fig. 14.25 Prostate in situ

Clinical

Prostatic carcinoma and hypertrophy

Prostatic carcinoma is one of the most common malignant tumors in older men, often growing at a subcapsular location in the peripheral zone of the prostate. Unlike benign prostatic hyperplasia, which begins in the central part of the gland, prostatic carcinoma does not cause urinary outflow obstruction in its early stages. Being in the peripheral zone, the tumor is palpable as a firm mass through the anterior wall of the rectum during rectal examination.



In certain prostate diseases, especially cancer, increased amounts of a protein, prostate-specific antigen or PSA, appear in the blood. This protein can be measured by a simple blood test.

Neurovasculature of the Male Genitalia

Fig. 14.26 Neurovasculature of the male genitalia Left lateral view.



A Nerve supply.



B Arterial supply.



C Venous drainage.

Fig. 14.27 Neurovasculature of the penis and scrotum



A Anterior view. Partially removed: Skin and fascia.



B Dorsal vasculature of the penis.

Fig. 14.28 Nerves of the male perineum and genitalia

Lithotomy position.



Fig. 14.29 Neurovasculature of the male perineum Lithotomy position.



Development of the Genitalia

The male and female genitalia are derived from a common gonadal primordium.

Fig. 14.30 Development of the external genitalia



Fig. **14.31 Descent of the testis** Left lateral view.



Fig. **14.32 Development of the internal genitalia** Anterior view.



A Genetically male embryo (testicular primordium).

B Genetically female embryo (ovarian primordium).

Table 14.4 Derivatives	of embryonic urogenital structures		
Nonfunctioning remnants in italics.	Structures common to both sexes in bold.		
Rudiment	Male structure	Female structure	
Undifferentiated gonad	Testis	Ovary	
Cortex	Seminiferous tubules	Follicle	
Medulla	Rete testis	Ovarian stroma	
Mesonephric ductule	Efferent ductules of testis, paradidymis	Epo- and paroöphoron	
Manager (Ureter, renal pelvis and calices, collecting ducts		
wesonephric (woiman) duct	Epididymal duct, ductus deferens, ejaculatory duct, seminal vesicle	_	
Paramesonephric (müllerian) duct	Appendix of testis	Uterine tube, uterus, vagina (superior portion), Morgagni's hydatids	
Ursaanital sinus	Bladder, urethra		
orogenitai sinus	Prostate, bulbourethral gland, prostatic utricle	Vagina (inferior portion), greater and lesser vestibular glands	
Phallus (genital tubercle)	Corpus cavernosum of penis	Clitoris, glans of clitoris	
Genital folds	Glans of penis, penile raphe	Labia minora, vestibular bulb	
Labioscrotal swellings	Scrotum	Labia majora	
Gubernaculum	Gubernaculum of testis	Proper ovarian ligament, round ligament of uterus	
Genital tubercle (of Müller)	Seminal colliculus	Hymen	

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15 Arteries & Veins

Arteries of the Abdomen

Fig. 15.1 Abdominal aorta and major branches

Anterior view. The abdominal aorta enters the abdomen at the T12 level through the aortic aperture of the diaphragm (see p. 54). Before bifurcating at L4 into its terminal branches, the common iliac arteries, the abdominal aorta gives off the renal arteries (see p. 209) and three major trunks that supply the organs of the alimentary canal:

Celiac trunk: Supplies the structures of the foregut, the anterior portion of the alimentary canal. The foregut consists of the esophagus (distal half), stomach, duodenum (proximal half), liver, gallbladder, and pancreas (superior portion).

Superior mesenteric artery: Supplies the structures of the midgut: the duodenum (distal half), jejunum and ileum, cecum and appendix, ascending and transverse colons, and right colic (hepatic) flexure.

Inferior mesenteric artery: Supplies the structures of the hindgut: the transverse colon (distal third), left colic (splenic) flexure, descending and sigmoid colons, rectum, and anal canal (upper part).



Fig. 15.2 Celiac trunk


Fig. 15.3 Superior mesenteric artery

Anterior view.



Fig. 15.4 Inferior mesenteric artery

Anterior view.



Fig. 15.5 Abdominal arterial anastomoses

The three major arterial anastomoses of the abdomen deliver blood to intestinal areas deprived of their normal blood supply.



Abdominal Aorta & Renal Arteries

Fig. 15.6 Abdominal aorta

Anterior view of the female abdomen. *Removed:* Abdominal organs and peritoneum. The abdominal aorta is the distal continuation of the thoracic aorta (see p. 68). It enters the abdomen at the T12 level and bifurcates into the common iliac arteries at L4.



Fig. 15.7 Renal arteries

Left kidney, anterior view. The renal arteries arise at approximately the level of L2. Each renal artery divides into an anterior and a posterior branch. The anterior branch further divides into four segmental arteries (circled).



Clinical

Renal hypertension

The kidney is an important blood pressure sensor and regulator. Stenosis of the renal artery reduces blood flow through the kidney and stimulates increased production of renin, a hormone that cleaves angiotensinogen to form angiotensin I. Subsequent cleavage yields angiotensin II, which induces vasoconstriction and an increase in blood pressure. Renal hypertension must be excluded (or confirmed) when diagnosing high blood pressure.

Stenosis of the right renal artery (arrow), visible via arteriography.



Celiac Trunk

The distribution of the celiac trunk is shown on p. 207.

Fig. 15.8 Celiac trunk: Stomach, liver, and gallbladder

Anterior view. *Opened:* Lesser omentum. *Incised:* Greater omentum. The celiac trunk arises from the abdominal aorta at about the level of L1.



Fig. **15.9** Celiac trunk: Pancreas, duodenum, and spleen Anterior view. *Removed:* Stomach (body) and lesser omentum.



Superior & Inferior Mesenteric Arteries

Fig. 15.10 Superior mesenteric artery

Anterior view. *Partially removed:* Stomach and peritoneum. *Note:* The middle colic artery has been truncated (see Fig. 15.11). The superior and inferior mesenteric arteries arise from the aorta opposite L2 and L3, respectively.



Fig. 15.11 Inferior mesenteric artery

Anterior view. Removed: Jejunum and ileum. Reflected: Transverse colon.



Veins of the Abdomen

Fig. 15.12 Inferior vena cava: Location

Anterior view.



Fig. 15.13 Tributaries of the renal veins

Anterior view.





Fig. 15.14 Portal vein

The portal vein (see p. 218) drains venous blood from the abdominopelvic organs supplied by the celiac trunk and superior and inferior mesenteric arteries.



C Collateral pathways (portosystemic collaterals). When the portal system is compromised, nutrient-laden blood may be transported to the heart via the venae cavae without passing through the liver. Red arrows indicate flow reversal.



Cancer metastases

Tumors in the region drained by the superior rectal vein may spread through the portal venous system to the capillary bed of the liver (hepatic metastasis). Tumors drained by the middle or inferior rectal veins may metastasize to the capillary bed of the lung (pulmonary metastasis) via the inferior vena cava and right heart.

Inferior Vena Cava & Renal Veins

Fig. 15.15 Inferior vena cava

Anterior view of the female abdomen. *Removed:* All organs (except the left kidney and suprarenal gland).



Fig. 15.16 Renal veins

Anterior view. See p. 209 for the renal arteries in isolation.



Portal Vein

The portal vein is typically formed by the union of the superior mesenteric and the splenic veins posterior to the neck of the pancreas. The distribution of the portal vein is shown on p. 215.

Fig. 15.17 Portal vein: Stomach and duodenum

Anterior view. *Removed:* Liver, lesser omentum, and peritoneum. *Opened:* Greater omentum.



Fig. 15.18 Portal vein: Pancreas and spleen

Anterior view. Partially removed: Stomach, pancreas, and peritoneum.



Superior & Inferior Mesenteric Veins

Fig. 15.19 Superior mesenteric vein

Anterior view. *Partially removed:* Stomach, pancreas, peritoneum, mesentery, and transverse colon. *Displaced:* Small intestine.



Fig. 15.20 Inferior mesenteric vein

Anterior view. *Removed:* Stomach, pancreas, small intestine, and peritoneum.





Right common iliac v. Inferior vena cava Right internal iliac v.



Fig. 15.21 Blood vessels of the pelvis

Idealized right hemipelvis, left lateral view.



Arteries & Veins of the Rectum & Genitalia

Fig. 15.22 Blood vessels of the rectum

Posterior view. The main blood supply to the rectum is from the superior rectal arteries; the middle rectal arteries serve as an anastomosis between the superior and inferior rectal arteries.



Fig. 15.23 Blood vessels of the genitalia

Anterior view.



B Male pelvis, Opened: Inguinal canal and coverings of the spermatic cord.

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16 Lymphatics

Lymph Nodes of the Abdomen & Pelvis

Fig. 16.1 Lymphatic drainage of the internal organs

See Table 16.1 for numbering. Lymph drainage from the abdomen, pelvis, and lower limb ultimately passes through the lumbar lymph nodes (clinically: aortic nodes). The lumbar lymph nodes consist of the right (caval) and left lateral aortic nodes, the preaortic nodes, and the retroaortic nodes. Efferent lymph vessels from the lumbar and preaortic nodes form the lumbar and intestinal trunks, respectively. The lumbar and intestinal trunks terminate into the cisterna chyli.





Fig. 16.2 Lymphatic drainage of the rectum Anterior view.







Fig. 16.4 Lymphatic drainage of the male genitalia

Anterior view.







	Table 16.2 Lymp	h nodes of the pelvis
6 4 8 4 10 10 10 10 10 10 10 10	Numbers continued from Table 16.1.	
	Preaortic I.n.	③ Superior mesenteric l.n.
		 Inferior mesenteric l.n.
	⑤ Left lateral aortic l.n.	
	© Right lateral aortic (caval) l.n.	
	Ocommon iliac I.n. Ocommon iliac	
	Internal iliac l.n.	
	@ External iliac l.n.	
	① Superficial inguinal l. n.	Horizontal group
		Vertical group
	@ Deep inguinal l.n.	
	🕲 Sacrall.n.	

Lymph Nodes of the Posterior Abdominal Wall

Lymph nodes in the abdomen and pelvis may be classified as either parietal or visceral. The majority of the parietal lymph nodes are located on the posterior abdominal wall.

Fig. 16.6 Parietal lymph nodes in the abdomen and pelvis

Anterior view. *Removed:* All visceral structures (except vessels).



Fig. 16.7 Lymphatic nodes of the urinary organs Anterior view.



Fig. 16.8 Drainage of the kidneys (with pelvic organs)



Lymph Nodes of the Anterior Abdominal Organs

Fig. 16.9 Lymph nodes of the stomach and liver

Anterior view. *Removed:* Lesser omentum. *Opened:* Greater omentum. Arrows show direction of lymphatic drainage.



Fig. 16.10 Lymph nodes of the spleen, pancreas, and duodenum

Anterior view. *Removed:* Stomach and colon.



Fig. 16.11 Lymphatic drainage of the stomach, liver, spleen, pancreas, and duodenum



Lymph Nodes of the Intestines

Fig. 16.12 Lymph nodes of the jejunum and ileum

Anterior view. *Removed:* Stomach, liver, pancreas, and colon.



Fig. 16.13 Lymphatic drainage of the intestines



Fig. 16.14 Lymph nodes of the large intestine

Anterior view. *Reflected:* Transverse colon and greater omentum.


Lymph Nodes of the Genitalia

Fig. 16.15 Lymph nodes of the male genitalia

Anterior view. *Removed:* Gastrointestinal tract (except rectal stump) and peritoneum.



Fig. 16.16 Lymph nodes of the female genitalia

Anterior view. *Removed:* Gastrointestinal tract (except rectal stump) and peritoneum. *Retracted:* Uterus.



Fig. 16.17 Lymphatic drainage of the pelvic organs



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17 Nerves

Autonomic Plexuses



Fig. 17.1 Autonomic plexuses in the abdomen and pelvis

Anterior view of the male abdomen. *Removed:* Peritoneum and majority of the stomach



Innervation of the Abdominal Organs

Fig. 17.2 Innervation of the anterior abdominal organs

Anterior view. *Removed:* Lesser omentum, ascending colon, and parts of the transverse colon. *Opened:* Lesser sac. The anterior and posterior vagal trunks each produce a celiac, hepatic, and pyloric branch, and a gastric plexus. See p. 245 for schematic.



Fig. 17.3 Innervation of the urinary organs

Anterior view of the male abdomen and pelvis. *Removed:* Abdominal organs and peritoneum. See p. 246 for schematic.



Innervation of the Intestines

Fig. 17.4 Innervation of the small intestine

Anterior view. *Partially removed:* Stomach, pancreas, and transverse colon (distal part). See p. 245 for schematic.



Fig. 17.5 Innervation of the large intestine

Anterior view. *Removed:* Jejunum and ileum. *Reflected:* Transverse and sigmoid colons. See p. 245 for schematic.



Innervation of the Pelvis

Fig. 17.6 Innervation of the female pelvis

Right pelvis, left lateral view. *Reflected:* Uterus and rectum. See p. 247 for schematic.



Fig. 17.7 Innervation of the male pelvis

Right pelvis, left lateral view. See p. 247 for schematic.



Autonomic Innervation: Overview

Fig. 17.8 Sympathetic and parasympathetic nervous systems in the abdomen and pelvis



A Sympathetic nervous system.

B Parasympathetic nervous system.

Table 17.2	Effects of the autonomic nervous system in the abdomen and pelvis		
Organ (organ system)		Sympathetic effect	Parasympathetic effect
Gastrointestinal tract	Longitudinal and circular muscle fibers	1 motility	† motility
	Sphincter muscles	Contraction	Relaxation
	Glands	↓ secretions	†secretions
Splenic capsule		Contraction	Noeffect
Liver		† glycogenolysis/gluconeogenesis	
Pancreas	Endocrine pancreas	↓ insulin secretion	
	Exocrine pancreas	↓ secretion	† secretion
Urinary bladder	Detrusor vesicae	Relaxation	Contraction
	Functional bladder sphincter	Contraction	Inhibits contraction
Seminal vesicle and ductus deferens		Contraction (ejaculation)	Noeffect
Uterus		Contraction or relaxation, depending on hormonal status	
Arteries		Vasoconstriction	Vasodilation of the arteries of the penis and clitoris (erection)
Suprarenal glands (medulla)		Release of adrenalin	Noeffect
Urinary tract	Kidney	Vasoconstriction (Lurine formation)	Vasodilation

Fig. 17.9 Autonomic innervation of the intraperitoneal organs



Autonomic Innervation: Urinary & Genital Organs





Numbering continued from p. 245. Sympathetic trunk Posterior vagal trunk (from right vagus n.) Inferior mesenteric ganglion Lesser splanchnic n. (T10–T11) Least splanchnic n. (T12) Lumbar splanchnic nn. (L1–L2) Sacral splanchnic nn. (from 1st to 3rd sacral ganglia) Pelvic splanchnic nn. (S2–S4) Renal ganglia Superior hypogastric plexus Inferior hypogastric plexus

Sympathetic fibers
 Parasympathetic fibers

Clinical

Referred pain from the internal organs

The convergence of somatic and visceral afferent fibers to a common level of the spinal cord confuses the relationship between the perceived and actual sites of pain, a phenomenon known as referred pain. Pain impulses from a particular organ are consistently projected to the same well-defined skin area.



Fig. 17.11 Autonomic innervation of the genitalia



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18 Surface Anatomy

Surface Anatomy

Fig. 18.1 Palpable structures in the abdomen and pelvis

Anterior view. See pp. 40–41 for structures of the back.



Fig. 18.2 Surface anatomy of the abdomen and pelvis Anterior view. See pp. 40–41 for structures of the back.



Q1: How would this patient's abdomen be subdivided for descriptive purposes into four quadrants? Name five organs in each quadrant.



Q2: A patient's inguinal region shows a slight swelling just superior to the middle of the inguinal region. What factors (age, anatomical) might assist you in determining if this is a direct or indirect inguinal hemia?



See answers beginning on p. 626.

B Male abdomen and pelvis.

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Upper Limb

19 Shoulder & Arm

Bones of the Upper Limb **Clavicle & Scapula** Humerus Joints of the Shoulder Joints of the Shoulder: Glenohumeral Joint Subacromial Space & Bursae Anterior Muscles of the Shoulder & Arm (I) Anterior Muscles of the Shoulder & Arm (II) Posterior Muscles of the Shoulder & Arm (I) Posterior Muscles of the Shoulder & Arm (II) Muscle Facts (I) Muscle Facts (II) Muscle Facts (III) Muscle Facts (IV) 20 Elbow & Forearm Radius & Ulna **Elbow Joint** Ligaments of the Elbow Joint **Radioulnar Joints** Muscles of the Forearm (I) Muscles of the Forearm (II) Muscle Facts (I) Muscle Facts (II) Muscle Facts (III)

21 Wrist & Hand

Bones of the Wrist & Hand

Joints of the Wrist & Hand

Ligaments of the Wrist & Hand

Ligaments of the Fingers

Muscles of the Hand: Superficial & Middle Layers

Muscles of the Hand: Middle & Deep Layers

Dorsum of the Hand

Muscle Facts (I)

Muscle Facts (II)

22 Neurovasculature

Arteries of the Upper Limb Veins & Lymphatics of the Upper Limb Nerves of the Brachial Plexus Supraclavicular Branches & Posterior Cord Posterior Cord: Axillary & Radial Nerves Medial & Lateral Cords Median & Ulnar Nerves Superficial Veins & Nerves of the Upper Limb Posterior Shoulder & Axilla Anterior Shoulder Topography of the Axilla Topography of the Brachial & Cubital Regions Topography of the Forearm Topography of the Carpal Region Topography of the Palm of the Hand Topography of the Dorsum of the Hand Transverse Sections

23 Surface Anatomy

Surface Anatomy (I) Surface Anatomy (II)

19 Shoulder & Arm

Bones of the Upper Limb

Fig. 19.1 Skeleton of the upper limb

Right limb. The upper limb is subdivided into three regions: arm, forearm, and hand. The shoulder girdle (clavicle and scapula) joins the upper limb to the thorax at the sternoclavicular joint.





C Lateral view.

Fig. 19.2 Palpable bony prominences

Except forthe lunate and trapezoid bones, all of the bones in the upper limb are palpable to some degree through the skin and soft tissues.



A Anteriorview.

B Posterior view.

Clavicle & Scapula

The shoulder girdle (clavicle and scapula) connects the bones of the upper limb to the thoracic cage. Whereas the pelvic girdle (paired hip

bones) is firmly integrated into the axial skeleton (see p. 358), the shoulder girdle is extremely mobile.

Fig. 19.3 Clavicle

Right clavicle. The S-shaped clavicle is visible and palpable along its entire length (generally 12 to 15 cm). Its medial end articulates with the sternum at the sternoclavicular joint (see p. 258). Its lateral end articulates with the scapula attheacromioclavicular joint (see p. 259).



Scapular foramen

The superior transverse ligament of the scapula (see p. 259) may become ossified, transforming the scapular notch into an anomalous bony canal, the scapular foramen. This can lead to compression of the suprascapular nerve as it passes through the canal (see p. 333).



Fig. 19.4 Scapula

Right scapula. In its normal anatomical position, the scapula extends from the 2nd to the 7th rib.



Humerus

Fig. 19.5 Humerus

Right humerus. The head of the humerus articulates with the scapula at theglenohumeral joint (see p. 258). Thecapitellum and trochlea of the humerus articulate with the radius and ulna, respectively, at the elbow (cubital) joint (see p. 282).









Fractures of the humerus

Anterior view. Fractures of the proximal humerus are very common and occur predominantly in older patients who sustain a fall onto the outstretched arm or directly onto the shoulder. Three main types are distinguished.



Extra-articular fractures and intra-articular fractures are often accompanied by injuries of the blood vessels that supply the humeral head (anterior and posterior circumflex humeral arteries), with an associated risk of posttraumatic avascular necrosis.

Fractures of the humeral shaft and distal humerus are frequently associated with damage to the radial nerve.

Joints of the Shoulder

Fig. 19.6 Joints of the shoulder: Overview

Right shoulder, anterior view.



Fig. 19.7 Joints of the shoulder girdle

Right side, superior view.



Fig. 19.8 Scapulothoracic joint

Right side, superior view. In all movements of the shoulder girdle, the scapula glides on a curved surface of loose connective tissue between the serratus anterior and the subscapu-laris muscles. This surface can be considered a scapulothoracic joint.



Fig. 19.9 Sternoclavicular joint

Anterior view with sternum coronally sectioned (left). *Note:* A fibrocartilaginous articular disk compensates for the mismatch of surfaces between the two saddle-shaped articular facets of the clavicle and manubrium sterni.


Fig. 19.10 Acromioclavicular joint

Anterior view. The acromioclavicular joint is a plane joint. Because the articulating surfaces are flat, they must be held in place by strong ligaments, greatly limiting the mobility of the joint.



Injuries of the acromioclavicular joint

A fall onto the outstretched arm or shoulder frequently causes dislocation of the acromioclavicular joint and damage to the coracoclavicular ligaments.



Joints of the Shoulder: Glenohumeral Joint

Fig. 19.11 Glenohumeral joint: Bony elements

Right shoulder.



A Anterior view.

B Posterior view.

Fig. 19.12 Radiograph of the shoulder

Anteroposterior view.



Fig. 19.13 Glenohumeral joint: Capsule and ligaments Right shoulder.



Fig. 19.14 Glenohumeral joint cavity Anterior view.



Fig. 19.15 MRI of the shoulder

Coronal section, anterior view.



Subscapularis Latissimus dorsi

Subacromial Space & Bursae

Fig. 19.16 Subacromial space

Right shoulder.



Fig. 19.17 Subacromial bursa and glenoid cavity

Right shoulder, lateral view of sagittal section with humerus removed.



Fig. 19.18 Subacromial and subdeltoid bursae

Right shoulder, anterior view.



Anterior Muscles of the Shoulder & Arm (I)

Fig. 19.19 Anterior muscles

Right side, anterior view. Muscle origins (O) are shown in red, insertions (I) in blue.





B Deep dissection. Removed: Sternocleidomastoid, trapezius, pectoralis major, deltoid, and external oblique muscles.

Anterior Muscles of the Shoulder & Arm (II)

Fig. 19.20 Anterior dissection

Right arm, anterior view. Muscle origins (O) are shown in red, insertions (I) in blue.



- A Removed: Thoracic skeleton. Partially removed: Latissimus dorsi and serratus anterior.
- B Removed: Latissimus dorsi and serratus anterior.





Supra-

spinatus

Subscapularis

Serratus

anterior (I)



C Removed: Subscapularis and supraspinatus muscles. Partially removed: Biceps brachii. D Removed: Biceps brachii, coracobrachialis, and teres major.

Posterior Muscles of the Shoulder & Arm (I)

Fig. 19.21 Posterior muscles

Right side, posterior view.





Posterior Muscles of the Shoulder & Arm (II)

Fig. 19.22 Posterior dissection

Right arm, posterior view. Muscle origins (0) are shown in red, insertions

(I) in blue.



A Removed: Rhomboids major and minor, serratus anterior, and levator scapulae.



B Removed: Deltoid and forearm muscles.





C Removed: Supraspinatus, infraspinatus, and teres minor. Partially removed: Triceps brachii.

D Removed: Triceps brachii and teres major.

Muscle Facts (I)

The actions of the three parts of the deltoid muscle depend on their relationship to the position of the humerus and its axis of motion. At less than 60 degrees, the muscles act as adductors, but at greater than 60 degrees, they act as abductors. As a result, the parts of the deltoid can act antagonistically as well as synergistically.

Fig. 19.23 Deltoid Right shoulder.



Fig. 19.24 Rotator cuff

Right shoulder. The rotator cuff consists of four muscles: supraspinatus, infraspinatus, teres minor, and subscapularis.



Table 19.2	wuscles o	in the rotator curr				
Muscle	Origin		Insertion		Innervation	Action
① Supraspinatus		Supraspinous fossa			Supracapulara (C4 C6)	Abduction
@ Infraspinatus	Feanula	Infraspinous fossa	Humanur	Greater tuberosity	Suprascapular II. (C4-C0)	4-C6) Abduction External rotation
③ Teres minor	Scapula	Lateral border	er		Axillary n. (C5, C6)	External rotation, weak adduction
④ Subscapularis		Subscapular fossa		Lesser tuberosity	Subscapular n. (C5, C6)	Internal rotation

Muscle Facts (II)

Fig. 19.25 Pectoralis major and coracobrachialis

Anterior view.



Table 19.3	Pectoralis major and coracobrachialis							
Muscle		Origin	Insertion	Innervation	Action			
	① Clavicular part	Clavicle (medial half)			Entire muscle: adduction, internal			
Pectoralis major	② Sternocostal part	Sternum and costal cartilages 1–6	Humerus (crest of greater	Medial and lateral pectoral nn.	rotation Clavicular and sternocostal parts: flexion; assist in respiration when shoulder is fixed			
, e c cor ano ringjor	③ Abdominal part	Rectus sheath (anterior layer)	tuberosity)	(C5-T1)				
④Coracobrachialis		Scapula (coracoid process)	Humerus (in line with crest of lesser tuberosity)	Musculocutaneous n. (C6, C7)	Flexion, adduction, internal rotation			

Fig. 19.26 Subclavius an pectoralis minor

Right side, anterior view.



Fig. 19.27 Serratus anterior Right lateral view.



A Serratus anterior.



Table 19.4	Subclavius, pectoralis minor, and serratus anterior					
Muscle		Origin	Insertion	Innervation	Action	
① Subclavius		1st rib	Clavicle (inferior surface)	N. to subclavius (C5, C6)	Steadies the clavicle in the sternoclavicular joint	
⁽²⁾ Pectoralis minor		3rd to 5th ribs	Coracoid process	Medial and lateral pectoral nn. (C6–T1)	Draws scapula downward, causing inferior angle to move posteromedially; rotates glenoid inferiorly; assists in respiration	
	③ Superior part				Superior part: lowers the raised arm	
Serratus anterior	Intermediate part Ist to 9th ribs Sinferior part		Scapula (medial border)	Long thoracic n. (C5–C7)	Entire muscle: draws scapula laterally forward; elevates ribs when shoulder is fixed	
					Inferior part: rotates scapula laterally	

Muscle Facts (III)

Fig. 19.28 Trapezius

Posterior view.



Fig. **19.29** Levator scapulae with rhomboids major and minor Right side, posterior view.





A Schematic.

B Levator scapulae with rhomboids major and minor.

Table 19	0.5 Trapez	Trapezius, levator scapulae, and rhomboids major and minor						
Muscle		Origin	Insertion	Innervation	Action			
	① Descending part	Occipital bone; spinous process of C1–C7	Clavicle (lateral one third)	Accessory n. (CN XI); cervical	Draws scapula obliquely upward; rotates glenoid cavity superiorly; tilts head to same side and rotates it to opposite			
Trapezius	② Transverse part	Aponeurosis at T1–T4 spinous processes	Acromion		Draws scapula medially			
	③Ascending	Spinous process of T5–T12	Scapular spine	piecus (C3-C4)	Draws scapula medially downward			
	part				Entire muscle: steadies scapula on thorax			
Levator scapulae		Transverse process of C1–C4	Scapula (superior angle)		Draws scapula medially upward while moving inferior angle medially; inclines neck to same side			
③Rhomboid minor		Spinous process of C6, C7	Medial border of scapula	Dorsal scapular				
© Rhomboid major		Spinous process of T1–T4 vertebrae	above (minor) and below (major) scapular spine		Steadies scapula; draws scapula medially upward			
CN - crania	al nerve.							

Fig. 19.30 Latissimus dorsi and teres major

Posterior view.



Muscle		Origin	Insertion	Innervation	Action	
Latissimus dorsi	① Vertebral part	Spinous process of T7–T12 vertebrae; thoracolumbar fascia				
	② Scapular part	Scapula (inferior angle)	Crest of lesser	Thoracodorsal n. (C6–C8)	Internal rotation, adduction, extension, respiration ("cough muscle")	
	③ Costal part	9th to 12th ribs	humerus (anterior			
	④ Iliac part	lliac crest (posterior one third)	angle)			
⑤ Teres major		Scapula (inferior angle)		Lower subscapular n. (C5–C7)	Internal rotation, adduction, extension	

Muscle Facts (IV)

The anterior and posterior muscles of the arm may be classified respectively as flexors and extensors relative to the movement of the elbow joint. Although the coracobrachialis is topographically part of the anterior compartment, it is functionally grouped with the muscles of the shoulder (see p. 274).

Fig. 19.31 Biceps brachii and brachialis

Right arm, anterior view.



Table 19.7		Anterior group: Biceps brachii and brachialis						
Muscle		Origin	Insertion	Innervation	Action			
Biceps	① Lon head	9 Supraglenoid tubercle of scapula	Dadial to the second to	Mumbrature (CE CE)	Elbow joint: flexion; supination* Shoulder joint: flexion; stabilization of humeral head during deltoid contraction; abduction and internal rotation of the humerus			
brachii	② Sho head	rt d Coracoid process of scapula		Musculocutaneous n. (C5–C6)				
③Brachialis		Humerus (distal half of anterior surface)	Ulnar tuberosity	Musculocutaneous n. (C5–C6) and radial n. (C7, minor)	Flexion at the elbow joint			
* Note: W	hen the e	lbow is flexed, the biceps brachii acts as a	powerful supinator be	ecause the lever arm is almost perpe	ndicular to the axis of pronation/supination.			

Fig. 19.32 Triceps brachii and anconeus

Right arm, posterior view.



Table 19.8 Post		erior group: Triceps brachii and anconeus					
Muscle		Origin	Insertion	Innervation	Action		
	① Long head	Scapula (infraglenoid tubercle)			Elbow joint: extension Shoulder joint, long head: extension and adduction		
Triceps	② Medial head	Posterior humerus, distal to radial groove; medial intermuscular septum	Olecranon of ulna Radial n. (C6–C8)				
brachii	③ Lateral head	Posterior humerus, proximal to radial groove; lateral intermuscular septum		Radial n. (C6–C8)			
④Anconeus		Lateral epicondyle of humerus (variance: posterior joint capsule)	Olecranon of ulna (radial surface)		Extends the elbow and tightens its joint		

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20 Elbow & Forearm

Radius & Ulna

Fig. 20.1 Radius and ulna Right forearm.





Elbow Joint

Fig. 20.2 Elbow (cubital) joint

Right limb. The elbow consists of three articulations between the humerus, ulna, and radius: the humeroulnar, humeroradial, and proximal radioulnar joints.



Fig. 20.3 MRI of the elbow joint

Sagittal section.



Fig. 20.4 Humeroulnar joint

Sagittal section through the humeroulnar joint, medial view.


Clinical

Assessing elbow injuries

The fat pads between the fibrous capsule and synovial membrane are part of the normal anatomy of the elbow joint. The anterior pad is most readily seen on a sagittal MRI while the posterior pad is often hidden within the bony fossa (Fig. 20.3). With an effusion of the joint space, the inferior edge of the anterior pad appears concave as it gets pushed superiorly by the intra-articular fluid. This causes the pad to resemble the shape of a ship's sail, thus creating a characteristic "sail sign." The alignment of the prominences in the elbow also aids in the identification of fractures and dislocations.



Ligaments of the Elbow Joint

Fig. 20.5 Ligments of the elbow joint

Right elbow in flexion.



Joint	Articulating sur	Ligament	
Humeroulnar joint	Trochlea	Ulna (trochlear notch)	Ulnar collateral l.
Humeroradial joint	Capitellum	Radius (articular fovea)	Radial collateral l.
Proximal radioulnar joint	Radius (articular circumference)	Ulna (radial notch)	Annular l.

Fig. 20.6 Joint capsule of the elbow

Right elbow in extension, anterior view.



A Intact joint capsule.

B Windowed joint capsule.

Radioulnar Joints

The proximal and distal radioulnar joints function together to enable pronation and supination movements of the hand. The joints are functionally linked by the interosseous membrane. The axis for pronation and supination runs obliquely from the center of the humeral capitellum through the center of the radial articular fovea down to the styloid process of the ulna.

Fig. 20.7 Supination



Fig. 20.8 Pronation



Subluxation of the radial head ("nursemaid's elbow")

When small children are abruptly pulled up by their arm, the immature head of the radius can dislocate from the annular ligament, resulting in painful pronation.

Fig. 20.9 Proximal radioulnar joint

Right elbow, proximal (superior) view.



B Radius removed.



Radius fracture

Falls onto the outstretched arm often result in fractures of the distal radius. In a "Colles' fracture," the distal fragment is tilted dorsally.



Fig. 20.10 Distal radioulnar joint rotation

Right forearm, distal view of articular surfaces of radius and ulna. The dorsal and palmar radioulnar ligaments stabilize the distal radioulnar joint.





B Semipronation.



C Pronation.

Muscles of the Forearm (I)

Fig. 20.11 Anterior muscles

Right forearm, anterior view. Muscle origins (O) are shown in red, insertions (I) in blue.





A Superficial flexors and radialis group.



B Removed: Radialis group (brachioradialis, extensor carpi radialis longus, and extensor carpi radialis brevis), flexor carpi radialis, flexor carpi ulnaris, abductor pollicis longus, palmaris longus, and biceps brachii.





C Removed: Pronator teres and flexor digitorum superficialis.

D Removed: Brachialis, supinator, pronator quadratus, and deep flexors.

Muscles of the Forearm (II)

Fig. 20.12 Posterior muscles

Right forearm, posterior view. Muscle origins (O) are shown in red, insertions (I) in blue.





C Removed: Abductor pollicis longus, extensor pollicis longus, and radialis group. D Removed: Flexor digitorum profundus, supinator, extensor pollicis brevis, and extensor indicis.

Muscle Facts (I)

Fig. 20.13 Anterior compartment



Table 20.2 Ant	erior compartment of the forear	m		
Muscle	Origin	Insertion	Innervation	Action
Superficial group				
① Pronator teres	Humeral head: medial epicondyle of humerus Ulnar head: coronoid process	Lateral radius (distal to supinator insertion)	Madaaa (65, 67)	Elbow: weak flexor Forearm: pronation
② Flexor carpi radialis	Medial opicandula of humanur	Base of 2nd metacarpal (variance: base of 3rd metacarpal)	Median n. (C6, C7)	Wrist: flexion and abduction (radial deviation) of hand
③ Palmaris longus	mediarepicondyle of numerus	Palmar aponeurosis	Median n. (C7, C8)	Elbow: weak flexion Wrist: flexion tightens palmar aponeurosis
Flexor carpi ulnaris Humeral head: medial epicondyle Ulnar head: ole cranon		Pisiform; hook of hamate; base of 5th metacarpal	Ulnar n. (C7–T1)	Wrist: flexion and adduction (ulnar deviation) of hand
Interme diate group				
⑤ Flexor digitorum super	ficialis Humeral head: medial epicondyle Ulnar head: coronoid process	Sides of middle phalanges of 2nd to 5th digits	Median n. (C8, T1)	Elbow: weak flexor Wrist, MCP, and PIP joints of 2nd to 5th digits: flexion
Deep group	10. 10.		l).	
⑥ Flexor digitorum profu	ndis Ulna (two thirds of flexor surface) and interosseous membrane	Distal phalanges of 2nd to 5th digits (palmar surface)	Median n. (C8, T1) Ulnar n. (C8, T1)	Wrist, MCP, PIP, and DIP of 2nd to 5th digits: flexion
⑦ Flexor pollicis longus	Radius (midanterior surface) and adjacent interosseous membrane	Distal phalanx of thumb (palmar surface)	Median n. (C7, C8)	Wrist: flexion and abduction (radial deviation) of hand Carpometacarpal of thumb: flexion MCP and IP of thumb: flexion
Pronator quadratus	Distal quarter of ulna (anterior surface)	Distal quarter of radius (anterior surface)		Hand: pronation Distal radioulnar joint: stabilization
DIP - distal interphalange	eal; IP – interphalangeal; MCP – metacarpop	halangeal; PIP - proximal interphala	ngeal.	

Fig. 20.14 Superficial and intermediate groups



Fig. 20.15 Deep group



Muscle Facts (II)

Fig. 20.16 Radialis group



Table 20.3 Posterior compartment of the forearm: Radialis muscles					
Muscle	Origin	Insertion	Innervation	Action	
^① Brachioradialis	Distal humerus (distal surface), lateral intermuscular septum	Styloid process of the radius	Radial n. (C5, C6)	Elbow: flexion Forearm: semipronation	

Muscle	Origin	Insertion	Innervation	Action
② Extensor carpi radialis longus	Lateral supracondylar ridge of distal humerus, lateral intermuscular septum	2nd metacarpal (base)	Radial n. (C6, C7)	Elbow: weak flexion Wrist: extension and abduction
Extensor carpi radialis brevis	Lateral epicondyle of humerus	3rd metacarpal (base)	Radial n. (C7, C8)	

Fig. 20.17 Radialis muscles of the forearm

Right forearm.



Muscle Facts (III)

Fig. 20.18 Superficial group



Fig. 20.19 **Deep group** Right forearm, posterior view.



Table 20.4 F	Posterior compartment of the fore	arm		
Muscle	Origin	Insertion	Innervation	Action
Superficial group				
①Extensor digitorum	n Common head (lateral epicondyle	Dorsal digital expansion of 2nd to 5th digits	Radial n. (C7, C8)	Wrist: extension MCP, PIP, and DIP of 2nd to 5th digits: extension/abduction of fingers
②Extensor digiti min	of humerus) imi	Dorsal digital expansion of 5th digit		Wrist: extension, ulnar abduction of hand MCP, PIP, and DIP of 5th digit: extension and abduction of 5th digit
③Extensor carpi ulna	Common head (lateral epicondyle ris of humerus) Ulnar head (dorsal surface)	Base of 5th metacarpal		Wrist: extension, adduction (ulnar deviation) of hand
Deep group			2	
④ Supinator	Olecranon, lateral epicondyle of humerus, radial collateral ligament, annular ligament of radius	Radius (between radial tuberosity and insertion of pronator teres)	Radial n. (C6, C7)	Radioulnar joints: supination
⑤ Abductor pollicis lo	ngus Radius and ulna (dorsal surfaces, interosseous membrane)	Base of 1st metacarpal		Radiocarpal joint: abduction of the hand Carpometacarpal joint of thumb: abduction
© Extensor pollicis br	evis Radius (posterior surface) and interosseous membrane	Base of proximal phalanx of thumb	Radial n. (C7, C8)	Radiocarpal joint: abduction (radial deviation) of hand Carpometacarpal and MCP of thumb: extension
⑦ Extensor pollicis lo	ulna (posterior surface) and interosseous membrane	Base of distal phalanx of thumb		Wrist: extension and abduction (radial deviation) of hand Carpometacarpal of thumb: adduction MCP and IP of thumb: extension
Extensor indicis	Ulna (posterior surface) and interosseous membrane	Posterior digital extension of 2nd digit		Wrist: extension MCP, PIP, and DIP of 2nd digit: extension
DIP - distal interphala	angeal; IP – interphalangeal; MCP – metacarpo	ophalangeal; PIP - proximal interphalar	ngeal.	

Fig. 20.20 Muscles of the posterior forearm



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21 Wrist & Hand

Bones of the Wrist & Hand

Fig. 21.1 Dorsal view Right hand.





Fig. 21.2 Palmar view

Right hand.



Fig. 21.3 Radiograph of the wrist

Anteroposterior view of left limb.





Scaphoid Fractures

Scaphoid fractures are the most common carpal bone fractures, generally occurring at the narrowed waist between the proximal and distal poles (**A**, right scaphoid). Because blood supply to the scaphoid is transmitted via the distal segment, fractures at the waist can compromise the supply to the proximal segment, often resulting in nonunion and avascular necrosis



Joints of the Wrist & Hand

Fig. 21.4 Joints of the wrist and hand



C Radiograph of wrist. Radial view.

Fig. 21.5 Wrist and hand: Coronal section Right hand.




Ligaments of the Wrist & Hand

Fig. 21.6 Ligaments of the hand

Right hand.



Fig. 21.7 Ligaments of the carpal tunnel

Right hand, anterior view.



B Bony boundaries of the carpal tunnel.

Fig. 21.8 Carpal tunnel

Transverse section. The contents of the carpal tunnel are discussed on p. 342. See p. 343 for the ulnar tunnel and palmar carpal ligment.



Ligaments of the Fingers

Fig. 21.9 Ligaments of the fingers: Lateral view

Right middle finger. The outer fibrous layer of the tendon sheaths (stratum fibrosum) is strengthened by the annular and cruciform ligaments, which also bind the sheaths to the palmar surface of the phalanx and prevent palmar deviation of the sheaths during flexion.



A Extension. Note: Whereas the 1st through 5th annular ligaments (A1–A5) have fixed positions, the cruciform ligaments (C1–C3) are highly variable in their course.





E Joint capsules, ligaments, and digital tendon sheaths.

Fig. 21.10 Anterior view

Right middle finger, palmar view.



Fig. 21.11 Third metacarpal: Transverse section **Proximal view.**



Fig. 21.12 Fingertip: Longitudinal section

The palmar articular surfaces of the phalanges are enlarged proximally at the joints by the palmar ligament. This fibrocartilaginous plate, also known as the volar plate, forms the floor of the digital tendon sheaths.



Muscles of the Hand: Superficial & Middle Layers

Fig. 21.13 Intrinsic muscles of the hand: Superficial and middle layers

Right hand, palmar surface.



Dupuytren's contracture

Gradual atrophy of the palmar aponeurosis leads to progressive shortening of the palmar fascia, chiefly affecting the 4th and 5th digits. Over a period of years, the contracture may become so severe that the fingers assume a flexed position (with fingertips touching the palms), severely compromising the grasping ability of the hand. The causes of Dupuytren's contracture are poorly understood, but it is a relatively common condition, most prevalent in men over 40 and associated with chronic liver disease (i.e., cirrhosis). Treatment generally consists of complete surgical removal of the palmar aponeurosis.



Tendon sheath communication

The digital tendon sheath of the thumb is continuous with the carpal tendon sheath of the pollicis longus. The remaining fingers show variable communication with the carpal tendon sheaths (A is the most common variation). Infections within the tendon sheaths from puncture wounds of the fingers can track proximally to communicating spaces of the hand.



Muscles of the Hand: Middle & Deep Layers

Fig. 21.14 Intrinsic muscles: Middle and deep layers Right hand, palmar surface.



Fig. 21.15 Origins and insertions

Right hand. Muscle origins shown in red, insertions in blue.



Dorsum of the Hand

Fig. 21.16 Extensor retinaculum and dorsal carpal tendon sheaths

Right hand, posterior (dorsal) view.



Fig. 21.17 Muscles and tendons of the dorsum Right hand.



B Dorsal compartments, proximal view of section in Fig. 21.16.

Fig. 21.18 Dorsal digital expansion

Right hand, middle finger. The dorsal digital expansion permits the long digital flexors and the short muscles of the hand to act on all three finger joints.



Muscle Facts (I)

The intrinsic muscles of the hand are divided into three groups: the thenar, hypothenar, and metacarpal muscles (see p. 314). The thenar muscles are responsible for movement of the thumb, while the hypothenar muscles move the 5th digit.

Table 21.3 The	nar muscles					
Muscle	Origin	Insertion		Innervation		Action
A ALL	Transverse head: 3rd metacarpal (palmar surface)	Thumb (base of proximal phalanx)	Via the ulnar ses amoid	Ulnar n.	C8, T1	CMC joint of thumb: adduction MCP joint of thumb: flexion
	Oblique head: capitate bone, 2nd and 3rd metacarpals (bases)					
② Abductor pollicis brevis	Scaphoid bone and trapezium, flexor retinaculum		Via the radial sesamoid	Median n.		CMC joint of thumb: abduction
⑦ Flexor pollicis brevis	Superficial head: flexor retinaculum			Superficial head: median n.		CMC joint of thumb: flexion
	Deep head: capitate bone, trapezium			Deep head: ulnar n.		
④ Opponens pollicis	Trapezium	First metacarp	al (radial border)	Median n.		CMC joint of thumb: opposition
CMC - carpometacarpal;	MCP – metacarpophalangeal.					

Fig. 21.19 Thenar and hypothenar muscles

Right hand, palmar (anterior) view.



Table 21.4	Hypothenar muscles			
Muscle	Origin	Insertion	Innervation	Action
⑤ Opponens dig minimi	iti Hook of hamate, flexor retinac	5th metacarpal (ulnar border)		Draws metacarpal in palmar direction (opposition)
⑥ Flexor digiti m	inimi	5th proximal phalanx (base)		MCP joint of little finger: flexion
② Abductor digit minimi	ti Pisiform bone	5th proximal phalanx (ulnar base) and dorsal digital expansion of 5th digit	Ulnar n. (C8, T1)	MCP joint of little finger: flexion and abduction of little finger PIP and DIP joints of little finger: extension
Palmaris brevis	Palmar aponeurosis (ulnar bon	der) Skin of hypothenar eminence		Tightens the palmar aponeurosis (protective function)
DIP - distal inter	phalangeal; MCP - metacarpophalangea	al; PIP – proximal interphalangeal.		

Fig. 21.20 Thenar and hypothenar muscles

Right hand, palmar (anterior) view.



Muscle Facts (II)

The metacarpal muscles of the hand consist of the lumbricals and interossei. They are responsible for the movement of the digits (with the hypothenars, which act on the 5th digit).

Fig. 21.21 Lumbricals

Right hand, palmar view.



Fig. 21.22 Dorsal interossei

Right hand, palmar view.



Fig. 21.23 Palmar interossei Right hand, palmar view.



Table 21.5	5 Me	Metacarpal muscles					
Muscle group	Muscle	Origin	Insertion	Innervation	Action		
Lumbricals	①1st	Tour dama of flow on distances and founded (and in laide a)	2nd digit (dde)	Median n. (C8, T1)	2nd to 5th digits: • MCP joints: flexion • Proximal and distal IP joints: extension		
	@ 2nd	rendons of nexor digitorum profundus (radiai sides)	3rd digit (dde)				
	③ 3rd	Tendons of flexor digitorum profundus (bipennate	4th digit (dde)				
	@4th	from medial and lateral sides)	5th digit (dde)				
Dorsal interossei	③1st	1st and 2nd metacarpals (adjacent sides, two heads)	2nd digit (dde) 2nd proximal phalanx (radial side)		2nd to 4th digits: • MCP joints: flexion • Proximal and distal IP joints: extension and abduction from 3rd digit		
	© 2nd	2nd and 3rd metacarpals (adjacent sides, two heads)	3rd digit (dde) 3rd proximal phalanx (radial side)				
	@ 3rd	3rd and 4th metacarpals (adjacent sides, two heads)	3rd digit (dde) 3rd proximal phalanx (ulnar side)	Ulnar n.			
	® 4th	4th and 5th metacarpals (adjacent sides, two heads)	4th digit (dde) 4th proximal phalanx (ulnar side)	(C8, T1)	,		
Palmar interossei	@1st	2nd metacarpal (ulnar side)	2nd digit (dde) 2nd proximal phalanx (base)		2nd, 4th, and 5th digits: • MCP joints: flexion • Proximal and distal IP joints: extension and adduction		
	@ 2nd	4th metacarpal (radial side)	4th digit (dde) 4th proximal phalanx (base)				
	(1) 3rd	5th metacarpal (radial side)	5th digit (dde) 5th proximal phalanx (base)		toward 3rd digit		
dde - dorsal	digitalexpa	ansion; IP – interphalangeal; MCP – metacarpophalange	al.				

Fig. 21.24 Metacarpal muscles

Right hand, palmar (anterior) view.



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22 Neurovasculature

Arteries of the Upper Limb

Fig. 22.1 Arteries of the upper limb

Right side, anterior view.



Fig. 22.2 Branches of the subclavian artery

Right side, posterior view.



Fig. 22.3 Scapular arcade

Right side, posterior view.



Fig. 22.4 Arteries of the forearm and hand

Right limb. The ulnar and radial arteries are interconnected by the

superficial and deep palmar arches, the perforating branches, and the dorsal carpal network.



Veins & Lymphatics of the Upper Limb

Fig. 22.5 Veins of the upper limb

Right limb, anterior view.



Fig. 22.6 Veins of the dorsum

Right hand, posterior view.



Fig. 22.7 Cubital fossa

Right limb, anterior view. The subcutaneous veins of the cubital fossa have a highly variable course.



Venipuncture

The veins of the cubital fossa are frequently used when drawing blood. In preparation, a tourniquet is applied. This allows arterial blood to flow, but blocks the return of venous blood. The resulting swelling makes the veins more visible and palpable.

Lymph from the upper limb and breast drains to the axillary lymph nodes. The superficial lymphatics of the upper limb lie in the subcutaneous tissue, while the deep lymphatics accompany the arteries and deep veins. Numerous anastomoses exist between the two systems.

Fig. 22.8 Lymph vessels of the upper limb Right limb.



Fig. 22.9 Lymphatic drainage of the hand

Right hand, radial view. Most of the hand drains to the axillary nodes via cubital nodes. However, the thumb, index finger, and dorsumofthe hand drain directly.



Fig. 22.10 Axillary lymph nodes

Right side, anterior view. The axillary lymph nodes are divided into three levels with respect to the pectoralis minor. They have major clinical importance in breast cancer (see p. 65).



Nerves of the Brachial Plexus

Almost all muscles in the upper limb are innervated by the brachial plexus, which arises from spinal cord segments C5 to T1. The anterior rami of the spinal nerves give off direct branches (supraclavicular part of the brachial plexus) and merge to form three trunks, six divisions (three anterior and three posterior), and three cords. The infraclavicular part of the brachial plexus consists of short branches that arise directly from the cords and long (terminal) branches that traverse the limb.



Table 22.1		Nerves of the brachial plexus			
Supracl	avicular pa	rt			
Direct br	anches from	the anterior rai	ni or plexus tr	unks	
	Dorsal sca	al scapular n.			
	Suprascap	Suprascapular n.			
•	N. to the s	ubclavius		C5-C6	
	Long thora	ong thoracic n.			
Infrada	vicular par	t			
Short an	d long branct	nes from the pla	exus cords		
		Lateral pectoral n.			
•	Lateral cord	Musculocutaneous n.			
		Median n.	Lateral root	C6-C7	
	Medial cord		Medial root		
		Medial pectoral n.		C8-T1	
•		Median antebrachial cutaneous n.			
		Medial brachial cutaneous n.		т1	
		Ulnar n.		C7-T1	
		Upper subscapular n.		C5-C6	
	Posterior cord	Thoracodorsal n.		C6-C8	
		Lower subscapular n. Axillary n.		C5-C6	
		Radial n.	C5-T1		

Fig. 22.11 Brachial plexus

Right side, anterior view.



Supraclavicular Branches & Posterior Cord
Fig. 22.12 Supraclavicular branches Right shoulder.



C Long thoracic nerve and nerve to the subclavius. Right lateral view.

The supraclavicular branches of the brachial plexus arise directly from the plexus roots (anterior rami of the spinal nerves) orfrom the plexus trunks in the lateral cervical triangle.

Table 22.2 Supraclavicular branches		
Nerve	Level	Innervated muscle
Dorsal scapular n.	C4–C5	Levator scapulae Rhomboids major and minor
Suprascapular n.	C4–C6	Supraspinatus Infraspinatus
Nerve to the subclavius	C5–C6	Subclavius Intercostobrachial nn.
Long thoracic n.	C5–C7	Serratus anterior

Fig. 22.13 **Posterior cord: Short branches**

Right shoulder.



B Thoracodorsal nerve. Posterior view.

The posterior cord gives off three short branches (arising at the level of the plexus cords) and two long branches (terminal nerves, see pp. 324–325).

Table 22.3 Branches of the posterior cord			
Nerve	Level	Innervated muscle	

Nerve	Level	Innervated muscle		
Short branches	Short branches			
Upper subscapular		Subscapularis		
n.	C5 $C6$			
Lower subscapular	0-00	Subscapularis Teres		
n.		major		
Thoracodorsal n.	C6–C8	Latissimus dorsi		
Long (terminal) branches				
Axillary n.	C5–C6	Seep. 324		
Radial n.	C5–T1	Seep. 325		

Posterior Cord: Axillary & Radial Nerves

Fig. 22.14 Axillary nerve: Sensory distribution Right limb.



The axillary nerve may be damaged in a fracture of the proximal humerus. This results in limited ability to abduct the arm, and may cause a loss of profile of the shoulder.

Fig. 22.15 Axillary nerve

Right side, anterior view.



Table 22.4Axillary nerve (C5–C6)		
Motor	Innervated	
branches	muscles	

Motor	Innervated	
branches	muscles	
Muscular	Deltoid	
branches	Teres minor	
Sensory branch		
Superior lateral cutaneous n.		

Fig. 22.16 Radial nerve: Sensory distribution



A Anterior view.

B Posterior view.

Table 22.5 Radial nerve (C5–T1)		
Motor branches	Innervated muscles	
Muscular	Brachialis (partial)	
branches	Triceps brachii	

Motor	Innervated	
branches	muscles	
	Anconeus	
	Brachioradialis	
	Extensors carpi	
	radialis longus and	
	brevis	
	Supinator	
	Extensor digitorum	
	Extensor digiti	
Deep branch	minimi	
(terminal	Extensor carpi	
branch: posterior	ulnaris	
	Extensors pollicis	
Interosseous n.)	brevis and longus	
	Extensor indicis	
	Abductor pollicis	
	longus	
Sensory branches		
Articular branch	es from radial n.:	
Capsule of the shoulder joint		
Articular branches from posterior		
interosseousn.: Joint capsule of the		
wrist and four ra	dial	
metacarpophalangeal joints		
Posterior brachial cutaneous n.		
Inferior lateral brachial cutaneous n.		
Posterior antebrachial cutaneous n.		
	Dorsal digital nn.	
Superficial	Ulnar	
branches	communicating	
	branch	

Fig. 22.17 Radial nerve

Right limb, anteriorviewwith forearm pronated.



Clinical

Chronic radial nerve compression in the axilla (e.g., due to extended/ improper crutch use) may cause loss of sensation or motor function in the hand, forearm, and posterior arm. More distal injuries (e.g., during anesthesia) affect fewer muscles, potentially resulting in wrist drop with intact triceps brachii function.

Medial & Lateral Cords

The medial and lateral cords give off four short branches. The intercostobrachial nerves are included with the short branches of the brachial plexus, although they are actually the cutaneous branches of the 2nd and 3rd intercostal nerves.

Table 22.6 Br	anches	of the media	and lateral cords
Nerve	Level	Cord	Innervated muscle
Short branches			
Lateral pectoral n.	C5-C7	Lateral cord	Pectoralis major
Medial pectoral n.	C8T1	Medial cord	Pectoralis major and minor
Medial brachial cutaneous n.	T1		
Medial antebrachial cutaneous n.	C8-T1		— (sensory branches)
Intercostobrachial nn.	T2-T3		
Long (terminal) brand	hes		
Musculocutaneous n.	C5-C7	Lateral cord	Coracobrachialis Biceps brachii Brachialis
Median n.	C6T1	Medial cord	See p. 328
Ulnar n.	C7-T1		See p. 329

Fig. 22.18 Medial and lateral cords: Short branches Right side, anterior view.



A Medial and lateral pectoral nerves.



B Intercostobrachial nerves.

Fig. 22.19 Short branches: Sensory distribution



A Anterior view.

B Posterior view.

Fig. 22.20 Musculocutaneous nerve

Right limb, anterior view.



Table 22.7	Musculocutaneous	
nerve(C5–C7)		
Motor	Innervated muscles	
branches		
	Coracobrachialis	
Muscular branches	Biceps brachii	
brunenes	Brachialis	
Sensory branches		
Lateral antebrachial cutaneous n.		
Articular branches: Joint capsule of		
the elbow (anterior part)		
<i>Note:</i> Musculocutaneous nerve		
innervation of the arm is purely		
motor; innervation of the forearm is		
purely sensory.		

Fig. 22.21 Musculocutaneous nerve: Sensory distribution



A Anterior view.

B Posteriorview.

Median & Ulnar Nerves

The median nerve is a terminal branch arising from both the medial and lateral cords. The ulnar nerve arises exclusively from the medial cord.

Fig. 22.22 Median nerve

Right limb, anterior view.





Clinical

Median nerve injury caused by fracture/ dislocation of the elbow joint may result in compromised grasping ability and sensory loss in the fingertips (see Fig. 22.23 forterritories). See also carpal tunnel syndrome (p. 343).

Fig. 22.23 Median nerve: Sensory distribution



A Anteriorview.

B Posterior view.

Table 22.8 Median nerve (C6–T1)		
Motor branches	Innervated muscles	
Direct muscular branches	Pronator teres Flexor carpi radialis Palmaris longus Flexor digitorum superficialis	
Muscular branches Pronator from anterior antebrachial Interosseous n.	Pronator quadratus Flexor pollicis longus	

Motor branches	Innervated muscles	
	Flexor digitorum profundus (radial half)	
	Abductor pollicis brevis	
Thenar muscular branch	Flexor pollicis brevis (superficial head)	
	Opponens pollicis	
Muscular		
branches from	1st and 2nd	
common palmar	lumbricals	
digital nn.		
Sensory branches		
Articular branches: Capsules of the elbow and wrist joints		
Palmar branch of median n. (thenar eminence)		
Communicating branch to ulnar n.		
Common palmar digital nn.		

Fig. 22.24 Ulnar nerve: Sensory distribution



A Anterior view.

B Posterior view.

Table 22.9 Ulnar nerve (C7–T1)		
Motor branches	Innervated muscles	
Direct muscular	Flexor carpl ulnaris	
branches	Flexor digitorum profundus (ulnar half)	
Muscular branch from superior ulnar n.	Palmaris brevis	
Muscular branches from	Abductor digiti miniml	
deep ulnar n.	Flexor digiti minimi	

Motor branches	Innervated muscles			
	Opponens digiti			
	miniml			
	3 rd and 4th			
	lumbricals			
	Palmar and dorsal			
	interosseous			
	muscles			
	Adductor policis			
	Flexor policis			
	brevis (deep head)			
Sensory branches				
Articular branches: Capsules of the				
elbow, carpal, and				
metacarpophalangeal joints				
Dorsal branch (terminal branches:				
dorsal digital nn.)				
Palmar branch				
Proper palmar digital n. (from				
superficial branch				
Common palmar digital n. (from				
superficial branch; terminal braches;				
proper palmar digital nn.)				

Fig. 22.25 Ulnar nerve

Right limb, anteriorview.



Clinical

Ulnar nerve palsy is the most common peripheral nerve damage. The ulnar nerve is most vulnerable to trauma or chronic compression in the elbow joint and ulnar tunnel (see p. 343). Nerve damage causes "clawing" of the hand and atrophy of the interossei. Sensory losses are often limited to the 5th digit.

Superficial Veins & Nerves of the Upper Limb

Fig. 22.26 Cutaneous innervation of the upper limb: Anterior view



A Peripheral sensory cutaneous innervation.



B Segmental, radicular cutaneous innervation (dermatomes).

Fig. 22.27 Superficial cutaneous veins and nerves of the upper limb





A Anterior view. See p. 344 for nerves of the palm.





B Posterior view. See p. 346 for nerves of the dorsum.

Fig. 22.28 Cutaneous innervation of the upper limb: Posterior view



A Peripheral sensory cutaneous innervation.



B Segmental, radicular cutaneous innervation (dermatomes).

Posterior Shoulder & Axilla

Fig. 22.29 Posterior shoulder

Right shoulder, posterior view. Ro/sed:Trapezius (transverse part). *Windowed:* Supraspinatus. *Revealed:* Suprascapular region.



Table 22.10 Passageway		Neurovascular tracts of the scapula			
		Boundaries	Transmitted structures	Superior transverse scapular ligament	
1	Scapular notch	Superior transverse scapular ligament, scapula	Suprascapular a. and n.	2 Inferior transverse	
(2)	Medial border	Scapula	Dorsal scapular a. and n.	Scapulai ligament	
3	Triangular space	Teres major and minor	Circumflex scapular a.	S S	
۲	Triceps hiatus	Triceps brachii, humerus, teres major	Profunda brachii a. and radial n.		
\$	Quadrangular space	Teres major and minor, triceps brachii, humerus	Posterior circumflex humeral a. and axillary n.		

Fig. 22.30 Axilla: Triangular and quadrangular spaces Right shoulder, posterior view.



Anterior Shoulder

Fig. 22.31 Anterior shoulder: Superficial dissection Right shoulder.



Latissimus dorsi

B Anterior view. *Removed*: Platysma, muscle fasciae, superficial layer of cervical fascia, and pectoralis major (clavicular part). *Revealed*: Clavipectoral triangle.

Fig. 22.32 Shoulder: Transverse section

Right shoulder, inferior view.



Fig. 22.33 Anterior shoulder: Deep dissection

Right limb, anterior view. *Removed:* Sternocleidomastoid, omohyoid, and pectoralis major. This dissection reveals the neurovascular contents of the lateral cervical triangle (see pp. 580–581) and axilla (see pp. 336–337).



Topography of the Axilla

Fig. 22.34 Dissection of the axilla

Right shoulder, anterior view.



A Removed: Pectoralis major and clavipectoral fascia.





Topography of the Brachial & Cubital Regions

Fig. 22.35 Brachial region

Right arm, anterior view. Removed: Deltoid, pectoralis major and minor.

Revealed: Medial bicipital groove.



Fig. 22.36 Cubital region Right elbow, anterior view.


B Superficial cubital fossa. *Removed*: Fasciae and epifascial neurovascular structures.

Topography of the Forearm



Fig. 22.37 Anterior forearm Right forearm, anterior view.

- A Superficial layer. Removed: Fasciae and superficial neurovasculature.
- B Middle layer. Partially removed: Superficial flexors (pronator teres, flexor digitorum superficialis, palmaris longus, and flexor carpi radialis).



Brachial a.



C Deep layer. Removed: Deep flexors.

Fig. 22.38 Posterior forearm

Right forearm, anterior view during pronation. Reflected: Anconeus and

triceps brachii. Resected: Extensor carpi ulnaris and extensor digitorum.



Topography of the Carpal Region

Fig. 22.39 Anterior carpal region

Right hand, anterior (palmar) view.



Fig. 22.40 Ulnar tunnel

Right hand, anterior (palmar) view.



Fig. 22.41 Carpal tunnel: Cross section

Right hand, proximal view. The tight fit of sensitive neurovascular structures with closely apposed, frequently moving tendons in the carpal tunnel often causes problems (carpal tunnel syndrome) when any of the structures swell or degenerate.



Topography of the Palm of the Hand

Fig. 22.42 Superficial neurovascular structures of the palm Right hand, anteriorview.



Fig. 22.43 Neurovasculature of the finger

Right middle finger, lateral view.



B Blood supply to the flexor tendons in the tendon sheath.

A Nerves and arteries.

Fig. 22.44 Deep neuro-vascular structures of the palm

Right hand, anterior view.



Fig. 22.45 Innervation patterns in the palm

Right hand, anterior view.



Topography of the Dorsum of the Hand

Fig. 22.46 Sensory innervation of the dorsum Right hand, posterior view.



Exclusive nerve territories indicated with darker shading.

Fig. 22.47 Anatomic snuffbox

Right hand, radial view. The three-sided "anatomic snuffbox" is bounded by the tendons of insertion of the abductor pollicis longus and extensors pollicis brevis and longus.



Fig. 22.48 Neurovascular structures of the dorsum



Transverse Sections

Fig. 22.49 Windowed dissection

Right limb, anterior view.



A Dissection of the arm.

Fig. 22.50 Transverse sections

Right limb, proximal (superior) view.



B Forearm (plane of section in Fig. 22.49B).

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23 Surface Anatomy

Surface Anatomy (I)

Fig. 23.1 Upper limb: Anterior view



Fig. 23.2 Palpable bony prominences

Right limb.





Fig. 23.3 Upper limb: Posterior view



Q1: Which cutaneous nerves are most vulnerable during intravenous punctures (e.g., drawing blood, injections)?

Q2: Palpation of which skeletal landmarks would allow you to locate and examine the collateral ligaments of the elbow?

Surface Anatomy (II)

Fig. 23.4 Palpable bony structures

Left hand.



A Anterior (palmar) view.



B Posterior (dorsal) view.

Fig. 23.5 Surface anatomy of the wrist

Left wrist, oblique anterolateral view.



Q3: How can the palpable tendons in the wrist be used to determine the location of key arteries and nerves?

Fig. 23.6 Anatomic snuffbox

Left hand, oblique posterolateral view.



Q4: Tenderness in the base of the anatomic snuffbox can suggest a fracture of which of the carpal bones?

See answers beginning on p. 626.



Fig. 23.7 Palm



A Surface anatomy, left palm.

B Musculature, right palm.

Fig. 23.8 Dorsum



A Surface anatomy, left hand.

B Musculature, right hand.

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Lower Limb

24 Hip & Thigh

Bones of the Lower Limb Pelvic Girdle & Hip Bone Femur Hip Joint: Overview Hip Joint: Ligaments& Capsule Anterior Muscles of the Thigh, Hip & Gluteal Region (I) Anterior Muscles of the Thigh, Hip & Gluteal Region (II) Posterior Muscles of the Thigh, Hip & Gluteal Region (I) Posterior Muscles of the Thigh, Hip & Gluteal Region(II) Muscle Facts (I) Muscle Facts (II) Muscle Facts (III) 25 Knee & Leg Tibia & Fibula Knee Joint: Overview Knee Joint: Capsule, Ligaments & Bursae Knee Joint: Ligaments & Menisci **Cruciate Ligaments Knee Joint Cavity** Muscles of the Leg: Anterior& Lateral Views Muscles of the Leg: Posterior View Muscle Facts (I) Muscle Facts (II)

26 Ankle & Foot

Bones of the Foot Joints of the Foot (I) Joints of the Foot (II) Joints of the Foot (III) Ligaments of the Ankle & Foot Plantar Vault & Arches of the Foot Muscles of the Sole of the Foot Muscles & Tendon Sheaths of the Foot Muscle Facts (I) Muscle Facts (II) **27 Neurovasculature**

Arteries of the Lower Limb Veins & Lymphatics of the Lower Limb Lumbosacral Plexus Nerves of the Lumbar Plexus Nerves of the Lumbar Plexus: Obturator & Femoral Nerves Nerves of the Sacral Plexus Nerves of the Sacral Plexus: Sciatic Nerve Superficial Nerves & Vessels of the Lower Limb Topography of the Inguinal Region Topography of the Gluteal Region Topography of the Anterior & Posterior Thigh Topography of the Posterior & Medial Leg Topography of the Lateral & Anterior Leg Topography of the Sole of the Foot Transverse Sections **28 Surface Anatomy Surface Anatomy**

24 Hip & Thigh

Bones of the Lower Limb

Fig. 24.1 Bones of the lower limb

Right limb. The skeleton of the lower limb consists of a limb girdle and an attached free limb. The free limb is divided into the thigh (femur), leg (tibia and fibula), and foot. It is connected to the pelvic girdle by the hip joint.



Fig. 24.2 Line of gravity

Right lateral view. The line of gravity runs vertically from the whole-body center of gravity to the ground with characteristic points of intersection.



Fig. 24.3 Palpable bony prominences in the lower limb

Most skeletal elements of the lower limb have bony prominences, margins, or surfaces (e.g., medial or tibial surfaces) that can be palpated through the skin and soft tissues.



Pelvic Girdle & Hip Bone

Fig. 24.4 Pelvic girdle

Anterior view. Pelvic ring in red.



Each pelvic girdle consists of a hip bone (coxal bone, innominate bone), which articulates with the head of a femur. Unlike the shoulder girdle, the pelvic girdle is firmly integrated into the axial skeleton: the paired hip bones are connected to each other at the cartilaginous pubic symphysis and to the sacrum via the sacroiliac joints. These attachments create the bony pelvic ring (red), permitting very little motion. This stability is an important prerequisite for the transfer of trunk loads to the lower limb (necessary for normal gait).

Fig. 24.5 Right hip bone



Fig. 24.6 Components of the hip bone

Right hip bone. The three bony elements of the hip bone (ilium, ischium, and pubis) come together at the acetabulum. Definitive fusion of the Y-shaped growth plate (triradiate cartilage) occurs between the 14th and 16th years of life.



A Triradiate cartilage of the hip bone. Lateral view.



B Radiograph of right acetabulum of a child.



Femur

Fig. 24.7 Right femur




C Proximal view. The acetabulum has been sectioned in the horizontal plane.



D Distal view. See pp. 382–383 for the knee joint.

Clinical

Fractures of the femur

Femoral fractures caused by falls in patients with osteoporosis are most frequently located in the neck of the femur. Femoral shaft fractures are less frequent and are usually caused by strong trauma (e.g., a car accident).

Fig. 24.8 Head of femur in the hip joint

Right hip joint, superior view.



A Transverse section.





Hip Joint: Overview

Fig. 24.9 Right hip joint

The head of the femur articulates with the acetabulum of the pelvis at the hip joint, a special type of spheroidal (ball-and-socket) joint. The roughly spherical femoral head (with an average radius of curvature of approximately 2.5 cm) is largely contained within the acetabulum.



Fig. 24.10 Hip joint: Coronal section

Right hip joint, anterior view.





B T1-weighted MRI.

A Coronal section.

Diagnosing hip dysplasia and dislocation

Ultrasonography, the most important imaging method for screening the infant hip, is used to identify morphological changes such as hip dysplasia and dislocation. Clinically, hip dislocation presents itself with instability and limited abduction of the hip joint, and leg shortening with asymmetry of the gluteal folds.



Hip Joint: Ligaments & Capsule

The hip joint has three major ligaments: iliofemoral, pubofemoral, and ischiofemoral. The zona orbicularis (annular ligament) is not visible externally and encircles the femoral neck like a buttonhole.



Fig. 24.11 Hip joint: Lateral view

C Acetabulum of right hip joint. Note: The ligament of the femoral head (cut) transmits branches from the obturator artery that nourish the femoral head (see p. 421).

Fig. 24.12 Hip joint: Anterior view



C Joint capsule. Removed: Fibrous membrane (at level of femoral neck). Exposed: Synovial membrane.

Fig. 24.13 Hip Joint: Posterior view



C Joint capsule.

Anterior Muscles of the Thigh, Hip & Gluteal Region (I)

Fig. 24.14 Muscles of the hip and thigh: Anterior view (I)

Right limb. Muscle origins (O) are shown in red, insertions (I) in blue.



A Removed: Fascia lata of thigh (to the lateral iliotibial tract).





B Removed: Sartorius and rectus femoris.





C Removed: Rectus femoris (completely), vastus lateralis, vastus medialis, iliopsoas, and tensor fasciae latae. D Removed: Quadriceps femoris (rectus femoris, vastus lateralis, vastus medialis, vastus intermedius), iliopsoas, tensor fasciae latae, pectineus, and midportion of adductor longus.

Anterior Muscles of the Thigh, Hip & Gluteal Region (II)

Fig. 24.15 Muscles of the hip and thigh: Anterior view (II)

Right limb. Muscle origins (O) are shown in red, insertions (I) in blue.



A *Removed:* Gluteus medius and minimus, piriformis, obturator externus, adductor brevis and longus, and gracilis.

B Removed: All muscles.

Fig. 24.16 Muscles of the hip, thigh, and gluteal region: Medial view

Midsagittal section.



Posterior Muscles of the Thigh, Hip & Gluteal Region (I)

Fig. 24.17 Muscles of the hip, thigh, and gluteal region: Posterior view (I)

Right limb. Muscle origins (O) are shown in red, insertions (I) in blue.





C Removed: Semitendinosus and biceps femoris (partially); gluteus maximus and medius (completely).

D Removed: Hamstrings (semitendinosus, semimembranosus, and biceps femoris), gluteus minimus, gastrocnemius, and muscles of the leg.

Posterior Muscles of the Thigh, Hip & Gluteal Region (II)

Fig. 24.18 Muscles of the hip, thigh, and gluteal region: Posterior view (II)

Right limb. Muscle origins (O) are shown in red, insertions (I) in blue.



Fig. 24.19 Muscles of the hip, thigh, and gluteal region: Lateral view

Note: The iliotibial tract (the thickened band of fascia lata) functions as a tension band to reduce the bending loads on the proximal femur.



Muscle Facts (I)

Table 24.1	Psoas an	d iliacus muscles			
Muscles		Origin	Insertion	Innervation	Action
Iliopsoas	Psoas minor	T12–L1 vertebrae and intervertebral disk (lateral surfaces)	Iliopectine al arch		Assists in upward rotation of the pelvis
	① Psoas major	Superficial: T12–L4 and associated intervertebral disks (lateral surfaces) Deep: L1–L5 vertebrae (transverse processes)	Lesser trochanter	Direct branches from the lumbar plexus (psoas) (L2–L4)	 Hip joint: flexion and external rotation Lumbar spine: unil ateral contraction (with the femur fixed) bends the trunk laterally to the same side; bilateral contraction raises the trunk from the supine position
	@ Iliacus	Iliac fossa		Femoral n. (L2–L4)	

Fig. 24.20 Muscles of the hip Right side.



Table 24.2 G	Gluteal muscles						
Muscle	Origin	Insertion	Innervation	Action			
④ Gluteus maximus	Sacrum (dorsal surface, lateral part), ilium (gluteal surface, posterior part), thoracolumbar fascia, sacrotuberous ligament	Upper fibers: iliotibial tract Lower fibers: gluteal tuberosity	Inferior <mark>glu</mark> teal n. (L5–S2)	 Entire muscle: extends and externally rotates the hip in sagittal and coronal planes Upper fibers: abduction Lower fibers: adduction 			
	Ilium (gluteal surface below the iliac crest between the anterior and posterior gluteal line)	Greater trochanter of the femur (lateral surface)		Entire muscle: abducts the hip, stabilizes the pelvis in the coronal plane Anterior part: flexion and internal rotation Posterior part: extension and external rotation			
© Gluteus minimus	Ilium (gluteal surface below the origin of gluteus medius)	Greater trochanter of the femur (anterolateral surface)	Superior gluteal n. (L4–S1)				
⑦Tensor fasciae latae	Anterior superior iliac spine	lliotibial tract		Tenses the fascia lata Hip joint: abduction, flexion, and internal rotation			
⑧Piriformis	Pelvic surface of the sacrum	Apex of the greater trochanter of the femur	Direct branches from the sacral plexus (S1–S2)	 External rotation, abduction, and extension of the hip joint Stabilizes the hip joint 			
Obturator internus	Inner surface of the obturator membrane and its bony boundaries	Medial surface of the greater trochanter		External rotation, adduction, and extension of the hip joint (also active in abduction, depending on the joint's position)			
@Gemelli	 Gemellus superior: ischial spine Gemellus inferior: ischial tuberosity 	Jointly with obturator internus tendon (medial surface, greater trochanter)	Direct branches from the sacral plexus (L5, S1)				
①Quadratus femoris	Lateral border of the ischial tuberosity	Intertrochanteric crest of the femur		External rotation and adduction of the hip joint			

Fig. 24.21 Psoas and iliacus muscles



Fig. 24.22 Superficial muscles of the gluteal region Right side, posterior view.



Fig. 24.23 Deep muscles of the gluteal region



A Deep layer with gluteus maximus removed.

B Deep layer with gluteus medius removed.

Muscle Facts (II)

Functionally, the medial thigh muscles are considered the adductors of the hip.

Fig. 24.24 Medial group: Superficial layer



B Superficial adductor group.

Table 24.3	Medial thigh muscles: Superficial layer					
Muscle	Origin	Insertion	Innervation	Action		
① Pectineus	Pecten pubis	Femur (pectineal line and the proximal linea aspera)	Femoral n., obturator n. (L2, L3)	 Hip joint: adduction, external rotation, and slight flexion Stabilizes the pelvis in the coronal and sagittal planes 		
②Adductor longus	Superior pubic ramus and anterior side of the symphysis	Femur (linea aspera, medial lip in	Obturator n. (L2–L4)	 Hip joint: adduction and flexion (up to 70 degrees); extension (past 80 degrees of flexion) Stabilizes the pelvis in the coronal and sagittal planes 		
③Adductor brevis	Inferior pubic ramus	the middle third of the femur)				
④Gracilis	Inferior pubic ramus below the symphysis	Tibia (medial border of the tuberosity, along with the tendons of sartorius and semitendinosus)	Obturator n. (L2, L3)	 Hip joint: adduction and flexion Knee joint: flexion and internal rotation 		

Fig. 24.25 Medial group: Deep layer



B Deep adductor group.

Table 24.4 Medial thigh muscles: Deep layer						
Muscle		Origin	Insertion	Innervation	Action	
① Obturatorexte	ernus	Outer surface of the obturator membrane and its bony boundaries	Trochanteric fossa of the femur	Obturator n. (L3, L4)	 Hip joint: adduction and external rotation Stabilizes the pelvis in the sagittal plane 	
② Adductor mini	mus	Inferior pubic ramus	Medial lip of the linea aspera	Obturator n. (L2–L4)	Hip joint: adduction extension, and slight flexion of the hip joint	
		to feelen audio comune inchial comune	 Deep part ("fleshy insertion"): medial lip of the linea spine 	 Deep part: obturator n. (L2–L4) 	 Hip joint: adduction, extention, and slig flexion (the tendinous insertion is also 	
③Adductor magnus		and ischial tuberosity	 Superficial part ("tendinous insertion"): adductor tubercle of the femur 	• Superficial part: tibial n. (L4)	active in internal rotation) • Stabilizes the pelvis in the coronal and sagittal plane	

Muscle Facts (III)

Fig. 24.26 Anterior thigh muscles



Table 24.5	Anterior thig	n muscles			
Muscle		Origin	Insertion	Innervation	Action
① Sartorius		Anterior superior iliac spine	Medial to the tibial tuberosity (toge ther with gracilis and semitendinosus)	Femoral n. (L2, L3)	 Hip joint: flexion, abduction, and external rotation Knee joint: flexion and internal rotation
	② Rectus femoris	Anterior inferior iliac spine, acetabular roof of hip joint	Tibial tuberosity (via patellar ligament)	Femoral n. (L2–L4)	 Hip joint: flexion Knee joint: extension
	③ Vastus medialis	Linea aspera (medial lip), Intertrochanteric line (distal part)	Both sides of tuberosity on the medial and lateral condyles (via the		Knee joint: extension
Quadriceps	④ Vastus lateralis	Linea aspera (lateral lip), greater trochanter (lateral surface)	medial and longitudinal patellar retinacula)		
TEINOID	③ Vastus intermedius	Femoral shaft (anterior side)	Tibial tuberosity (via patellar ligament)		
	Articularis genus (distal fibers of vastus intermedius)	Anterior side of femoral shaft at level of the suprapatellar recess	Suprapatellar recess of knee joint capsule		Knee joint: extension; prevents entrapment of capsule
*The entire n	nuscle inserts on the tibia	I tuberosity via the patellar ligament.			

Fig. 24.27 Posterior thigh muscles



Table 24.6	Posterior thigh muscles					
Muscle	Origin	Insertion	Innervation	Action		
① Biceps femoris	Long head: ischial tuberosity, sacrotuberous ligament (common head with semitendinosus)	Head of fibula	Tibial n. (L5–S2)	 Hip joint (long head): extends the hip, stabilizes the pelvis in the sagittal plane Knee joint: flexion and external rotation 		
	Short head: lateral lip of the linea aspera in the middle third of the femur		Common fibular n. (L5–S2)	Knee joint: flexion and external rotation		
② Semimembranos	us Ischial tuberosity	Medial tibial condyle, oblique popliteal ligament, popliteus fascia		 Hip joint: extends the hip, stabilizes the pelvis in the sagittal plane Knee joint: flexion and internal rotation 		
③ Semitendinosus	Ischial tuberosity and sacrotuberous ligament (common head with long head of biceps femoris)	Medial to the tibial tuberosity in the pes anserinus (along with the tendons of gracilis and sartorius)	Tibial n. (L5–S2)			
See p. 399 for poplit	teus.					

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25 Knee & Leg

Tibia & Fibula

The tibia and fibula articulate at two joints, allowing limited motion (rotation). The crural interosseous membrane is a sheet of tough connective tissue that serves as an origin for several muscles in the leg. It also acts with the tibiofibular syndesmosis to stabilize the ankle joint.

Fig. 25.1 Tibia and fibula

Right leg.









Fibular fracture

When diagnosing a fibular fracture, it is important to determine whether the syndesmosis (see p. 380) is disrupted. Fibular fractures may occur distal to, level with, or proximal to the syndesmosis; the latter two frequently involve tearing of the syndesmosis.



In this fracture, located proximal to the syndesmosis, the syndesmosis is torn, as indicated by the widened medial joint space of the upper ankle joint (see p. 405).



Knee Joint: Overview

In the knee joint, the femur articulates with the tibia and patella. Both joints are contained within a common capsule and have communicating articular cavities. *Note:* The fibula is not included in the knee joint (contrast

to the humerus in the elbow; see p. 282). Instead, it forms a separate rigid articulation with the tibia.



Fig. 25.2 Right knee joint

Fig. 25.3 Knee joint: Radiographs



A Anteroposterior projection.



B Lateral projection.

Fig. 25.4 Patella



C Transverse section through femoropatellar joint. Distal view with right knee in slight flexion.



D Radiographic view of patella and femoral trochlea. Tangential radiographic view with right knee in 60 degrees of flexion ("sunrise" view). Note the width of the joint space due to the thick articular cartilage.

Knee Joint: Capsule, Ligaments & Bursae

Table 25.1	Ligaments of the knee joint				
Extrinsic ligaments					
	Patellar I. Medial longitudinal patellar retinaculum				
Anterior side	Lateral longitudinal patellar retinaculum				
	Medial transverse patellar retinaculum				
	Lateral transverse patellar retinaculum				
Medial and lateral	Medial (tibial) collateral l.				
sides	Lateral (fibular) collateral l.				
Destasionaida	Oblique popliteal l.				
Posteriorside	Arcuate popliteal I.				
Intrinsic ligaments					
Anterior cruciate I.					
Posterior cruciate I.					
Transverse I. of knee					
Posterior meniscofemoral I.					

Fig. 25.5 Ligaments of the knee joint

Anterior view of right knee.



Fig. 25.6 Capsule, ligaments, and periarticular bursae

Posterior view of right knee. The joint cavity communicates with periarticular bursae at the subpopliteal recess, semimembranosus bursa, and medial subtendinous bursa of the gastrocnemius.



Gastrocnemio-semimembranosus bursa (Baker's cyst)

Painful swelling behind the knee may be caused by a cystic outpouching of the joint capsule (synovial popliteal cyst). This frequently results from a rise in intra-articular pressure (e.g., in rheumatoid arthritis).



B Axial magnetic resonance imaging (MRI) of a Baker's cyst in the popliteal fossa, inferior view.
Knee Joint: Ligaments & Menisci

Fig. 25.7 Collateral and patellar ligaments of the knee joint

Right knee joint. Each knee joint has medial and lateral collateral ligaments. The medial collateral ligament is attached to both the capsule and the medial meniscus, whereas the lateral collateral ligament has no direct contact with either the capsule or the lateral meniscus. Both collateral ligaments are taut when the knee is in extension and stabilize the joint in the coronal plane.



Fig. 25.8 Menisci in the knee joint

Right tibial plateau, proximal view.



A Right tibial plateau with cruciate, patellar, and collateral ligaments divided.



Clinical

Injury of the menisci

The less mobile medial meniscus is more susceptible to injury than the lateral meniscus. Trauma generally results from sudden extension or rotation of the flexed knee while the leg is fixed.



Fig. 25.9 Movements of the menisci

Right knee joint.



Cruciate Ligaments



Fig. 25.10 Cruciate and collateral ligaments

Right knee joint. The cruciate ligaments keep the articular surfaces of the femur and tibia in contact, while stabilizing the knee joint primarily in the sagittal plane. Portions of the cruciate ligaments are taut in every joint position.



Fig. 25.11 Right knee joint in flexion

Anterior view with joint capsule and patella removed.



Clinical

Rupture of cruciate ligaments

Cruciate ligament rupture destabilizes the knee joint, allowing the tibia to move forward (anterior "drawer sign") or backward (posterior "drawer sign") relative to the femur. *Anterior* cruciate ligament ruptures are approximately 10 times more common than posterior ligament ruptures. The most common mechanism of injury is an internal rotation trauma with the leg fixed. A lateral blow to the fully extended knee with the foot planted tends to cause concomitant rupture of the anterior cruciate and medial collateral ligaments, as well as tearing of the attached medial meniscus.



Fig. 25.12 Cruciate and collateral ligaments in flexion and extension

Right knee, anterior view. Taut ligament fibers in red.



Knee Joint Cavity

Fig. 25.13 Joint cavity

Right knee, lateral view. The joint cavity was demonstrated by injecting



liquid plastic into the knee joint and later removing the capsule.

Fig. 25.14 **Opened joint capsule**

Right knee, anterior view with patella reflected downward.



Fig. 25.15 Attachments of the joint capsule

Right knee joint, anterior view.



Fig. 25.16 Suprapatellar pouch during flexion

Right knee joint, medial view.



Fig. 25.17 Right knee joint: Midsagittal section



Fig. 25.18 MRI of knee joint Sagittal T2-weighted MRI.



Muscles of the Leg: Anterior & Lateral Views

Fig. 25.19 Muscles of the leg: Anterior view

Right leg. Muscle origins (O) shown in red, insertions (I) in blue.





A All muscles shown.

B Removed: Tibialis anterior and fibularis longus; extensor digitorum longus tendons (distal portions). Note: The fibularis tertius is a division of the extensor digitorum longus.





C Removed All muscles.

Fig. 25.20 Muscles of the leg: Lateral view Right leg.



Muscles of the Leg: Posterior View

Fig. 25.21 Muscles of the leg: Posterior view

Right leg. Muscle origins (O) shown in red, insertions (I) in blue.





A Note: The bulge of the calf is produced mainly by the triceps surae (soleus and the two heads of the gastrocnemius).



B Removed: Gastrocnemius (both heads).





Muscle Facts (I)

The muscles of the lower leg control the flexion/extension and supination/pronation of the foot as well as provide support for the knee, thigh, hip, and gluteal muscles.

Fig. 25.22 Lateral compartment

Right leg and foot.



Table 25.2	Lateral compartment					
Muscle	Origin	Insertion	Innervation	Action		
① Fibularis longus	Fibula (head and proximal two thirds of the lateral surface, arising partly from the intermuscular septa)	Medial cuneiform (plantarside), 1st metatarsal (base)	Superficial	Talocrural joint: plantar flexion Subtalar joint: eversion (pronation) Supports the transverse arch of the foot		
② Fibularis brevis	Fibula (distal half of the lateral surface), intermuscular septa	5th metatarsal (tuberosity at the base, with an occasional division to the dorsal aponeurosis of the 5th toe)	(L5, S1)	Talocrural joint: plantar flexion Subtalar joint: eversion (pronation)		

Fig. 25.23 Anterior compartment

Right leg, anterior view.





Anterior compartment				
Origin	Insertion	Innervation	Action	
Tibia (upper two thirds of the lateral surface), interosseous membrane, and superficial crural fascia (highest part)	Medial cuneiform (medial and plantar surface), first metatarsal (medial base)	Dee <mark>p fi</mark> bular n. (L4, L5)	 Talocrural joint: dorsiflexion Subtalar joint: inversion (supination) 	
Fibula (middle third of the medial surface) interosseous membrane	1st toe (at the dorsal aponeurosis and the base of its distal phalanx)	Deep fibular n. (L5)	 Talocrural joint: dorsiflexion Subtalar joint: active in both eversion and inversion (pronation/supination), depending on the initial position of the foot Extends the MTP and IP joints of the big toe 	
Fibula (head and anterior border), tibia (lateral condyle), and interosseous membrane	2nd to 5th toes (at the dorsal aponeuroses and bases of the distal phalanges)	Deep fibular n. (L5, S1)	 Talocrural joint: dorsiflexion Subtalar joint: eversion (pronation) Extends the MTP and IP joints of the 2nd to 5th toes 	
Distal fibula (anterior border)	5th metatarsal (base)	Deep fibular n. (L5, S1)	 Talocrural joint: dorsiflexion Subtalar joint: eversion (pronation) 	
	Anterior comp Origin Tibia (upper two thirds of the lateral surface), interosseous membrane, and superficial crural fascia (highest part) Fibula (middle third of the medial surface) interosseous membrane Fibula (head and anterior border), tibia (lateral condyle), and interosseous membrane Distal fibula (anterior border)	Anterior compartmentOriginInsertionTibia (upper two thirds of the lateral surface), interosse ous membrane, and superficial crural fascia (highest part)Medial cuneiform (medial and plantar surface), first metatarsal (medial base)Fibula (middle third of the medial surface) interosseous membraneIst toe (at the dorsal aponeurosis and the base of its distal phalanx)Fibula (head and anterior border), tibia (lateral condyle), and interosseous membrane2nd to 5th toes (at the dorsal aponeuroses and bases of the distal phalanges)Distal fibula (anterior border)5th metatarsal (base)	Anterior compartmentOriginInsertionInnervationTibia (upper two thirds of the lateral surface), interosseous membrane, and superficial crural fascia (highest part)Medial cuneiform (medial and plantar surface), first metatarsal (medial base)Deep fibular n. (L4, L5)Fibula (middle third of the medial surface) interosseous membrane1st toe (at the dorsal aponeurosis and the base of its distal phalanx)Deep fibular n. (L5)Fibula (head and anterior border), tibia (lateral condyle), and interosseous membrane2nd to 5th toes (at the dorsal aponeuroses and bases of the distal phalanges)Deep fibular n. (L5, S1)Distal fibula (anterior border)Sth metatarsal (base)Deep fibular n. (L5, S1)	

IP - interphalangeal; MTP - metatarsophalangeal.

IP = interphalangeal; MTP = metatarsophalangeal.

Muscle Facts (II)

The muscles of the posterior compartment are divided into two groups: the superficial and deep flexors. These groups are separated by the transverse intermuscular septum.

Fig. 25.24 Superficial flexors

Right leg, posterior view.



Muscle		Origin	Insertion	Innervation	Action
Triceps surae	① Gastrocnemius	Femur (medial and lateral epicondyles)	Calcaneal	Tibial n. (S1 S2)	a Tala annal talata alamtas flavian
	@ Soleus	Fibula (head and neck, posterior surface), tibia (soleal line via a tendinous arch)	tuberosity via the Achilles' tendon		Knee joint: flexion (gastrocnemius)
③ Plantaris		Femur (lateral epicondyle, proximal to lateral head of gastrocnemius)	Calcaneal tuberosity	(31,32)	Negligible; may prevent compression of posterior leg musculature during knee flexion

Fig. 25.25 Deep flexors

Right leg with foot in plantar flexion, posterior view.



D Insertion of the tibialis posterior.

Table 25.5 Deep flexors of the posterior compartment				
Muscle	Origin	Insertion	Innervation	Action
① Tibialis posterior	Interosseous membrane, adjacent borders of tibia and fibula	Navicular tuberosity; cuneiforms (medial, intermediate, and lateral); 2nd to 4th metatarsals (bases)	Tibial n. (L4, L5)	Talocrural joint: plantar flexion Subtalar joint: inversion (supination) Supports the longitudinal and transverse arches
② Flexor digitorum longus	Tibia (middle third of posterior surface)	2nd to 5th distal phalanges (bases)	Tibiala	Talocrural joint: plantar flexion Subtalar joint: inversion (supination) MTP and IP joints of the 2nd to 5th toes: plantar flexion
③ Flexor hallucis longus	Fibula (distal two thirds of posterior surface), adjacent interosseous membrane	1st distal phalanx (base)	(L5–S2)	Talocrural joint: plantar flexion Subtalar joint: inversion (supination) MTP and IP joints of the 2nd to 5th toes: plantar flexion Supports the medial longitudinal arch
④ Popliteus	Lateral femoral condyle, posterior horn of the lateral meniscus	Posterior tibial surface (above the origin at the soleus)	Tibial n. (L4–S1)	Knee joint: flexion and internal rotation (stabilizes the knee)
IP – interphala	ngeal; MTP – metatarsophalangeal.			

Table 25.5	Deep	flexors of the	posterior	compartm
	the second se			

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26 Ankle & Foot

Bones of the Foot

Fig. 26.1 Subdivisions of the pedal skeleton

Right foot, dorsal view. Descriptive anatomy divides the skeletal elements of the foot into the tarsus, metatarsus, and forefoot (antetarsus). Functional and clinical criteria divide the pedal skeleton into hindfoot, midfoot, and forefoot.



Fig. 26.2 Bones of the right foot





Joints of the Foot (I)

Fig. 26.3 Joints of the foot

Right foot with talocrural joint in plantar flexion.



Fig. 26.4 Proximal articular surfaces

Right foot, proximal view.





D Talonavicular and calcaneocuboid joints.

Fig. 26.5 Distal articular surfaces

Right foot, distal view.



1st through 5th Sesamoids metatarsals

D Metatarsophalangeal joints.

Joints of the Foot (II)

Fig. 26.6 Talocrural and subtalar joints

Right foot. The talocrural (ankle) joint is formed by the distal ends of the tibia and fibula (ankle mortise) articulating with the trochlea of the talus. The subtalar joint consists of an anterior and a posterior compartment (the talocalcanean and talocalcaneonavicular joints, respectively)divided by the interosseous talocalcanean ligament (see p. 409).



Fig. 26.7 Talocrural and subtaler joints: Sagittal section Right foot, medial view.



Fig. 26.8 Talocrural joint Right foot.



Joints of the Foot (III)

Fig. 26.9 Subtalar joint and ligaments

Right foot with opened subtalar joint. The subtalar joint consists of two distinct articulations separated by the interosseous talocalcanean ligament: the posterior compartment (talocalcanean joint) and the anterior compartment (talocalcaneonavicular joint).



Fig. 26.10 Talus and calcaneus

The two tarsal bones have been separated at the subtalar joint to demonstrate their articular surfaces.



Ligaments of the Ankle & Foot
The ligaments of the foot are classified as belonging to the talocrural joint, subtalar joint, metatarsus, forefoot, or sole of the foot. The medial and lateral collateral ligaments, along with the syndesmotic ligaments, are of major importance in the stabilization of the subtalar joint.

Fig. 26.11 Ligaments of the ankle and foot

Right foot. See p. 406 for inferior view.



B Medial view.

Table 26.1	Ligaments of the talocrural joint			
	Anterior talofibula	Anterior talofibular l.		
Lateral ligaments*	Posterior talofibul	Posterior talofibular I.		
	Calcane of ibular l.	Calcane ofibular I.		
		Anterior tibiotalar part		
	0.4.11	Posterior tibiotalar part		
Medial ligaments	Deitoid I.	Tibionavicular part		
		Tibiocalcanean part		
Syndesmotic ligame	nts Anterior tibiofibul	Anterior tibiofibular I.		
of the ankle mortise	Posterior tibiofibu	Posterior tibiofibular l.		
*The medial and late collateral ligaments	ral ligaments are also kno	own as the medial and lateral		



Plantar Vault & Arches of the Foot

Fig. 26.12 Plantar vault

Right foot. The forces of the foot are distributed among two lateral (fibular)

and three medial (tibial) rays. The arrangement of these rays creates a longitudinal and a transverse arch in the sole of the foot, helping the foot absorb vertical loads.



Fig. 26.13 Stabilizers of the transverse arch

Right foot. The transverse pedal arch is supported by both active and passive stabilizing structures (muscles and ligaments, respectively).

Note: The arch of the forefoot has only passive stabilizers, whereas the arches of the metatarsus and tarsus have only active stabilizers.



Fig. 26.14 Stabilizers of the longitudinal arch Right foot, medial view.



B Active stabilizers of the longitudinal arch. Sagittal section at the level of the second ray. The major active stabilizers of the foot are the abductor hallucis, flexor hallucis brevis, flexor digitorum brevis, quadratus plantae, and abductor digiti minimi.

Muscles of the Sole of the Foot

Fig. 26.15 Plantar aponeurosis

Right foot, plantar view. The plantar aponeurosis is a tough aponeurotic sheet, thickest at the center, that blends with the dorsal fascia (not shown) at the borders of the foot.



Fig. 26.16 Intrinsic muscles

Right foot, plantar view.



A Superficial (first) layer. Removed: Plantar aponeurosis, including the superficial transverse metacarpal ligament.





Muscles & Tendon Sheaths of the Foot

Fig. 26.17 Deep intrinsic muscles

Right foot, plantar view.



Fig. 26.18 Tendon sheaths and retinacula of the ankle Right foot. The superior and inferior extensor retinacula retain the long

extensor tendons, the fibularis retinacula hold the fibular muscle tendons in place, and the flexor retinaculum retains the long flexor tendons.



Muscle Facts (I)

The dorsal surface (dorsum) of the foot contains only two muscles, the extensor digitorum brevis and the extensor hallucis brevis. The sole of the foot, however, is composed of four complex layers that maintain the arches of the foot.

Fig. 26.19 Intrinsic muscles of the dorsum

Right foot, dorsal view.



Table 26.2	Table 26.2 Intrinsic muscles of the dorsum				
Muscle		Origin	Insertion	Innervation	Action
① Extensor digitorum brevis ② Extensor hallucis brevis		Calcaneus (dorsal surface)	2nd to 4th toes (at dorsal aponeuroses and bases of the middle phalanges)	Deep fibular n. (L5, S1)	Extension of the MTP and PIP joints of the 2nd to 4th toes
			1st toe (at dorsal aponeurosis and proximal phalanx)		Extension of the MTP joints of the 1st toe
MTP - metatarsoph	alangeal; I	PIP – proximal inter	phalange al.		

Fig. 26.20 Superficial intrinsic muscles of the sole

Right foot, plantar view.



A First layer (schematic).



B Intrinsic muscles of the sole, first layer.

Table 26.3	Superficial intrinsic mus	perficial intrinsic muscles of the sole				
Muscle	Origin	Insertion	Innervation	Action		
① Abductor hallucis	Calcaneal tuberosity (medial process)	1st toe (base of proximal phalanx via the medial sesamoid)	Medial plantar	1st MTP joint: flexion and abduction of the 1st toe Supports the longitudinal arch		
② Flexor digitorum t	calcaneal tuberosity	2nd to 5th toes (sides of middle phalanges)	n. (S1, S2)	 Flexes the MTP and PIP joints of the 2nd to 5th toes Supports the longitudinal arch 		
③Abductor digiti m	(medial tubercle), plantar aponeurosis	5th toe (base of proximal phalanx), 5th metatarsal (at tuberosity)	Lateral plantar n. (S1–S3)	Flexes the MTP joint of the 5th toe Abducts the 5th toe Supports the longitudinal arch		
MTP - metatarsopha	alangeal; PIP – proximal interpha	langeal.				

Muscle Facts (II)

Fig. 26.21 Deep intrinsic muscles of the sole

Right foot, plantar view.



Table 26.4	Deep intrinsic muscles of th	e sole			
Muscle	Origin	Insertion	Innervation	Action	
① Quadratus plantae	Calcaneal tuberosity (medial and plantar borders on plantar side)	Flexor digitorum longus tendon (lateral border)	Lateral plantar n. (S1–S3)	Redirects and augments the pull of flexor digitorum longus	
② Lumbricals (four muscles)	Flexor digitorum longus tendons (medial borders)	2nd to 5th toes (at dorsal aponeuroses)	1st lumbrical: medial plantar n. (S2, S3)	 Flexes the MTP joints of 2nd to 5th toes Extension of IP joints of 2nd to 5th toes 	
			2nd and 4th lumbrical: lateral plantar n. (S2, S3)	 Adducts 2nd to 5th toes toward the big toe 	
③ Flexor hallucis brevis	Cuboid, lateral cuneiforms, and plantar calcaneocuboid ligament	1st toe (at base of proximal phalanx via medial and lateral sesamoids)	Medial head: medial plantar n. (S1, S2)	Flexes the first MTP joint Supports the longitudinal arch	
			Lateral head: lateral plantar n. (S1, S2)		
	Oblique head: 2nd to 4th metatarsals (at bases)	1st proximal phalanx (at base,	Lateral plantar n., deep branch (S2, S3)	 Flexes the first MTP joint Adducts big toe Transverse head: supports transverse arch Oblique head: supports longitudinal arch 	
	Transverse head: MTPs of 3rd to 5th toes, deep transverse metatarsal ligament	by a common tendon via the lateral sesamoid)			
③ Flexor digiti minimi brevis	5th metatarsal (base), long plantar ligament	5th toe (base of proximal phalanx)	Lateral plantar n., superficial	Flexes the MTP joint of the little toe	
© Opponens digiti minimi*	Long plantar ligament; fibularis longus (at plantar tendon sheath)	5th metatarsal	branch (S2, S3)	Pulls 5th metatarsal in plantar and medial direction	
⑦ Plantar interossei (three muscles)	3rd to 5th metatarsals (medial border)	3rd to 5th toes (medial base of proximal phalanx)		 Flexes the MTP joints of 3rd to 5th toes Extension of IP joints of 3rd to 5th toes Adducts 3rd to 5th toes toward 2nd toe 	
Oorsal interossei (four muscles)	1st to 5th metatarsals (by two heads on opposing sides)	1st interosseus: 2nd proximal phalanx (medial base)	Lateral plantar n. (S2, S3)	 Flexes the MTP joints of 2nd to 4th toes Extension of IP joints of 2nd to 4th toes Abducts 3rd and 4th toes from 2nd toe 	
		2nd to 4th interossei: 2nd to 4th proximal phalanges (lateral base), 2nd to 4th toes (at dorsal aponeuroses)			
IP – interphalangeal;	MTP – metatarsophalangeal. *May b	aponeuroses) e absent.	<u> </u>	<u> </u>	

Fig. 26.22 Deep intrinsic muscles of the sole

Right foot, plantar view.



B Intrinsic muscles of the sole, third layer.

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27 Neurovasculature

Arteries of the Lower Limb

Fig. 27.1 Arteries of the lower limb

Right limb, anterior (**A**) and posterior (**B**) views.



C Course of the arteries, anterior view.

Abdominal

Common

glute al aa.

Inferior

External pudendal aa.

Internal iliac a.

External iliac a.

epigastrica.

Superior and inferior

aorta

iliac a.

Fig. 27.2 Arteries of the sole of the foot

Right foot, plntar view



Clinical

Femora I head necrosis

Dislocation or fracture of the femoral head (e.g., in patients with osteoporosis) my disrupt the anastomoses between the foveal artery and the femoral neck vessels, resulting in femoral head necrosis.

Fig. 27.3 Arteries of the femoral head

Right hip joint, anterior view.



Fig. 27.4 Arteries of the thigh and leg Right leg.



Veins & Lymphatics of the Lower Limb

Fig. 27.5 Veins of the lower limb

Right limb, anterior view.



B Deep veins.

Fig. 27.6 Veins of the sole of the foot

Right foot, plantar view.



Fig. 27.7 Veins of the leg Right leg, posterior view.



A Superficial (epifascial) veins.



B Deepveins.

Fig. 27.8 Clinically important perforating veins

Right leg, medial view.



Fig. 27.9 Superficial lymphatics

Right limb. Arrows indicate the main directions of lymphatic drainage.



Fig. 27.10 Lymph nodes and drainage

Right limb, anterior view.



Lumbosacral Plexus

The lumbosacral plexus supplies sensory and motor innervation to the lower limb. It is formed by the anterior (ventral) rami of the lumbar and sacral spinal nerves, with contributions from the subcostal nerve (T12) and coccygeal nerve (Co1).



Table 27.	Nerves of the lumbosacral plexus		
Lumbar ple	xus		
lliohypogast	ric n.		
llioinguinal n.		L1	177
Genitofemor	aln.	L1-L2	p. 427
Lateral femoral cutaneous n.		L2-L3	
Obturator n.		- 12-14	p. 428
Femoral n.			p. 429
Sacral plex	us		
Superior gluteal n.		L4-51	- 01
Inferior gluteal n.		L552	p. 431
Posterior femoral cutaneous n.		S1–S3	p. 430
Sciatic n.	Common fibular n.	L4-52	p. 432
	Tibial n.	L4-53	p. 433
Pudendal n.		52-54	pp. 194, 202

Fig. 27.11 Lumbosacral plexus

Right side, anterior view.



B Course of the lumbosacral plexus.

Nerves of the Lumbar Plexus

Table 27.2 Nei	able 27.2 Nerves of the lumbar plexus				
Nerve	Level	Innervated muscle	Cutaneous branches		
lliohypogastric n.	T12-L1	T12-L1 Transversus abdominis and internal oblique (inferior portions)	Anterior and lateral cutaneous branches		
llioinguinal n.	L1		े ताterior scrotal nn. ९: Anterior labial nn.		
Genitofemoral n.	L1–L2	σ': Cremaster (genital branch)	Genital branch Femoral branch		
Lateral femoral cutaneo	us n. L2–L3	-	Lateral femoral cutaneous n.		
Obturator n.	L2-L4	See p. 428			
Femoral n.	L2-L4	See p. 429			
Short, direct muscular b	ranches T12–L4	Psoas major Quadratus lumborum Iliacus Intertransversarii lumborum	-		

Fig. 27.12 Sensory innervation of the inguinal region

Right male inguinal region, anterior view.



Fig. 27.13 Nerves of the lumbar plexus

Right side, anterior view with the anterior abdominal wall removed.



D Lateral femoral cutaneous nerve.

Nerves of the Lumbar Plexus: Obturator & Femoral Nerves

Fig. 27.14 Obturator nerve: Sensory distribution

Right leg, medial view.



Fig. 27.15 **Obturator nerve** Right side, anterior view.


Table 27.3	Obturator nerve (L2–L4)		
Motor branches		Innervated muscles	
Direct branch		Obturatorexternus	
Anterior branch		Adductor longus	
		Adductor brevis	
		Gracilis	
		Pectineus	
Posterior branch Add		Adductor magnus	
Sensory branch	es		
Cutaneous brand	h		

Fig. 27.16 Femoral nerve

Right side, anterior view.



Fig. 27.17 Femoral nerve: Sensory distribution

Right limb, anterior view.



Nerves of the Sacral Plexus

Table 27.5	Nerves of the sacral plexus	5			
Nerve		Level	Innervated muscle	Cutaneous branches	
Superior gluteal n.		L4-51	Gluteus medius Gluteus minimus Tensor fasciae latae	-	
Inferior gluteal n.		L5-52	Gluteus maximus	-	
Posterior femoral cutaneous n.		S1–S3	-	Posterior femoral cutaneous n.	Inferior cluneal nn.
					Perineal branches
	N. of piriformis	S1–S2	Piriformis	-	
Direct branches	N. of obturator internus	L5-S1	Obturator internus Gemelli	_	
	N. of quadratus femoris		Quadratus femoris	-	
Sciatic n.	Common fibular n.	L4-52	See p. 432		
	Tibial n.	L4-53	See p. 433		

Fig. 27.18 Sensory innervation of the gluteal region

Right limb, posterior view.



Fig. 27.19 Posterior femoral cutaneous nerve: Sensory distribution

Right limb, posterior view.



Fig. 27.20 Emerging sacral nerve

Horizontal section, superior view.



Fig. 27.21 Nerves of the sacral plexus Right limb.



A Superior gluteal nerve. Lateral view.



Clinical

Small gluteal muscle weakness

The small gluteal muscles on the stance side stabilize the pelvis in the coronal plane. Weakness or paralysis of the small gluteal muscles from damage to the superior gluteal nerve (e.g., due to a faulty intramuscular injection) is manifested by weak abduction of the affected hip joint. In a positive Trendelenburg's test, the pelvis sags toward the normal, unsupported side. Tilting the upper body toward the affected side shifts the center of gravity onto the stance side, thereby elevating the pelvis on the swing side (Duchenne's limp). With bilateral loss of the small gluteals, the patient exhibits a typical waddling gait.



Nerves of the Sacral Plexus: Sciatic Nerve

The sciatic nerve gives off several direct muscular branches before dividing into the tibial and common fibular nerves proximal to the popliteal fossa.

Fig. 27.22 Common fibular nerve: Sensory distribution



A Right leg, anterior view.

B Right leg, lateral view.

Fig. 27.23 Common fibular nerve

Right limb, lateral view.



Table 27.6 Common fibular nerve (L4-S2)				
Nerve	Innervated muscles	Sensory branches		
Direct branches from Sciatic n.	Biceps femoris (shortsciatic head)	_		
Superficial fibular n.	Fibularisbrevisand longus	Medial dorsal cutaneous n. Intermediate dorsal cutaneous n.		
Deep fibular n.	Tibialis anterior Extensors digitorum brevis and longus	Lateral cutaneous n. of big toe		
I	Extensors hallucis brevis and longus Fibularis tertius	Medial cutaneous n. of 2nd toe.		

Fig. 27.24 Tibial nerve

Right limb.



A Posterior view.

Fig. 27.25 Tibial nerve: Sensory distribution

Right lower limb, posterior view.



Table 27.7 Tibial nerve (L4–S3)

Nerve	Innervated muscles	Sensory branches
Direct branches from sciatic n.	Semitendinosus Semimembranosus Biceps femoris (long head) Adductor magnus (medial part)	_
Tibial n.	Triceps surae Plantaris Popliteus Tibialis posterior Flexor digitorum longus Flexor hallucis longus	Medial sural cutaneous n. Medial and lateral calcaneal branches Lateral dorsal cutaneous n.

Nerve	Innervated muscles	Sensory branches
	Adductor hallucis	
Medial plantar n.	brevis Flexor hallucis brevis(medial head) 1st and 2nd	Proper plantar digital nn.
	lumbricals	
	Flexor hallucis brevis (lateral head)	
	Quadratus plantae	
	Abductor digiti	
	minimi	
	Flexor digiti minimi	
	brevis	
Lateral plantar n.	Opponens digiti	Proper plantar digital
I I I I I I I I I I I I I I I I I I I	minimi	nn.
	3rd and 4th	
	lumbricals	
	1st and 3rd plantar	
	interossel	
	1st to 4th doral	
	interossel	
	Adductor hallucis	

Superficial Nerves & Vessels of the Lower Limb

Fig. 27.26 Cutaneous innervation: Anterior view Right limb.



A Peripheral sensory cutaneous innervation.



B Segmental, radicular cutaneous innervation (dermatomes). *Fig.* 27.27 Superficial cutaneous veins and nerves Right limb.





B Posterior view.

Fig. 27.28 Cutaneous innervation: Posterior view Right limb.



A Peripheral sensory cutaneous innervation.



B Segmental, radicular cutaneous innervation (dermatomes).

Topography of the Inguinal Region

Fig. 27.29 Superficial veins and lymph nodes

Right male inguinal region, anterior view. *Removed:* Cribriform fascia about the saphenous hiatus.



Fig. 27.30 Inguinal region

Right male inguinal region, anterior view.



Fig. 27.31 Lacunae musculorum and vasorum

Right inguinal region, anterior view.



Table 27.8 Structures in the inguinal region					
Region	Boundaries	Contents			
1 Lacuna musculorum	Anterior superior iliac spine Inguinal ligament Iliopectineal arch	Femoral n. Lateral femoral cutaneous n. Iliacus Psoas major			
2 Lacuna vasorum	Inguinal ligament Iliopectineal arch Lacunar ligament	Femoral a. and v. Genitofemoral n. (femoral branch) Rosenmiiller's lymph node			
3 External inguinal ring	Medial crus Lateral crus Reflex inguinal ligament	Ilioinguinal n. Genitofemoral n. (genital branch) Spermatic cord			

Topography of the Gluteal Region

Fig. 27.32 Gluteal region

Right gluteal region, posterior view.



B Gluteal region. Removed: Fascia lata.



Fig. 27.33 Gluteal region and ischianal fossa

Right gluteal region, posterior view. *Removed:* Cluteus maximus and medius.



Table 27.9 Sciatic f		Sciatic fo	oramina		
Foramen			Transmitted structures	Boundaries	
	①s p	uprapiriform ortion	Superior gluteal a., v., and n.	Greater sciatic notch Sacrospinous ligamen Sacrum	
Greater sciatic foramen	@lr P	frapiriform ortion	Inferior glute al a., v., and n. Internal pudendal a. and v. Pudendal n. Sciatic n. Posterior femoral cutaneous n.		
③ Lesser sciatic foramen		Internal pudendal a. and v. Pudendal n. Obturator internus	Lesser sciatic notch Sacrospinous ligament Sacrotuberous ligament		

Topography of the Anterior & Posterior Thigh

Fig. 27.34 Anterior thigh

Right thigh, anterior view.



B Neurovasculature of the anterior thigh. Removed: Anterior abdominal wall. Partially removed: Sartorius, rectus femoris, adductor longus, and pectineus.

Fig. 27.35 Posterior thigh

Right thigh, posterior view.



B Neurovasculature of the posterior thigh. Partially removed: Gluteus maximus, gluteus medius, and biceps femoris. Retracted: Semimembranosus.

Topography of the Posterior & Medial Leg

Fig. 27.36 Posterior compartment

Right leg, posterior view.



A Superficial neurovascular structures.

Fig. 27.37 Popliteal region

Right leg, posterior view.

B Deep neurovascular structures.



Fig. 27.38 **Posterior compartment: Medial view** Right foot.



Topography of the Lateral & Anterior Leg

Fig. 27.39 Neurovasculature of the leg: Lateral view

Right limb. *Removed:* Origins of the fibularis longus and extensor digitorum longus.





Table 27.10	Compart	tments of the leg		
Compartment		Muscular contents	Neurovascular contents	
①Anterior compartment		Tibialis anterior		
		Extensor digitorum longus	Deep fibular n.	
		Extensor hallucis longus	and v.	
		Fibularis tertius	l	
② Lateral compartment		Fibularis longus	Company Rivial Rhoulans a	
		Fibularis brevis	Supernicial libular n.	
Posterior compartment	③ Superficial part	Triceps surae (gastroc- nemius and soleus)	_	
		Plantaris		
	④ Deep part	Tibialis posterior	Tibial n.	
		Flexor digitorum longus	Posterior tibial a. and v.	
		Flexor hallucis longus	Fibular a. and v.	

Clinical

Compartment syndrome

Muscle edema or hematoma can lead to a rise in tissue pressure in the compartments of the leg. Subsequent compression of neurovascular

structures may cause ischemia and irreversible muscle and nerve damage. Patients with *anterior* compartment syndrome, the most common form, suffer excruciating pain and cannot dorsiflexthe toes. Emergency incision of the fascia of the leg may be performed to relieve compression.

Fig. 27.40 Neurovasculature of the leg and foot: Anterior view Right limb with foot in plantar flexion.



A Neurovasculature of the dorsum.

Topography of the Sole of the Foot

Fig. 27.41 Neurovasculature of the foot: Sole Right foot, plantar view.


Proper plantar ------



(oblique head).

Fig. 27.42 Neurovasculature of the foot: Cross section Coronal section, distal view.



Transverse Sections of the Thigh & Leg

Fig. 27.43 Windowed dissection

Right limb, posterior view.



Fig. 27.44 Transverse sections

Right limb, proximal (superior) view.



A Thigh (plane of section in Fig. 27.43).



B Leg (plane of section in Fig. 27.43).

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28 Surface Anatomy

Surface Anatomy

Fig. 28.1 Lower limb: Anterior view



Fig. 28.2 Palpable bony prominences

Right limb.



A Anterior view.

Q1: The hip joint is not directly palpable. How would you correctly locate the head of the femur based on surface anatomy?



B Posterior view.

Q2: Which palpable landmarks would you use to locate the sciatic nerve (in the gluteal region), the common fibular nerve (at the knee), and the tibial nerve (at the ankle)?

Fig. 28.3 Lower limb: Posterior view



A Surface anatomy, left limb.

B Musculature, right limb.

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Head & Neck

29 Bones of the Head

Anterior & Lateral Skull

Posterior Skull & Calvaria

Base of the Skull

Ethmoid & Sphenoid Bones

30 Muscles of the Skull & Face

Muscles of Facial Expression & of Mastication

Muscle Origins & Insertions on the Skull

Muscle Facts (I)

Muscle Facts (II)

31 Cranial Nerves

Cranial Nerves: Overview

CN I & II: Olfactory & Optic Nerves

CN III, IV & VI: Oculomotor, Trochlear & Abducent Nerves

CN V: Trigeminal Nerve

CN VII: Facial Nerve

CN VIII: Vestibulocochlear Nerve

CN IX: Glossopharyngeal Nerve

CN X: Vagus Nerve

CN XI & XII: Accessory & Hypoglossal Nerves

32 Neurovasculature of the Skull & Face

Innervation of the Face

Arteries of the Head & Neck

External Carotid Artery: Anterior, Medial & Posterior Branches

External Carotid Artery: Terminal Branches

Veins of the Head & Neck

Topography of the Superfi cial Face Topography of the Parotid Region & Temporal Fossa Topography of the Infratemporal Fossa Topography of the Pterygopalatine Fossa

33 Orbit & Eye

Bones of the Orbit

Muscles of the Orbit

Neurovasculature of the Orbit

Topography of the Orbit

Orbit & Eyelid

Eyeball

Cornea, Iris & Lens

34 Nasal Cavity & Nose

Bones of the Nasal Cavity

Paranasal Air Sinuses

Neurovasculature of the Nasal Cavity

35 Temporal Bone & Ear

Temporal Bone External Ear & Auditory Canal Middle Ear: Tympanic Cavity Middle Ear: Ossicular Chain & Tympanic Membrane Arteries of the Middle Ear Inner Ear

36 Oral Cavity & Pharynx

Bones of the Oral Cavity Temporomandibular Joint Teeth Oral Cavity Muscle Facts Innervation of the Oral Cavity Tongue Topography of the Oral Cavity & Salivary Glands Tonsils & Pharynx Pharyngeal Muscles Neurovasculature of the Pharynx

37 Neck

Bones & Ligaments of the Neck Muscle Facts (I) Muscle Facts (II) Muscle Facts (III) Arteries & Veins of the Neck Innervation of the Neck Larynx: Cartilage & Structure Larynx: Muscles & Levels Neurovasculature of the Larynx, Thyroid & Parathyroids Topography of the Neck: Regions & Fascia Topography of the Anterior Cervical Region Topography of the Anterior & Lateral Cervical Regions Topography of the Lateral Cervical Region Topography of the Posterior Cervical Region Lymphatics of the Neck **38 Surface Anatomy** Surface Anatomy

29 Bones of the Head

Anterior & Lateral Skull

Fig. 29.1 Lateral skull

Left lateral view.



	The skull is subdivided into the neurocranium (gray) and viscerocranium (orange). The neurocranium protects the brain, while the viscerocranium houses and protects the facial regions.			
	Neurocranium	Viscerocranium		
101	Ethmoid bone (cribriform plate)* Frontal bone Occipital bone Parietal bone Sphenoid bone Temporal bone (petrous and squamous parts)	Ethmoid bone Hyoid bone Inferior nasal concha Lacrimal bone Sphenoid bone (pterygoi Temporal bone Vomer	 Mandible Maxilla Nasal bone Palatine bone d process) 	

Fig. 29.2 Anterior skull

Anterior view.



Clinical

Fractures of the face

The framelike construction of the facial skeleton leads to characteristic patterns for fracture lines (classified as Le Fort I, II, and III fractures).



Posterior Skull & Calvaria

Fig. 29.3 Posterior skull

Posterior view.







Fig. 29.5 Structure of the calvaria

Cross section.



Base of the Skull

Fig. 29.6 Base of the skull: Exterior

Inferior view. *Revealed:* Foramina and canals for blood vessels (see p. 490) and cranial nerves. *Note:* This view allows visual access into the posterior region of the nasal cavity.



Fig. 29.7 Cranial fossae

The interior of the skull base consists of three successive fossae that become progressively deeper in the frontal-to-occipital direction.



Fig. 29.8 Base of the skull: Interior

Superior view.



Ethmoid & Sphenoid Bones

The structurally complex ethmoid and sphenoid bones are shown here in isolation. The other bones of the skull are shown in their respective regions: orbit (see pp. 506–507), nasal cavity (see pp. 520–521), oral cavity (see pp. 538–539), and ear (see pp. 526–527).

Fig. 29.9 Ethmoid bone

The ethmoid bone is the central bone of the nose and paranasal air sinuses (see pp. 520–523).



Fig. 29.10 Sphenoid bone

The sphenoid bone is the most structurally complex bone in the human body.



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30 Muscles of the Skull & Face

Muscles of Facial Expression & of Mastication

The muscles of the skull and face are divided into two groups. The muscles of facial expression make up the superficial muscle layer in the face. The muscles of mastication are responsible for the movement of the mandible during mastication (chewing).

Fig. 30.1 Muscles of facial expression





Fig. 30.2 Muscles of mastication

Left lateral view.



Muscle Origins & Insertions on the Skull

Fig. 30.3 Lateral skull: Origins and insertions

Left lateral view. Muscle origins (red), insertions (blue). *Note:* There are generally no bony insertions for the muscles of facial expression. These muscles insert into skin and other muscles of facial expression.



Fig. 30.4 Mandible: Origins and insertions

Medial view of right hemimandible (inner surface). Muscle origins (red), insertions (blue).



Fig. 30.5 Skull base: Origins and insertions

Inferior view of external skull. Muscle origins (red), insertions (blue).



Fig. 30.6 Hyoid bone: Origins and insertions Muscle origins (red), insertions (blue).



Muscle Facts (I)

The muscles of facial expression originate on bone and/or fascia, and insert into the subcutaneous tissue of the face. This allows them to produce their effects by pulling on the skin.

Fig. 30.7 Occipitofrontalis

Anterior view.



Fig. 30.8 Muscles of the palpebral fissure and nose Anterior view.



A Orbicularis oculi.



B Nasalis.



C Levator labii superioris alaeque nasi.

Fig. 30.9 Muscles of the ear

Left lateral view.



Table 30.1	Muscles of faci	al expression: Forehead, nose, and ear			
Muscle		Origin	Insertion*	Main action(s)* *	
Calvaria					
①Occipitofrontalis (frontal belly)		Epicranial aponeurosis Skin and subcutaneous tissue of eyebrows and forehead		Elevates eyebrows, wrinkles skin of forehead	
Palpebral fissur	e and nose				
@ Procerus		Nasal bone, lateral nasal cartilage (upper part)	Skin of lower forehead between eyebrows	Pulls medial angle of eyebrows inferiorly, producing transverse wrinkles over bridge of nose	
③Orbicularis oc	uli	Medial orbital margin, medial palpebral ligament; lacrimal bone	Skin around margin of orbit, superior and inferior tarsal plates	Acts as orbital sphincter (closes eyelids) • Palpebral portion gently closes • Orbital portion tightly closes (as in winking)	
④ Nasalis		Maxilla (superior region of canine ridge)	Nasal cartilages	Flares nostrils by drawing ala (side) of nose toward nasal septum	
③ Levator labii superioris alae que nasi		Maxilla (frontal process)	Alar cartilage of nose and upper lip	Elevates upper lip, opens nostril	
Ear					
CAnterior auricular muscles		Temporal fascia (anterior portion)	Helix of the ear	Pullear superiorly and anteriorly	
③Superior auricular muscles		Epicranial aponeurosis on side of head	Upper portion of auricle	Elevate ear	
Posterior auricular muscles		Mastoid process	Convexity of concha of ear	Pullear superiorly and posteriorly	
*There are no bo **All muscles of	ony insertions for the m facial expression are inr	uscles of facial expression. rervated by the facial nerve (CN VII) via temp	ooral, zygomatic, buccal, mandibular,	or cervical branches arising from the parotid	

plexus (see p. 478).

Fig. 30.10 Muscles of the mouth

Left lateral view.





- A Zygomaticus major and minor.
- B Levator labii superioris and depressor labii inferioris.



C Levator and depressor anguli oris.



D Buccinator.



E Orbicularis oris, anterior view.

F Mentalis, anterior view.

Table 30.2	Muscle	s of facial expression: Mouth and neck			
Muscle		Origin	Insertion*	Main action(s) * *	
Mouth					
① Zygomaticus major ② Zygomaticus minor		Zygomatic bone (lateral surface, posterior part)	Skin at corner of the mouth	Pulls corner of mouth superiorly and laterally	
			Upper lip just medial to corner of the mouth	Pulls upper lip superiorly	
Levator labii superioris alae que nasi (see Fig. 30.8C)		Maxilla (frontal process)	Alar cartilage of nose and upper lip	Elevates upper lip, opens nostril	
③Levator labii superioris		Maxilla (frontal process) and infraorbital region	Skin of upper lip, alar cartilages of nose	Elevates upper lip, dilates nostril, raises angle of the mouth	
④ Depressor labii inferioris		Mandible (anterior portion of oblique line)	Lower lip at midline; blends with muscle from opposite side	Pulls lower lip inferiorly and laterally	
③Levator anguli oris		Maxilla (below infraorbital foramen)	Skin at corner of the mouth	Raises angle of mouth, helps form nasolabial furr	
© Depressor anguli	i oris	Mandible (oblique line below canine, premolar, and first molar tee th)	Skin at corner of the mouth; blends with orbicularis oris	Pulls angle of mouth inferiorly and laterally	
1 Buccinator		Mandible, alveolar processes of maxilla and mandible, pterygo- mandibular raphe	Angle of mouth, orbicularis oris	Presses cheek against molar teeth, working with tongue to keep food between occlusal surfaces and out of oral vestibule; expels air from oral cavity/ resists distension when blowing Unilaterd: Draws mouth to one side	
® Orbicularis oris		Deep surface of skin Superiorly: maxilla (median plane) Inferiorly: mandible	Mucous membrane of lips	Acts as oral sphincter • Compresses and protrudes lips (e.g., when whistling, sucking, and kissing) • Resists distension (when blowing)	
Risorius (see p. 462)		Fascia over masseter	Skin of corner of the mouth	Retracts corner of mouth as in grimacing	
Mentalis		Mandible (incisive fossa)	Skin of chin	Elevates and protrudes lower lip	
Neck					
Platysma (see p. 46	63)	Skin over lower neck and upper lateral thorax	Mandible (inferior border), skin over lower face, angle of mouth	Depresses and wrinkles skin of lower face and mouth; tenses skin of neck; aids in forced depression of the mandible	
*There are no bony	/ insertions	for the muscles of facial expression.			

**All muscles of facial expression are innervated by the facial nerve (CN VII) via temporal, zygomatic, buccal, mandibular, or cervical branches arising from its parotid plexus.

Muscle Facts (II)

The muscles of mastication are located at various depths in the parotid and infratemporal regions of the face. They attach to the mandible and

receive their motor innervation from the mandibular division of the trigeminal nerve (CN V_3). The muscles of the oral floor that aid in opening the mouth are found on p. 562.

Table 30.3	Muscles of mastication: Masseter and temporalis				
Muscle	Origin	Insertion	Innervation	Action	
① Masseter	Superficial part: zygomatic arch (anterior two thirds)	Mandibular angle (masseteric	Mandibular n. (CNV ₃) via masseteric n.	Planakas (addk.) and an aksi dan man dik la	
	Deep part: zygomatic arch (posterior one third)	tuberosity)		clevates (adducts) and protrudes mandible	
② Temporalis	Temporal fossa (inferior temporal line)	Coronoid process of mandible (apex and medial surface)	Mandibular n. (CNV₃) via deep temporal nn.	Vertical fibers: Elevate (adduct) mandible Horizontal fibers: Retract (retrude) mandible Unilater d: Lateral movement of mandible (chewing)	

Fig. 30.11 Masseter muscle

Left lateral view.


B Masseter with temporalis muscle.

Fig. 30.12 Temporalis muscle

Left lateral view.



В	Temporalis muscle.	Removed:	Masseter and	zygomatic arch.
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Table 30.4	Muscles of mastication: Pterygoid muscles					
Muscle		Origin	Insertion	Innervation	Action	
المتعرفة والمعرفة والمعرفة	③ Superior head	Greaterwing of sphenoid bone (infratemporal crest)	Temporomandibular joint (articular disk)	Mandibular n. (CNV ₃) via	Bilateral: Protrudes mandible (pulls articular disk forward)	
Laterai pterygold	Inferior head	Lateral pterygoid plate (lateral surface)	Mandible (condylar process)	lateral pterygoid n.	Unilateral: Lateral movements of mandible (chewing)	
	③ Superficial head	Maxilla (tuberosity)	Pterygoid tuberosity on	Mandibularo (CNV/ \uia		
Medial pterygoid	Deep head	Medial surface of lateral pterygoid plate and pterygoid fossa	medial surface of the mandibular angle	medial pterygoid n.	Elevates (adducts) mandible	

Fig. 30.13 Lateral pterygoid muscle

Left lateral view.



A Schematic.

B Left lateral pterygoid muscle. Removed: Coronoid process of mandible.



Fig. 30.14 Medial pterygoid muscle Left lateral view.



A Schematic.

head) B Left medial pterygoid muscle. Removed: Coro-

noid process of mandible.



Fig. 30.15 Masticatory muscle sling

Oblique posterior view.



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31 Cranial Nerves

Cranial Nerves: Overview

Fig. 31.1 Cranial nerves

Inferior (basal) view. The 12 pairs of cranial nerves (CN) are numbered according to the order of their emergence from the brainstem. *Note:* The sensory and motor fibers of the cranial nerves enter and exit the brainstem at the same sites (in contrast to spinal nerves, whose sensory and motor fibers enter and leave through posterior and anterior roots, respectively).



The cranial nerves contain both afferent (sensory) and efferent (motor) axons that belong to either the somatic or the autonomic (visceral) nervous system (see pp. 622–623). The somatic fibers allow interaction with the environment, whereas the visceral fibers regulate the autonomic activity of internal organs. In addition to the general fiber types, the cranial nerves may contain special fiber types associated with particular structures (e.g.,

auditory apparatus and taste buds). The cranial nerve fibers originate or terminate at specific nuclei, which are similarly classified as either general or special, somatic or visceral, and afferent or efferent.

Table 31.1	Table 31.1 Classification of cranial nerve fibers and nuclei				
This color coding	g is used in subse	quent chapters to indicate fiber and nuclei classificatio	ns.		
Fiber typ	е	Example	Fiber type	Example	
General s (somator	omatic efferent notor function)	Innervate skeletal muscles	General somatic afferent (somatic sensation)	Conduct impulses from skin, skeletal muscle spindles	
General v (viscerom	isceral efferent notor function)	Innervate smooth muscle of the viscera, intraocular muscles, heart, salivary glands, etc.	Special somatic afferent	Conduct impulses from retina, auditory and vestibular apparatuses	
Special vi	sceral efferent	Innervate skeletal and cardiac muscle derived from branchial arches	General visceral afferent (visceral sensation)	Conduct impulses from viscera, blood vessels	
			Special visceral afferent	Conduct impulses from taste buds, olfactory mucosa	

Fig. 31.2 Cranial nerve nuclei

The sensory and motor fibers of cranial nerves III to XII originate and terminate in the brainstem at specific nuclei.



		Functional
Cranial nerve	Origin	fiber types
CN I: Olfactory n.	Telencephalon*	•
CN II: Optic n.	Diencephalon*	•
CN III: Oculomotor n.	Macananahalan	
CN IV: Trochlear n.	Mesencephalon	۲
CN V: Trigeminal n.	Pons	
CN VI: Abducent n.		۲
CN VII: Facial n.		
CN VIII: Vestibulocochlear n.		
CN IX: Glossopharyngeal n.		
CN X: Vagus n.	Medulla oblongata	
CN XI: Accessory n.		•
CN XII: Hypoglossal n.		

CN I & II: Olfactory & Optic Nerves

The olfactory and optic nerves are not true peripheral nerves, but extensions (tracts) of the telencephalon and diencephalon, respectively. They are therefore not associated with cranial nerve nuclei in the brainstem.

Fig. 31.3 Olfactory nerve (CN I)

Fiber bundles in the olfactory mucosa pass from the nasal cavity through the cribriform plate of the ethmoid bone into the anterior cranial fossa, where they synapse in the olfactory bulb. Axons from second-order afferent neurons in the olfactory bulb pass through the olfactory tract and medial or lateral olfactory stria, terminating in the cerebral cortex of the prepiriform area, in the amygdala, or in neighboring areas. See p. 617 for the mechanisms of smell.



Fig. 31.4 Optic nerve (CN II)

The optic nerve passes from the eyeball through the optic canal into the middle cranial fossa. The two optic nerves join below the base of the diencephalon to form the optic chiasm, before dividing into the two optic tracts. Each of these tracts divides into a lateral and medial root. Many

retinal cell ganglion axons cross the midline to the contralateral side of the brain in the optic chiasm. See p. 619 for the mechanisms of sight.



CN III, IV & VI: Oculomotor, Trochlear & Abducent Nerves

Cranial nerves III, IV, and VI innervate the extraocular muscles (see p. 509). Of the three, only the oculomotor nerve (CN III) contains both somatic and visceral efferent fibers; it is also the only cranial nerve of the extraocular muscles to innervate multiple extra- and intraocular muscles.

Fig. 31.5 Nuclei of the oculomotor, trochlear, and abducent nerves

The trochlear nerve (CN IV) is the only cranial nerve in which all the fibers cross to the opposite side. It is also the only cranial nerve to emerge from the dorsal side of the brainstem and, consequently, has the longest intradural (intracranial) course of any cranial nerve.



A Emergence of the cranial nerves of the extraocular muscles. Anterior view of the brainstem.

B Oculomotor nerve nuclei. Transverse section, superior view.

Table 31.3	Cranial nerves o	of the extr	aocular muscles		
Course*		Fibers	Nudei	Function	Effects of nerve injury
Oculomotor ner	rve (CN III)				
Runs anteriorly from mesencephalon		Somatic efferent	Somatic Oculomotor + Levator palpebrae s efferent nucleus + Superior, medial, au + Inferior oblique		Complete oculomotor palsy (paralysis of extra- and intraocular muscles): • Ptosis (drooping of eyelid)
		Visceral Visceral oculomotor (Edinger-Westphal) nucleus		Synapse with neurons in ciliary ganglia. Innervates: • Pupillary sphincter • Ciliary muscle	 Diplopia (double vision) Mydriasis (pupil dilation) Accommodation difficulties (ciliary paralysis)
Trochlear nerve	(CN IV)				
Emerges from po brainstem near n anteriorly around	osterior surface of nidline, courses d the cerebral peduncle	Somatic efferent	Nucleus of the trochlear n.	Innervates: • Superior oblique	Diplopia Affected eye is higher and deviated medially (dominance of inferior oblique)
Abducent nerve	e (CNVI)				
Follows a long ex	tradural path**	Somatic efferent	Nucleus of the abducent n.	Innervates: • Lateral rectus	 Diplopia Affected eye is deviated superiorly
* All three nerve ** The abducent	s enter the orbit through t nerve follows an extrad	the superior ural course; a	orbital fissure; CN III an bducent nerve palsy ma	d CN VI pass through the common tending y therefore develop in association with me	ous ring of the extraocular muscles. eningitis and subarachnoid hemorrhage.

Note: The oculomotor nerve supplies parasympathetic innervation to the intraocular muscles and somatic motor innervation to most of the extraocular muscles (also the levator palpebrae superioris). Its parasympathetic fibers synapse in the ciliary ganglion. Oculomotor nerve palsy may affect exclusively the parasympathetic or somatic fibers, or both concurrently.

Fig. 31.6 Course of the nerves innervating the extraocular muscles

Right orbit.



III, IV, and VI).

CN V: Trigeminal Nerve

The trigeminal nerve, the sensory nerve of the head, has three somatic afferent nuclei: the mesencephalic nucleus, which receives proprioceptive fibers from the muscles of mastication; the principal (pontine) sensory nucleus, which chiefly mediates touch; and the spinal nucleus, which mediates pain and temperature sensation. The motor nucleus supplies motor innervation to the muscles of mastication.



Fig. 31.7 Trigeminal nerve nuclei

Fig. 31.8 Divisions of the trigeminal nerve (CN V)

Right lateral view.



Fig. 31.9 Course of the trigeminal nerve divisions

Right lateral view.



CN VII: Facial Nerve

The facial nerve mainly conveys special visceral efferent (branchiogenic) fibers from the facial nerve nucleus to the muscles of facial expression. The other visceral efferent (parasympathetic) fibers from the superior salivatory nucleus are grouped with the visceral afferent (gustatory) fibers to form the nervus intermedius.



Fig. 31.10 Facial nerve nuclei

A Anterior view of the brainstem.

Fig. 31.11 Branches of the facial nerve Right lateral view.



Fig. 31.12	Course of the facial nerve	
0		

nucleus

Nucleus of the

solitary tract

* Grouped to form nervus intermedius, which aggregates with the visceral efferent fibers from the facial nerve nucleus.

sympathetic)*

Specialvisceral

Somatic afferent

afferent*

Chorda tympani

Certain visceral efferent fibers

pass through the stylomastoid

forming the intraparotid plexus

foramen to the skull base,

Right lateral view. Visceral efferent (parasympathetic) and special visceral afferent (taste) fibers shown in black.

Submandibular gland

Small salivary glands of tongue (dorsum)

Sensory fibers from the auricle, skin of the auditory canal, and outer surface of the tympanic

tympani (gustatory fibers from tongue)

membrane travel via CN VII to the principal sensory nucleus of the trigeminal nerve

Peripheral processes of fibers from geniculate ganglion form the chorda

Sublingual gland

Associated

of taste,

disturbances

lacrimation,

salivation, etc.



* Parasympathetic

CN VIII: Vestibulocochlear Nerve

The vestibulochochlear nerve is a special somatic afferent nerve that consists of two roots. The vestibular root transmits impulses from the vestibular apparatus (balance, see p. 618); the cochlear root transmits impulses from the auditory apparatus (hearing, see p. 616).

Fig. 31.13 Vestibulocochlear nerve: Vestibular part



B Cross section through the upper medulla oblongata.

Fig. 31.14 Vestibulocochlear nerve: Cochlear part



A Anterior view of the medulla oblongata and pons.



B Cross section through the upper medulla oblongata.

Table 31.	.6 Vestibulocochle	arnerve	(CN VIII)		
Part	Course	Fibers	Nuclei	Function	Effects of nerve injury
Vestibular part	Pass from the inner ear through the internal Special Superior, lateral, medial, and inferior vestibular nuclei and then to the		Peripheral processes from the semicircular canals, saccule, and utricle pass to the vestibular ganglion and then to the four vestibular nuclei	Dizziness	
Cochlear part	cerebellopontine angle, where they enter the brain	afferent	Anterior and posterior cochlear nuclei	Peripheral processes beginning at the hair cells of the organ of Corti pass to the spiral ganglion and then to the two cochlear nuclei	Hearing loss

Fig. 31.15 Vestibular and cochear (spiral) ganglia

Note: The vestibular and cochlear roots are still separate structures in the



petrous part of the temporal bone.

Fig. 31.16 Vestibulocochlear nerve in the temporal bone



CN IX: Glossopharyngeal Nerve

Fig. 31.17 Glossopharyngeal nerve nuclei





B Cross section through the medulla oblongata, superior view. Not shown: Nuclei of the trigeminal nerve.

A Anterior view of the medulla oblongata.

Fig. 31.18 Course of the glossopharyngeal nerve

Left lateral view. *Note:* Fibers from the vagus nerve (CN X) combine with fibers from CN IX to form the pharyngeal plexus and supply the carotid sinus.



Table 31.7 Glossopharyngeal nerve branches

- 1 Tympanic n.
- 2 Branch to carotid sinus
- 3 Branch to stylopharyngeus muscle
- 4 Tonsillar branches
- 5 Lingual branches
- 6 Pharyngeal branches

A 10	в	<u>د</u>			
Table 31.8	Glossopharyngea	l nerve (CN IX)			
Course	Fibers	Nuclei	Function	Effects of nerve injury	
	Visceral efferent (parasympathetic)	Inferior salivatory nucleus	Parasympathetic presynaptic fibers are sent to the otic ganglion; postsynaptic fibers are distributed to • Parotid gland (A) • Buccal gland • Labial gland	Isolated lesions of CN IX are	
Emerges from the medulla	Special visceral efferent (branchiogenic)	Nucleus ambiguus	Innervate: • Constrictor muscles of the pharynx (pharyngeal branches join with the vagus nerve to form the pharyngeal plexus) • Stylopharyngeus	rare. Lesions are generally accompanied by lesions of	
oblongata; leaves cranial cavity through the ingular	Visceral afferent	Nucleus of the solitary tract (inferior part)	Receive sensory information from • Chemoreceptors in the carotid body (B) • Pressure receptors in the carotid sinus	CN X and CN XI (cranial part), as all three	
foramen	Special visceral afferent	Nucleus of the solitary tract (superior part)	Receives sensory information from the posterior third of the tongue (via the inferior ganglion) (C)	from the jugular foramen and are	
	Somatic afferent	Spinal nucleus of trigeminal nerve	 Peripheral processes of the intracranial superior ganglion or the extracranial inferior ganglion arise from Tongue, soft palate, pharyngeal mucosa, and tonsils (D, E) Mucosa of the tympanic cavity, internal surface of the tympanic membrane, pharyngotympanic tube (tympanic plexus) (F) Skin of the external ear and auditory canal (blends with the vagus nerve) 	foramen and are susceptible to injury in basal skull fractures.	

Fig. 31.19 Glossopharyngeal nerve in the tympanic cavity

Left anterolateral view. The tympanic nerve contaqins visceral efferent (presynaptic parasympathetic) fibers for the otic ganglion, as well as somatic afferent fibers for the tympanic cavity and pharyngotympanic tube. It joint with sympathetic fibers from the internal carotid plexus (via the carticotympanic nerve) to from the tympanic plexus.



Fig. 31.20 Visceral efferent (parasympathetic) fibers of CNIX



CN X: Vagus Nerve

Fig. 31.21 Vagus nerve nuclei





B Cross section through the medulla oblongata, superior view.

A	Anterior view	ofthe	medulla	oblongata.	
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Table 31.9	vagus ne	erve (CNX)				
Course	Fibers	Nuclei	Function	Effects of nerve injury	1 73	
Emerges from the medulla	Special visceral efferent (branchio- genic)	Nucleus ambiguus	Innervate: • Pharyngeal muscles (via pharyngeal plexus with CNIX) • Muscles of the soft palate • Laryngeal muscles (superior laryngeal n. supplies the cricothyroid; inferior laryngeal n. supplies all other laryngeal muscles)	The recurrent		в
obiongata; leaves the cranial cavity through the jugular foramen. CNX	Visceral efferent (parasympa- thetic)	Dorsal vagal nucleus	Synapse in prevertebral or intramural ganglia. Innervate smooth muscle and glands of • Thoracic viscera (A) • Abdominal viscera (A)	laryngeal nerve supplies visceromotor innervation to the only muscle		
toramen. CN X has the most extensive distribution of all the cranial nerves	Somatic afferent	Spinal nucleus of trigeminal nerve	Superior (jugular) ganglion receives peripheral fibers from • Dura in posterior cranial fossa (C) • Skin of ear (D), external auditory canal (E)	abducting the vocal cords, the posterior cricoarytenoid. Unilateral doctruction of		
(vagus - "vagabond"), consisting	Special visceral afferent	Nucleus of solitary tract (superior part)	Inferior nodose ganglion receives peripheral processes from • Taste buds on the epiglottis (F)	this nerve leads to hoarseness; bilateral		
vagabond", consisting of cranial, cervical, thoracic (see p. 91), and abdominal (see p. 237) parts.	Visceral afferent	Nucleus of solitary tract (inferior part)	Inferior ganglion receives peripheral processes from • Mucosa of lower pharynx at its esophageal junction (G) • Laryngeal mucosa above (superior laryngeal n.) and below (inferior laryngeal n.) the vocal fold (G) • Pressure receptors in the aortic arch (B) • Chemoreceptors in the para-aortic body (B) • Thoracic and abdominal viscera (A)	destruction leads to respiratory distress (dyspnea).	F	G

Fig. 31.22 Course of the vagus nerve

The vagus nerve gives off four major branches in the neck. The inferior laryngeal nerves are the terminal branches of the recurrent laryngeal nerves.

Note: The left recurrent laryngeal nerve winds around the aortic arch, while the right nerve winds around the subclavian artery.



A Branches of the vagus nerve in the neck. Anterior view.

Table 31.10	Vagus	nerve	branches
in the neck			

1	Pharyngeal branches
2	Superior laryngeal n.
3R	Right recurrent laryngeal
	n.
3L	Left recurrent laryngeal
	n.
4	Cervical cardiac
	branches

B Innervation of the pharyngeal and laryngeal muscles. Left lateral view.

CN XI & XII: Accessory & Hypoglossal Nerves

The traditional "cranial root" of the accessory nerve (CN XI) is now considered a part of the vagus nerve (CN X) that travels with the spinal root for a short distance before splitting. The cranial fibers are distributed via the vagus nerve while the spinal root fibers continue on as the (spinal) accessory nerve (CN XI).

Fig. 31.23 Accessory nerve

Posteriorview of the brainstem with the cerebellum removed. *Note:* For didactic reasons, the muscles are displayed from the right side.



Fig. 31.24 Accessory nerve lesions

Lesion of the right accessory nerve.



A Trapezius paralysis, posterior view.

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10.1

B Sternocleidomastoid paralysis, right anterolateral view.



Course	Fibers	Nuclei	Function	Effects of nerve injury
The spinal root emerges from the spinal cord (at the level of C1–C5/6), passes superiorly, and enters the skull through the foramen magnum, where it joins with the cranial root from the medulla oblongata. Both roots leave the skull through the jugular foramen. Within the jugular foramen, fibers from the cranial root pass to the vagus nerve (internal branch). The spinal portion descends to the nuchal region as the external branch.	Special visceral efferent	Nucleus ambiguus (caudal part)	Join CNX and are distributed with the recurrent laryngeal nerve. Innervate: • All laryngeal muscles (except cricothyroid)	Trapezius pardysis: drooping of shoulder on affected side and difficulty raising arm above horizontal plane. This paralysis is a concern during neck operations (e.g., lymph node biopsies). An injury of the accessory nerve will not result in complete trapezius paralysis (the muscle is also innervated by segments C3 and C4/5). Sternocleidomastoid paralysis: torticollis (wry neck, i.e., difficulty turning head). Unilateral lesions cause flaccid paralysis (the muscle is supplied exclusively by the accessory nerve). Bilateral lesions make it difficult to hold the head upright.
	Somatic efferent	Spinal nucleus of accessory n.	Form the external branch of the accessory nerve. Innervate: • Trapezius • Sterno cleidomastoid	

Fig. 31.25 Hypoglossal nerve

Posterior view of the brainstem with the cerebellum removed. *Note:* C1, which innervates the thyrohyoid and geniohyoid, runs briefly with the hypoglossal nerve.



Fig. 31.26 Hypoglossal nerve nuclei

Note: The nucleus of the hypoglossal nerve is innervated by cortical neurons from the contralateral side.



A Anterior view.



B Cross section through the medulla oblongata.

Fig. 31.27 Hypoglossal nerve lesions

Superior view.



The start of the s							
Course		Fibers	Nudei	Function	Effects of nerve injury		
Emerges from the leaves the cranial hypoglossal canal to the vagus nerve of the tongue abo	e medulla oblongata, cavity through the I, and descends laterally e. CNXII enters the root ave the hyoid bone.	Somatic efferent	Nucleus of the hypo- glossal n.	Innervates • Intrinsic and extrinsic muscles of the tongue (except the palatoglossus, supplied by CN X)	Central hypoglossal paralysis (supranuclear): tongue deviates away from the side of the lesion Nuclear or peripheral paralysis: tongue deviates toward the affected side (due to preponderance of muscle on healthy side) Flaccid paralysis: both nuclei injured; tongue cannot be protruded		

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32 Neurovasculature of the Skull & Face

Innervation of the Face

Fig. 32.1 Motor innervation of the face

Left lateral view. Five branches of the facial nerve (CN VII) provide motor innervation to the muscles of facial expression. The mandibular division of the trigeminal nerve (CN V_3) supplies motor innervation to the muscles of mastication.



A Motor innervation of the muscles of facial expression.



Fig. 32.2 Sensory innervation of the face




- B Sensory innervation of the head and neck, left lateral view. The occiput and nuchal regions are supplied by the dorsal rami (blue) of the spinal nerves (the greater occipital nerve is the dorsal ramus of C2).
- A Sensory branches of the trigeminal nerve, anterior view. The sensory branches of the three divisions emerge from the supraorbital, infraorbital, and mental foramina, respectively.



C Divisions of the trigeminal nerve, left lateral view.

Arteries of the Head & Neck

The head and neck are supplied by branches of the common carotid artery. The common carotid splits at the carotid bifurcation into two branches: the internal and external carotid arteries. The internal carotid chiefly supplies the brain (p. 606), although its branches anastomose with the external carotid in the orbit and nasal septum. The external carotid is the major supplier of structures of the head and neck.

Fig. 32.3 Internal carotid artery

Left lateral view. The most important extra-cerebral branch of the internal carotid artery is the ophthalmic artery, which supplies the upper nasal septum (p. 524) and the orbit (p. 512). See pp. 608–609 for arteries of the brain.



Carotid artery atherosclerosis

The carotid artery is often affected by atherosclerosis, a hardening of arterial walls due to plaque formation. The examiner can determine the status of the arteries using ultrasound. *Note:* The absence of atherosclerosis

in the carotid artery does not preclude coronary heart disease or atherosclerotic changes in other locations.



A Common carotid artery with "normal" flow.



B Calcified plaque in the carotid bulb.

Fig. 32.4 External carotid artery: Overview

Left lateral view.



A Schematic of the external carotid artery.



Table 32.1	Branches of the external carotid artery		
Group	Artery		
Anterior (p. 492)	Superior thyroid a. Lingual a.		
	Facial a.		
Medial (p. 492)	Ascending pharyngeal a.		
Bastarias (n. 402)	Occipital a.		
Posterior (p. 495)	Posterior auricular a.		
Terminal (p. 494)	Maxillary a. Superficial temporal a.		

External Carotid Artery: Anterior, Medial & Posterior Branches

Fig. 32.5 Anterior and medial branches

Left lateral view. The arteries of the anterior aspect supply the anterior structures of the head and neck, including the orbit (p. 540), ear (p. 534), larynx (p. 575), pharynx (p. 556), and oral cavity. *Note:* The angular artery anastomoses with the dorsal nasal artery of the internal carotid (via the ophthalmic artery).



Fig. 32.6 Posterior branches

Left lateral view. The posterior branches of the external carotid artery

supply the ear (p. 534), posterior skull (p. 499), and posterior neck muscles (p. 585).



Branch	Artery	Divisions and distribution		
	Superior thyroid a.	Glandular branch (to thyroid gland); superior laryngeal a.; sternocleidomastoid branch		
Anterior branch	Lingual a.	Dorsal lingual branches (to base of tongue, epiglottis); sublingual a. (to sublingual gland, tongue, oral floor, oral cavity)		
	Facial a.	Ascending palatine a. (to pharyngeal wall, soft palate, pharyngotympanic tube); tonsillar branch (to palatine tonsils); submental a. (to oral floor, submandibular gland); labial aa.; angular a. (to nasal root)		
Medial branch Ascending pharyngeal a.		Pharyngeal branches; interior tympanic a. (to mucosa of inner ear); posterior meningeal a.		
	Occipital a.	Occipital branches; descending branch (to posterior neck muscles)		
Posterior branches	Posterior auricular a.	Stylomastoid a. (to facial nerve in facial canal); posterior tympanic a.; auricular branch; occipital branch; parotid branch		
For terminal branches,	see Table 32.3.			

External Carotid Artery: Terminal Branches

The terminal branches of the external carotid artery consist of two major arteries: superficial temporal and maxillary. The superficial temporal artery supplies the lateral skull. The maxillary artery is a major artery for internal structures of the face.

Fig. 32.7 Superficial temporal artery

Left lateral view. Inflammation of the superficial temporal artery due to temporal arteritiscan cause severe headaches. The course of the frontal branch of the artery can often be seen superficially under the skin of elderly patients.



				-	
Branch	Artery		Divisions and distribution	1	
Superficial temporal a.		Transverse facial a. (to soft tissues below the zygomatic arch); frontal branches; parietal branches; zygomatico- orbital a. (to lateral orbital wall)			
		Mandibular part	Inferior alveolar a. (to mandit joint, external auditory canal	ole, teeth, gingiva); middle meningeal a.; deep auricular a. (to temporomandibular); anterior tympanic a.	
Terminal			Pterygoid part	Masseteric a.; deep tempora	l branches; pterygoid branches; buccal a.
branches		Maxillary a. Pterygopalatine part Pterygopalatine a. Sphenopalatine a.	Posterosuperior alveolar a. (t	o maxillary molars, maxillary sinus, gingiva); infraorbital a. (to maxillary alveoli)	
Max	Maxillary a.		B	Greater palatine a. (to hard palate)	
			Descending paratine a.	Lesser palatine a. (to soft palate, palatine tonsil, pharyngeal wall)	
			Cabaaaaabtiaaa	Lateral posterior nasal aa. (to lateral wall of nasal cavity, conchae)	
			Posterior septal branches (to nasal septum)		

Fig. 32.8 Maxillary artery

Left lateral view. The maxillary artery consists of three parts: mandibular



(blue), pterygoid (green), and pterygopalatine (yellow).

A Divisions of the maxillary artery.



B Course of the maxillary artery.

Clinical

Middle meningeal artery

The middle meningeal artery supplies the meninges and overlying calvaria. Rupture of the artery (generally due to head trauma) results in an epidural hematoma.





Sphenopalatine artery

The sphenopalatine artery supplies the wall of the nasal cavity. Excessive nasopharyngeal bleeding from the branches of the sphenopalatine artery may necessitate ligation of the maxillary artery in the pterygopalatine fossa.



Veins of the Head & Neck

Fig. 32.9 Veins of the head and neck

Left lateral view. The veins of the head and neck drain into the brachiocephalicvein. *Note:* The left and right brachiocephalic veins are not symmetrical.



Table 32.4	Principal superficial veins			
Vein	Region drained	Location		
Internal jugular v.	Interior of skull (including brain)	Within carotid sheath		
External jugular v.	Superficial head	Within superficial		
Anterior jugular v.	Neck, portions of head	cervical fascia		

Fig. 32.10 Deep veins of the head

Left lateral view. *Removed:* Upper ramus, condylar and coronoid processes of mandible. The pterygoid plexus is a venous network situated between the mandibular ramus and the muscles of mastication. The cavernous sinus connects branches of the facial vein to the sigmoid sinuses.



Fig. 32.11 Veins of the occiput

Posterior view. The superficial veins of the occiput communicate with the dural venous sinuses via emissary veins that drain to diploic veins (calvaria, p. 457). *Note:* The external vertebral venous plexus traverses the entire length of the spine (p. 611).



Topography of the Superficial Face

Fig. 32.12 Superficial neurovasculature of the face

Anterior view. *Removed:* Skin and fatty subcutaneous tissue; muscles of facial expression (leftside).



Fig. 32.13 Superficial neurovasculature of the head Left lateral view.



Topography of the Parotid Region & Temporal Fossa

Fig. 32.14 Parotid region

Left lateral view. *Removed:* Parotid gland, sternocleidomastoid, and veins of the head. *Revealed:* Parotid bed and carotid triangle.



Fig. 32.15 Temporal fossa

Left lateral view. *Removed*: Sternocleidomastoid and masseter. *Revealed*: Temporal fossa and temporomandibular joint (p. 540).



Topography of the Infratemporal Fossa

Fig. 32.16 Infratemporal fossa: Superficial layer

Left lateral view. *Removed*: Ramus of mandible. *Note*: The mylohyoid nerve (see p. 547) branches from the inferior alveolar nerve just before the mandibular foramen.



Fig. 32.17 Deep layer

Left leteral view. *Removed*: Lateral pterygold muscle (both heads). *Revealed*: Deep infratemporal fossa and mandibular nerve as it enters the mandibular canal via the foramen ovale in the roof of the fossa.



Fig. 32.18 Mandibular nerve (CN V₃) in the infratemporal fossa



Topography of the Pterygopalatine Fossa

The pterygopalatine fossa is a small pyramidal space just inferior to the apex of the orbit. It is continuous with the infratemporal fossa, with no clear line of demarcation between them. The pterygopalatine fossa is a crossroads for neurovascular structures traveling between the middle cranial fossa, orbit, nasal cavity, and oral cavity.

Table 32.0	6 Borders of the pterygopalatine fossa			
Direction	Boundaries	Direction	Boundaries	
Superior	Sphenoid bone (greaterwing), junction with inferior orbital fissure	Posterior	Pterygoid process (lateral plate)	
Anterior	Maxillary tuberosity	Lateral	Communicates with the infratemporal fossavia the pterygomaxillary fissure	
Medial	Palatine bone (perpendicular plate)	Inferior	None; opens into the retropharyngeal space	

Fig. 32.19 Arteries in the pterygopalatine fossa

Left lateral view into area. The maxillary artery passes over the lateral pterygoid in the infratemporal fossa (see Fig. 32.16) and enters the pterygopalatine fossa through the pterygomaxillary fissure.



Table 32.7	Branches of the maxillary artery			
Part	Artery	Distribution		
	① Inferior alveolar a.		Mandible, teeth, gingiva	
	② Anterior tympanic a.		Tympanic cavity	
Mandibular part	③ Deep auricular a.		Temporomandibular joint, external auditory canal	
	④ Middle meningeal a.		Calvaria, dura, anterior and middle cranial fossae	
	③ Masseteric a.		Masseter muscle	
Mandibular part Pterygoid part			Temporalis muscle	
	⑦ Pterygoid branches		Pterygoid muscles	
	⑧ Buccal a.		Buccal mucosa	
	@5	Greater palatine a.	Hard palate	
	@Descending palatine a.	Lesser palatine a.	Soft palate, palatine tonsil, pharyngeal wall	
	@ Posterosuperior alve olar a.		Maxillary molars, maxillary sinus, gingiva	
Pterygopalatine pa	rt 💿 Infraorbital a.		Maxillary alveoli	
	@ A. of pterygoid canal			
	@Cabaaaa biina a	Lateral posterior nasal aa.	Lateral wall of nasal cavity, choanae	
	or sphenopalatine a.	Posterior septal branches	Nasal septum	

The maxillary division of the trigeminal nerve (CN V_2 , see p. 477) passes from the middle cranial fossa through the foramen rotundum into the pterygopalatine fossa. The parasympathetic pterygopalatine ganglion receives presynaptic fibers from the greater petrosal nerve (the parasympathetic root of the nervus intermedius branch of the facial nerve). The preganglionic fibers of the pterygopalatine ganglion synapse with ganglion cells that innervate the lacrimal, small palatal, and small nasal glands. The sympathetic fibers of the deep petrosal nerve (sympathetic root) and sensory fibers of the maxillary nerve (sensory root) pass through the pterygopalatine ganglion without synapsing.

Fig. 32.20 Nerves in the pterygopalatine fossa

Left lateral view.



Table 32.8	32.8 Passage of neurovascular structures into pterygopalatine fossa			
Origin of struct	tures	Passageway	Transmitted nerves	Transmitted vessels
			① Infraorbital n.	Infraorbital a. (and accompanying vv.)
Orbit		Inferior orbital fissure	[®] Zygomatic n.	Inferior ophthalmic v.
			③ Orbital branches (from CN V ₂)	
Middle cranial fo	ssa	Foramen rotundum	④ Maxillary n. (CN V₂)	
Base of skull		Pterygoid canal	③ N. of pterygoid canal (greater and deep petrosal nn.)	A. of pterygoid canal (with accompanying vv.)
		Greater palatine canal	(i) Greater palatine p	Descending palatine a.
Palate			© Greater paratine in.	Greater palatine a.
		Lesser palatine canals	🗇 Lesser palatine nn.	Lesser palatine aa. (terminal branches of descending palatine a.)
Nasal cavity		Sphenopalatine foramen	® Medial and lateral posterior superior and posterior inferior nasal branches (from nasopalatine n., CNV ₂)	Sphenopalatine a. (with accompanying vv.)

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33 Orbit & Eye

Bones of the Orbit

Fig. 33.1 Bones of the Orbit



Table 33.1	Openings	gs in the orbit for neurovascular structures			
Opening*		Nerves		Vessels	
Optic canal		Optic n. (CN II)		Ophthalmic a.	
Superior orbital f	issure	Oculomotor n. (CN III) Trochlear n. (CN IV) Abducent n. (CN VI)	Trigeminal n., ophthalmic division (CN V ₁) • Lacrimal n. • Frontal n. • Nasociliary n.	Superior ophthalmic v.	
Inferior orbital fissure		Infraorbital n. (CN V ₂) Zygomatic n. (CN V ₂)		Infraorbital a. and v., inferior ophthalmic v.	
Infraorbital canal	l	Infraorbital n. (CN V ₂), a., a	nd v.		
Supraorbital fora	men	Supraorbital n. (lateral bran	ıch)	Supraorbital a.	
Frontal incisure		Supraorbital n. (medial brai	nch)	Supratrochlear a.	
Anterior ethmoio	dal foramen	Anterior ethmoidal n., a., a	nd v.		
Posteriorethmoi	dal foramen	Posteriorethmoidal n., a., a	ind v.		
* The nasolacrim	al canal transmit	s the nasolacrimal duct.			



C Medial view of right orbit.



D Coronal section, anterior view.



Direction Bordering structu			
Superior	Frontal sinus		
Superior	Anterior cranial fossa		
Medial Ethmoid sinus			
Inferior Maxillary sinus			
Certain deeper structures also have a clinically important relationship to the orbit:			
Sphenoid sinus Hypophysis (pituitary)			
Middle cranial fossa Cavernous sinus			
Optic chiasm Pterygopalatine fossa			

Muscles of the Orbit

Fig. 33.2 Extraocular muscles

Right eye, superior view (except **A**). The eyeball is moved by six extrinsic muscles: four rectus (superior, inferior, medial, and lateral) and two oblique (superior and inferior).



Table 33.3	Extraocular muscles					
Muscle	Origin	Insertion	Primary action (red)	Secondary action (blue)	Innervation	
Superior rectus	Common tendinous ring (common annular tendon) Sphenoid bone*	1	Elevation	Adduction and medial rotation	Oculomotor n. (CN III), superior branch	
Medial rectus		Sclera of the eye	Adduction	-	Oculomotor n. (CN III), inferior branch	
Inferior rectus			Depression	Adduction and lateral rotation		
Lateral rectus			Abduction	-	Abducent n. (CN VI)	
Superior oblique			Depression and abduction	Medial rotation	Trochlear n. (CN IV)	
Inferior oblique	Medial orbital margin		Elevation and abduction	Lateral rotation	Oculomotor n. (CN III), inferior branch	
* The tendon of in	sertion of the superior obli	que passes thr	ough a tendinous loop (trochle	a) attached to the superomedial or	bital margin.	

Fig. 33.3 Cardinal directions of gaze

There are six cardinal directions of gaze, all of which are tested during clinical evaluation of ocular motility. *Note:* Each gaze requires activation of two different muscles (not a muscle pair) and therefore two cranial nerves.



Fig. 33.4 Innervation of the extraocular muscles

Right eye, lateral view with the temporal wall of the orbit removed.



Oculomotor palsies may result from a lesion involving an eye muscle or its associated cranial nerve (at the nucleus or along the course of the nerve). If one extraocular muscle is weak or paralyzed, deviation of the eye will be noted. Impairment of the coordinated actions of the extraocular muscles may cause the visual axis of one eye to deviate from its normal position. The patient will therefore perceive a double image (diplopia).



Neurovasculature of the Orbit

Fig. 33.5 Veins of the orbit

Lateral view of the right orbit. *Removed:* Lateral orbital wall. *Opened:* Maxillary sinus.



Fig. 33.6 Arteries of the orbit

Superior view of the right orbit. Opened: Optic canal and orbital roof.



Fig. 33.7 Innervation of the orbit

Lateral view of the right orbit. *Removed:* Temporal bony wall.



Fig. 33.8 Cranial nerves in the orbit

Superior view of the anterior and middle cranial fossae. *Removed:* Cavernous sinus (lateral and superior walls), orbital roof, and periorbita (portions). The trigeminal ganglion has been retracted laterally.



Topography of the Orbit

Fig. 33.9 Neurovascular structures of the orbit

Anterior view. *Right side:* Orbicularis oculi removed. *Left side:* Orbital septum partially removed.



Fig. 33.10 Passage of neurovascular structures through the orbit

Anterior view. *Removed:* Orbital contents. *Note:* The optic nerve and ophthalmic artery travel in the optic canal. The remaining structures pass through the superior orbital fissure.



Fig. 33.11 Neurovascular contents of the orbit

Superior view. *Removed:* Bony roof of orbit, peritorbita, and retro-orbital fat.





B Middle level. Reflected: Levator palpebrae superioris and superior rectus. Revealed: Optic nerve.

Orbit & Eyelid

Fig. 33.12 Topography of the orbit

Sagittal section through the right orbit, medial view.



Fig. 33.13 Eyelids and conjuctiva

Sagittal section through the anterior orbital cavity.


Fig. 33.14 Lacrimal apparatus

Right eye, anterior view. *Removed:* Orbital septum (partial). *Divided:* Levator palpebrae superioris (tendon of insertion).



Lacrimal drainage

Perimenopausal women are frequently subject to chronically dry eyes (keratoconjunctivitis sicca), due to insufficient tear production by the lacrimal gland. Acute inflammation of the lacrimal gland (due to bacteria) is less common and characterized by intense inflammation and extreme tenderness to palpation. The upper eyelid shows a characteristic S-curve.



Eyeball

Fig. 33.15 Structure of the eyeball

Transverse section through right eyeball, superior view. *Note:* The orbital axis (running along the optic nerve through the optic disk) deviates from the optical axis (running down the center of the eye to the fovea centralis) by 23 degrees.



Fig. 33.16 Blood vessels of the eyeball

Transverse section at the level of the optic nerve, superior view. The arteries

of the eye arise from the ophthalmic artery, a terminal branch of the internal carotid artery. Blood is drained by four to eight vorticose veins that open into the superior and inferior ophthalmic veins.



Clinical

Optic fundus

The optic fundus is the only place in the body where capillaries can be examined directly. Examination of the optic fundus permits observation of vascular changes that may be caused by high blood pressure or diabetes. Examination of the optic disk is important in determining intracranial pressure and diagnosing multiple sclerosis.



Cornea, Iris & Lens

Fig. 33.17 Cornea, iris, and lens

Transverse section through the anterior segment of the eye. Anterosuperior view.



Fig. 33.18 Iris

Transverse section through the anterior segment of the eye. Anterosuperior view.



Clinical

Glaucoma

Aqueous humor produced in the posterior chamber passes through the pupil into the anterior chamber. It seeps through the spaces of the trabecular meshwork into the canal of Schlemm and enters the venous sinus of the sclera before passing into the episcleral veins. Obstruction of aqueous humor drainage causes an increase in intraocular pressure (glaucoma), which constricts the optic nerve in the lamina cribrosa. This constriction eventually leads to blindness. The most common glaucoma (approximately 90% of cases) is chronic (open-angle) glaucoma. The more rare acute glaucoma is characterized by red eye, strong headache and/or eye pain, nausea, dilated episcleral veins, and edema of the cornea.



Fig. 33.19 Pupil

Pupil size is regulated by two intraocular muscles of the iris: the pupillary sphincter, which narrows the pupil (parasympathetic innervation), and the pupillary dilator, which enlarges it (sympathetic innervation).



A Normal pupil size.



B Maximum constriction (miosis).



C Maximum dilation (mydriasis).

Fig. 33.20 Lens and ciliary body

Posterior view. The curvature of the lens is regulated by the muscle fibers of the annular ciliary body.



Fig. 33.21 Light refraction by the lens

Transverse section, superior view. In the normal (emmetropic) eye, light rays are refracted by the lens (and cornea) to a focal point on the retinal surface (fovea centralis). Tensing of the zonular fibers, with ciliary muscle relaxation, flattens the lens in response to parallel rays arriving from a distant source (far vision). Contraction of the ciliary muscle, with zonular fiber relaxation, causes the lens to assume a more rounded shape (near vision).



A Normal dynamics of the lens.

B Abnormal lens dynamics.

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34 Nasal Cavity & Nose

Bones of the Nasal Cavity

Fig. 34.1 Skeleton of the nose

The skeleton of the nose is composed of an upper bony portion and a lower cartilaginous portion. The proximal portions of the nostrils (alae) are composed of connective tissue with small embedded pieces of cartilage.



Fig. 34.2 Bones of the nasal cavity

The left and right nasal cavities are flanked by lateral walls and separated by the nasal septum. Air enters the nasal cavity through the anterior nasal aperture and travels through three passages: the superior, middle, and inferior meatuses (arrows). These passages are separated by the superior, middle, and inferior conchae. Air leaves the nose through the choanae, entering the nasopharynx.





Paranasal Air Sinuses

Fig. 34.3 Location of the paranasal sinuses

The paranasal sinuses (frontal, ethmoid, maxillary, and sphenoid) are airfilled cavities that reduce the weight of the skull.



C Pneumatization of the sinuses. The frontal and maxillary sinuses develop gradually over the course of cranial growth.

Table 34.1 Opening of nasal structures into the					
nose					
Nasal passage	Sinuses/duct				
Sphenoethmoid recess	Sphenoid sinus (blue)				
Superior meatus	Posterior ethmoid sinus (green)				

Nasal passage	Sinuses/duct		
Middle meatus	Anterior and middle ethmoid sinus (green)		
	Frontal sinus (yellow)		
	Maxillary sinus (orange)		
Inferior meatus	Nasolacrimal duct (red)		

Fig. 34.4 Paranasal sinuses

Mucosal secretions from the sinuses and nasolacrimal duct open into the nose.



A Openings of the paranasal sinuses and nasolacrimal duct. Sagittal section, medial view of the right nasal cavity.

B Paranasal sinuses and osteomeatal unit in the left nasal cavity. Coronal section, anterior view.

Fig. 34.5 Bony structure of the paranasal sinuses

Coronal section, anterior view.



A Bones of the paranasal sinuses.



B Ethmoid bone (red) in the paranasal sinuses.



C MRI through the paranasal sinuses.



Deviated septum

The normal position of the nasal septum creates two roughly symmetrical nasal cavities. Extreme lateral deviation of the septum may result in

obstruction of the nasal passages. This may be corrected by removing portions of the cartilage (septoplasty).

Sinusitis

When the mucosa in the ethmoid sinuses becomes swollen due to inflammation (sinusitis), it blocks the flow of secretions from the frontal and maxillary sinuses in the osteomeatal unit (see Fig. 34.4). This may cause microorganisms to become trapped, causing secondary inflammations. In patients with chronic sinusitis, the narrow sites can be surgically widened to establish more effective drainage routes.

Neurovasculature of the Nasal Cavity



Fig. 34.6 Nasal septum

Fig. 34.7 Arteries of the nasal cavity

Left lateral view. *Note:* The venous drainage of the nasal cavity is into the anterior facial and ophthalmic veins.



Fig. 34.8 Lateral nasal wall



Noseble eds

Vascular supply to the nasal cavity arises from both the internal and external carotid arteries. The anterior part of the nasal septum contains a very vascularized region referred to as Kiesselbach's area. This area is the most common site of significant nosebleeds.

Fig. 34.9 Nerves of the nasal cavity

Left lateral view.



A Nerves of the nasal septum.

B Nerves of the lateral nasal wall.

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35 Temporal Bone & Ear

Temporal Bone

Fig. 35.1 Temporal bone

Left bone. The temporal bone consists of three major parts: squamous, petrous, and tympanic (see Fig. 35.2).



Fig. 35.2 Parts of the temporal bone



Clinical

Structures in the temporal bone

The mastoid process contains mastoid air cells that communicate with the middle ear; the middle ear in turn communicates with the nasopharynx via the pharyngotympanic (auditory) tube. Bacteria may use this pathway to move from the nasopharynx into the middle ear. In severe cases, bacteria may pass from the mastoid air cells into the cranial cavity, causing meningitis.



The petrous portion of the temporal bone contains the middle and inner ear as well as the tympanic membrane. The bony semicircular canals are

oriented at an approximately 45-degree angle from the coronal, transverse, and sagittal planes.



Irrigation of the auditory canal with warm (44°C) or cool (30°C) water can induce a thermal current in the endolymph of the semicircular canal, causing the patient to manifest vestibular nystagmus (jerky eye movements, vestibulo-ocular reflex). This caloric testing is important in the diagnosis of unexplained vertigo. The patient must be oriented so that the semicircular canal of interest lies in the vertical plane.



External Ear & Auditory Canal

The auditory apparatus is divided into three main parts: external, middle, and inner ear. The external and middle ear are part of the sound conduction apparatus, and the inner ear is the actual organ of hearing (see p.

619). The inner ear also contains the vestibular apparatus, the organ of balance (see p. 618).

Fig. 35.3 Ear: Overview

Coronal section through right ear, anterior view.





Clinical

Curvature of the external auditory canal

The external auditory canal is most curved in its cartilaginous portion. When an otoscope is being inserted, the auricle should be pulled backward and upward so the speculum can Fig. 35.4 External auditory canal be introduced into a straightened canal.



Fig. 35.4 External auditory canal

Coronal section through right ear, anterior view. The tympanic membrane separates the external auditory canal from the tympanic cavity (middle ear). The outer third of the auditory canal is cartilaginous, and the inner two thirds are osseous (tympanic part of temporal bone).



Fig. 35.5 Structure of the auricle

The auricle of the ear encloses a cartilaginous framework that forms a funnel-shaped receptor for acoustic vibrations. The muscles of the auricle are considered muscles of facial expression, although they are vestigial in humans.





B Cartilage and muscles of the auricle, right lateral view.



c Cartilage and muscles of the auricle, medial view of posterior surface.



Fig. 35.6 Arteries of the auricle

Fig. 35.7 Innervation of the auricle



Middle Ear: Tympanic Cavity

Fig. 35.8 Middle ear

Right petrous bone, superior view. The tympanic cavity of the middle ear communicates anteriorly with the pharynx via the pharyngotympanic (auditory) tube and posteriorly with the mastoid air cells.





Fig. **35.9 Tympanic cavity and pharyngotympanic tube** Medial view of opened tympanic cavity.

Fig. 35.10 Tympanic cavity



cavity. Oblique sagittal section showing the medial wall.

Middle Ear: Ossicular Chain & Tympanic Membrane

Fig. 35.11 Auditory ossicles

Left ear. The ossicular chain consists of three small bones that establish an articular connection between the tympanic membrane and the oval window.





A Auditory ossicles in the middle ear. Anterior view of the left ear.

B Bones of the ossicular chain. Medial view of the left ossicular chain.

Fig. 35.12 Malleus ("hammer") Left ear.



Fig. 35.13 Incus ("anvil")

Left ear.



Fig. 35.14 Stapes ("stirrup")

Left ear.



Fig. 35.15 Tympanic membrane

Right tympanic membrane. The tympanic membrane is divided into four quadrants: anterosuperior (I), anteroinferior (II), posteroinferior (III), and posterosuperior (IV).



A Lateral view of the right tympanic membrane.



B Mucosal lining of the tympanic cavity. Posterolateral view with the tympanic membrane partially removed.

Fig. 35.16 Ossicular chain in the tympanic cavity

Lateral view of the right ear. *Revealed*: Ligaments of the ossicular chain and muscles of the middle ear (stapedius and tensor tympani).



Ossicular chain in hearing

Sound waves funneled into the external auditory canal set the tympanic membrane into vibration. The ossicular chain transmits the vibrations to the oval window, which communicates them to the fluid column of the inner ear. Sound waves in fluid meet with higher impedance; they must therefore be amplified in the middle ear. The difference in surface area between the tympanic membrane and the oval window increases the sound pressure 17-fold. A total amplification factor of 22 is achieved through the lever action of the ossicular chain. If the ossicular chain fails to transform the sound pressure between the tympanic membrane and the footplate of the stapes, the patient will experience conductive hearing loss of magnitude 20 dB. See p. 619 for hearing.



Arteries of the Middle Ear

	Inte Middle Ascending Exter	mal carotid a meningeal a Maxillary a phary ngeal a	0 5 2 6 6 6 6 6 6 6 7 7 7 7 7 7 7 7 7 7 7 7 7	r auricular a. Ia.
Table 35.2	Principal arteries of t	he middle ear		
Origin	Artery			Distribution
Internal carotid a.	a. ① Caroticotympanic aa.			Tympanic cavity (anterior wall), pharyngotympanic (auditory) tube
External carotid a.	Ascending pharyngeal a. (medial branch)	② Inferior tympanic a.		Tympanic cavity (floor), promontory
	Maxillary a. (terminal branch) ③ Deep auricular a. ④ Anterior tympanic Middle meningeal a.		Tympanic cavity (floor), tympanic membrane	
		④ Anterior tympanic	a.	Tympanic membrane, mastoid antrum, malleus, incus
		Middle meningeal a.	③ Superior tympanic a.	Tympanic cavity (roof), tensor tympani, stapes
	Posterior auricular a. (posterior branch)	Stylomastoid a.	© Stylomastoid a.	Tympanic cavity (posterior wall), mastoid air cells, stapedius muscle, stapes
			 Posterior tympanic a. 	Chorda tympani, tympanic membrane, malleus

Fig. 35.17 Arteries of the middle ear: Ossicular chain and tympanic membrane

Medial view of the right tympanic membrane. With inflammation, the arteries of the tympanic membrane may become so dilated that their course can be observed (as shown here).



Fig. 35.18 Arteries of the middle ear: Tympanic cavity

Right petrous bone, anterior view. *Removed:* Malleus, incus, portions of chorda tympani, and anterior tympanic artery.



Inner Ear

The inner ear consists of the vestibular apparatus (for balance) and the auditory apparatus (for hearing). Both are formed by a membranous labyrinth filled with endolymph floating within bony labyrinth filled with perilymph and embedded in the petrous part of the temporal bone.

Fig. 35.19 Vestibular apparatus

Right lateral view.


Fig. 35.20 Auditory apparatus

The cochlear labyrinth and its bony shell form the cochlea, which contains the sensory epithelium of the auditory apparatus (organ of Corti).



Fig. 35.21 Innervation of the membranous labyrinth Right ear, anterior view. The vestibulocochlear nerve (CN VIII; see p. 480)

transmits afferent impulses from the inner ear to the brainstem through the internal acoustic meatus. The vestibulocochlear nerve is divided into the vestibular and cochlear nerves. *Note:* The sensory organs in the semicircular canals respond to angular acceleration, and the macular organs respond to horizontal and vertical linear acceleration.



Fig. 35.22 Blood vessels of the inner ear

Right anterior view. The labyrinth receives its blood supply from the internal auditory artery, a branch of the anteroinferior cerebellar artery (see p. 608).



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36 Oral Cavity & Pharynx

Bones of the Oral Cavity

The floor of the nasal cavity (the maxilla and palatine bone) forms the roof of the oral cavity, the hard palate. The two horizontal processes of the maxilla (the palatine processes) grow together during development, eventually fusing at the median palatine suture. Failure to fuse results in a cleft palate.



Fig. 36.1 Hard palate: Inferior view

Fig. 36.2 Hard palate: Superior view

Removed: Maxilla (upper part).



Fig. 36.3 Hard palate: Oblique posterior view



Fig. 36.4 Mandible

The mandible (jaw) is connected to the viscerocranium at the temporomandibular joint (p. 540).



Fig. 36.5 Hyoid bone

The hyoid bone is suspended in the neck by muscles between the floor of the mouth and the larynx. Although not listed among the cranial bones, the hyoid bone gives attachment to the muscles of the oral floor. The greater horn and body of the hyoid are palpable in the neck.



Temporomandibular Joint

Fig. 36.6 Temporomandibular joint

The head of the mandible articulates with the mandibular fossa in the temporomandibular joint.



Fig. 36.7 Ligaments of the temporomandibular joint



A Lateral view of the left temporomandibular joint.

B Medial view of the right temporomandibular joint.

Fig. 36.8 Movement of the temporomandibular joint

Left lateral view. Up to 15 degrees of abduction, the head of the mandible remains in the mandibular fossa. Past 15 degrees, the head of the mandible glides forward onto the articular tubercle.



A Mouth closed.





Clinical

Dislocation of the temporomandibular joint

Dislocation may occur if the head of the mandible slides past the articular tubercle. The mandible then becomes locked in a protruded position, a condition reduced by pressing on the mandibular row of teeth.



Fig. 36.9 Innervation of the temporo mandibular joint capsule Superior view.



Teeth

Fig. 36.10 Structure of a tooth

Each tooth consists of hard tissue (enamel, dentin, cementum) and soft tissue (dental pulp) arranged into a crown, neck (cervix), and root.



Fig. 36.11 Permanent teeth

Each half of the maxilla and mandible contains a set of three anterior teeth (two incisors, one canine) and five posterior (postcanine) teeth (two premolars, three molars).



A Maxillary teeth. Inferior view of the maxilla.



Fig. 36.12 Tooth surfaces

The top of the tooth is known as the occlusal surface.



Fig. 36.13 Coding of the teeth

In the United States, the 32 permanent teeth are numbered sequentially (not assigned to quadrants). *Note:* The 20 deciduous (baby) teeth are coded A to J (upper arch), and K to T in a similar clockwise fashion. The third upper right molar is 1; the second upper right premolar is **A**.



Fig. 36.14 Dental panoramic tomogram

The dental panoramic tomogram (DPT) is a survey radiograph that allows preliminary assessment of the temporomandibular joints, maxillary sinuses, maxillomandibular bone, and dental status (carious lesions, location of wisdom teeth, etc.). *DPT courtesy of Dr. U. J. Rother, Director of the Department of Diagnostic Radiology, Center for Dentistry and Oromaxillofacial Surgery, Eppendorf University Medical Center, Hamburg, Germany.*



Oral Cavity Muscle Facts

Fig. 36.15 Muscles of the oral floor

See pp. 562–563 for the infrahyoid muscles.



D Superior view of the mandible and hyoid bone.

Table 36.1	Suprahyoi	id muscles				
Muscle		Origin	Insertion		Innervation	Action
① Digastric	() Anterior belly	Mandible (digastric fossa)		Via an intermediate	Mylohyoid n. (from CNV ₃)	Elevates hyoid bone (during swallowing), assists in opening mandible
	(b) Posterior belly	Temporal bone (mastoid notch, medial to mastoid process)		fibrous loop	Facial n. (CNVII)	
② Stylohyoid		Temporal bone (styloid process)	Hyoid bone (body)	Via a split tendon		
[®] Mylohyoid		Mandible (mylohyoid line)		Via median tendon of insertion (mylohyoid raphe)	Mylohyoid n. (from CNV ₃)	Tightens and elevates oral floor, draws hyoid bone forward (during swallowing), assists in opening mandible and moving it side to side (mastication)
④ Geniohyoid		Mandible (inferior mental spine)		Body of hyoid bone	Ventral ramus of C1 via hypoglossal n. (CN XII)	Draws hyoid bone forward (during swallowing), assists in opening mandible
© Hyoglossus		Hyoid bone (superior border of greater cornu)	Sides of tongue		Hypoglossal n. (CN XII)	Depresses the tongue

Fig. 36.16 Muscles of the soft palate

Inferior view. The soft palate forms the posterior boundary of the oral cavity, separating it from the oropharynx.



Table 36.2	Muscles of the soft palate			
Muscle	Origin	Insertion	Innervation	Action
Tensorveli palatini	Medial pterygoid plate (scaphoid fossa); sphenoid bone (spine); cartilage of pharyngotympanic tube	Palatine	Medial pterygoid n. (CN V ₃ via otic ganglion)	Tightens soft palate; opens inlet to pharyngotympanic tube (during swallowing, yawning)
Levator veli palatini	Cartilage of pharyngotympanic tube; temporal bone (petrous part)	aponeurosis		Raises soft palate to horizontal position
Musculus uvulae	Uvula (mucosa)	Palatine aponeurosis; posterior nasal spine	Accessory n. (CN XI, cranial part) via pharyngeal plexus	Shortens and raises uvula
Palatoglossus*	alatoglossus*		(vagus n., CN X)	Elevates tongue (posterior portion); pulls soft palate onto tongue
Palatopharyngeus*	Tongue (side)	aponeurosis		Tightens soft palate; during swallowing pulls pharyngeal walls superiorly, anteriorly, and medially
*See pp. 548, 555.				

Innervation of the Oral Cavity

Fig. 36.17 Trigeminal nerve in the oral cavity

Right lateral view.



Fig. 36.18 Neurovasculature of the hard palate

Inferior view. The hard palate receives sensory innervation primarily from

terminal branches of the maxillary division of the trigeminal nerve (CN V₂). The arteries of the hard palate arise from the maxillary artery.



The muscles of the oral floor have a complex nerve supply with contributions from the trigeminal nerve (CN V_3), facial nerve (CN VII), and C1 spinal nerve via the hypoglossal nerve (CN XII).

Fig. 36.19 Innervation of the oral floor muscles



Tongue

The dorsum of the tongue is covered by a highly specialized mucosa that supports its sensory functions (taste and fine tactile discrimination; see p. 616). The tongue is endowed with a very powerful muscular body to support its motor properties during mastication, swallowing, and speaking.

Fig. 36.20 Structure of the tongue

The V-shaped sulcus terminalis divides the tongue into an anterior (oral, presulcal) and a posterior (pharyngeal, postsulcal) part.



Fig. 36.21 Muscles of the tongue

The extrinsic lingual muscles (genioglossus, hyoglossus, palatoglossus, and styloglossus) have bony attachments and move the tongue as a whole. The intrinsic lingual muscles (superior and inferior longitudinal muscles, transverse muscle, and vertical muscle) have no bony attachments and alter the shape of the tongue.



Fig. 36.22 Somatosensory and taste innervation of the tongue Anterior view.



Fig. 36.23 Neurovasculature of the tongue

The lingual muscles receive somatomotor innervation from the hypoglossal nerve (CN XII), with the exception of the palatoglossus (supplied by the vagus nerve, CN X).



Clinical

Unilateral hy pogiossal nerve palsy

Damage to the hypoglossal nerve causes paralysis of the genioglossus muscle on the affected side. The healthy (innervated) genioglossus on the unaffected side will therefore dominate. Upon protrusion, the tongue will deviate *toward* the paralyzed side.



Topography of the Oral Cavity & Salivary Glands

The oral cavity is located below the nasal cavity and anterior to the pharynx. It is bounded by the hard and soft palates, the tongue and muscles of the oral floor, and the uvula.

Fig. 36.24 Oral cavity

Midsagittal section, left lateral view.



B Boundaries of the oral cavity.

Fig. 36.25 Divisions of the oral cavity

Anterior view.



Table 36.3 Divisions of the oral cavity			
Part	Anterior boundary	Posterior boundary	
Oral vestibule	Lips/cheek	Dental arches	
Oral cavity proper	Dental arches	Palatoglossal arch	
Fauces (throat)	Palatoglossal arch	Palatopharyngeal arch	

The three large, paired salivary glands are the parotid, submandibular, and sublingual glands. The parotid gland is a purely serous (watery) salivary gland. The sublingual gland is predominantly mucous; the submandibular gland is a mixed seromucous gland.



C Submandibular and sublingual glands, superior view with tongue removed.

Tonsils & Pharynx

Fig. 36.27 Tonsils



Tonsil	#
Pharyngeal tonsil	1
Tubal tonsils	2
Palatine tonsils	2
Lingual tonsil	1
Lateral bands	2

Clinical

Tonsil infections

Abnormal enlargement of the palatine tonsils due to severe viral or bacterial infection can result in obstruction of the oropharynx, causing difficulty swallowing.



Particularly well developed in young children, the pharyngeal tonsil begins to regress at 6 to 7 years of age. Abnormal enlargement is common, with the tonsil bulging into the nasopharynx and obstructing air passages, forcing the child to "mouth breathe."



Fig. 36.28 Pharyngeal mucosa

Posterior view of the opened pharynx. The anterior portion of the muscular tube contains three openings: choanae (to the nasal cavity), faucial isthmus (to the oral cavity), and aditus (to the laryngeal inlet).



Pharyngeal Muscles

Fig. 36.29 Pharyngeal muscles: Left lateral view

The pharyngeal musculature consists of thepharyngeal constrictors and the relatively weak pharyngeal elevators.



B Subdivisions of the pharyngeal constrictors.

Table 36.5 Pharyngeal constrictors		
Superior pharyngeal constrictor		
S1	Pterygopharyngeal part	

S2	Buccopharyngeal part	
S3	Mylopharyngeal part	
S4	Glossopharyngeal part	
Middle pharyngeal constrictor		
M1	Chondropharyngeal part	
M2	Ceratopharyngeal part	
Inferior pharyngeal constrictor		
I1	Thyropharyngeal part	
I2	Cricopharyngeal part	

Fig. 36.30 Pharyngeal muscles: Posterior view



Neurovasculature of the Pharynx

Fig. 36.31 Neurovasculature in the parapharyngeal space

Posterior view. Removed: Vertebral column and posterior structures.



Fig. 36.32 Parapharyngeal space

Transverse section, superior view.



Fig. 36.33 Neurovasculature of the opened pharynx Posterior view.



CNIII – Oculomotor n., CNV – Trigeminal n., CNVI – Abducent n., CNVII – Facial n., CNVIII – Vestibulocochlear n., CNIX – Glossopharyngeal n., CNX – Vagus n., CNXI – Accessory n., CNXII – Hypoglossal n. See Chapter 31 for the cranial nerves.

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37 Neck

Bones & Ligaments of the Neck

Fig. 37.1 Boundaries of the neck

Left lateral view.



Table 37.1 Bones and joints of the neck				
Cervical spinep.	p.6			
Hyoid bone	p. 539			
Craniovertebral joints	Atlanto-occipital jointsp.	p. 16		
	Atlantoaxial joints			
Uncovertebral joints	p.15			
Zygapophyseal (intervertebra	p. 14			
Larynxp.		p. 571		

Fig. 37.2 Bony structures of the neck

Left lateral view.



A Cervical spine. The seven vertebrae of the cervical spine are specialized for bearing the weight of the head.

Fig. 37.3 Ligaments of the cervical spine

Midsagittal section, viewed from the left side. For the ligaments of the craniovertebral joints, see p. 16.



Muscle Facts (I)

From a topographical standpoint, there are six major muscle groups in the neck. Functionally, however, the platysma belongs to the muscles of facial expression, the trapezius belongs to the muscles of the shoulder girdle, and the nuchal muscles belong to the intrinsic back muscles. The suboccipital muscles (short nuchal and craniovertebral joint muscles) are included in this chapter with the deep muscles of the neck.

	Table 37.3	Classifi	cation of neck muscles					
I	Superficial	neck muscles	i		III	Suprahyoid muscles		
	Platysma, st	ernocleidoma	istoid, trapezius	Fig. 37.4		Digastric, geniohyoid, mylohyoid, stylohyoid	Fig. 37.7A	
1	Nuchal mus	cles (intrinsi	c back muscles)		IV	Infrahyoid muscles		
	© Semispina	ilis capitis	⑦ Semispinalis cervicis	See p. 32		Sternohyoid, sternothyroid, thyrohyoid, omohyoid Fig. 37.		
	Splenius c	ius capitis ③ Splenius cervicis			۷	Prevertebral muscles		
	@Longissim	us capitis	is capitis ① Longissimus cervicis			Longus capitis, longus coli, rectus capitis anterior and lateralis Fig. 37.9A		
	@Iliocostali	@ Iliocostalis cervicis			VI	Lateral (deep) neck muscles		
	Suboccipital	muscles (sho	rt nuchal and craniovertebral joint muscles)	Fig. 37.9C		Anterior, middle, and posterior scalenes	Fig. 37.9B	

Fig. 37.4 Superficial neck muscles

See Table 37.4 for details.



A Sternocleidomastoid.



B Trapezius.

Fig. 37.5 Nuchal muscles



Fig. 37.6 Superficial musculature of the neck



C Posterior view. Removed: Trapezius (right side).

Table 37.4	Superficial neck n	nuscles				
Muscle		Origin	Insertion Innervation		Action	
Platysma		Skin over lower neck and upper lateral thorax	Mandible (inferior border), skin over lower face and angle of mouth	Cervical branch of facial n. (CN VII)	Depresses and wrinkles skin of lower face and mouth, tenses skin of neck, aids forced depression of mandible	
	① Sternal head	Stemum (manubrium)	Temporal bone (mastoid	Motor: Accessory n. (CNXI) Pain and proprioception: Cervical plexus (C2, C3)	Unilateral: Tilts head to same side, rotates head to opposite side <i>Bilateral:</i> Extends head, aids in respiration when head is fixed	
Sternocleido- mastoid	② Clavicular head	Clavicle (medial one third)	process), occipital bone (superior nuchal line)			
Trapezius	③ Descending part*	Occipital bone, spinous processes of C1–C7	Clavicle (lateral one third)		Draws scapula obliquely upward, rotates glenoid cavity superiorly	
* The transverse	e ④ and ascending ⑤ parts a	ine described on n. 276				

Muscle Facts (II)

Table 3	7.5 Suprahy	oid muscles				
The supra	hyoid muscles are als	o considered accessory muscles of r	mastication.			
Muscle		Origin	Insertion		Innervation	Action
Disesteis	(Anterior belly Mandil	Mandible (digastric fossa)		Via an intermediate	Mylohyoid n. (from CN V ₃)	Elevates hyoid bone (during swallowing), assists in opening mandible
Digastric	(b) Posterior belly	Temporal bone (mastoid notch, medial to mastoid process)		fibrous loop	Facial n.	
② Stylohyoid		Temporal bone (styloid process)	Hyoid bone (body)	Via a split tendon		
③ Mylohyoid		Mandible (mylohyoid line)		Via median tendon of insertion (mylohyoid raphe)	Mylohyoid n. (from CN V ₃)	Tightens and elevates oral floor, draws hyoid bone forward (swallowing), assists in opening mandible and moving it side to side (mastication)
④Geniohyoid		Mandible (inferior mental spine)		Directly	Anterior ramus of C1 (via CN XII)	Draws hyoid bone forward (swallowing), assists in opening mandible

Fig. 37.7 Supra- and infrahyoid muscles



A Suprahyoid muscles, left lateral view.



8

(7)

6

Table 37.6	Infrahyoid muscles			
Muscle	Origin	Insertion	Innervation	Action
③Omohyoid	Scapula (superior border)		Ansa cenvicalis of	Depresses (fixes) hyoid, draws larynx and hyoid down for phonation and terminal obases of swallowing."
⑥ Stemohyoid	Manubrium and sternoclavicular joint (posterior surface)	Hyoid bone (body)	cervical plexus (C1–C3)	
⑦ Sternothyroid	Manubrium (posterior surface)	Thyroid cartilage (oblique line)	Ansa cervicalis (C2–C3)	a mining phoses of smallowing
Thyrohyoid	Thyroid cartilage (oblique line)	Hyoid bone (body)	C1 via hypoglossal n. (CN XII)	Depresses and fixes hyoid, raises the larynx during swallowing
• - 1 1 - 1	1	h h .		

* The omohyoid also tenses the cervical fascia (with an intermediate tendon).

Fig. 37.8 Supra- and infrahyoid muscles



C Anterior view. The sternohyoid has been cut (right).

Muscle Facts (III)

Fig. 37.9 Deep muscles of the neck







C Suboccipital muscles, posterior view.

A Prevertebral muscles, anterior view.

B Scalene muscles, anterior view.

Table 37.7	Table 37.7 Deep muscles of the neck					
Muscle		Origin	Insertion	Innervation	Action	
Prevertebral m	uscles					
①Longus capiti	s	C3–C6 (anterior tubercles of transverse processes)	Occipital bone (basilar part)	Direct branches from cervical plexus (C1–C3)	Flexion of head at atlanto-occipital joints	
	Vertical (intermediate) part	C5–T3 (anterior surfaces of vertebral bodies)	C2–C4 (anterior surfaces)		Unilateral: Tilts and rotates cervical spine to	
@Longus colli	Superior oblique part	C3–C5 (anterior tubercles of transverse processes)	Atlas (anterior tubercle)	Direct branches from cervical plexus (C2–C6)	opposite side Bilateral: Forward flexion of cervical spine	
	Inferior oblique part	T1–T3 (anterior surfaces of vertebral bodies)	C5–C6 (anterior tubercles of transverse processes)			
③ Rectus capitis	anterior	C1 (lateral mass)	Occipital bone (basilar part)		Unilateral: Lateral flexion at the atlanto-	
Rectus capitis lateralis		C1 (transverse process)	Occipital bone (basilar part, lateral to occipital condyles)	C2	occipital joint Bilateral: Flexion at the atlanto-occipital joint	
Scalene muscle	s					
 Scalenus anterior Scalenus medius Scalenus posterior 		C3–C6 (anterior tubercles of transverse processes)	1st rib (anterior scalene tubercle)	Direct branches from cervical and brachial plexuses (C3–C8)	With ribs mobile: Elevates upper ribs (during forced inspiration) With ribs fixed: Bends cervical spine to same	
		C1–C2 (transverse processes), C3–C7 (posterior tubercles of transverse processes)	1st rib (p <mark>ost</mark> erior to groove for subclavian artery)			
		C5–C7 (posterior tubercles of transverse processes)	2nd rib (outer surface)		side (unilateral), flexes neck (bilateral)	
Suboccipital m	uscles (short nucl	nal and craniovertebral join	t muscles)			
® Rectus capitis	posterior minor	C1 (posterior tubercle)	Occipital bone (inner third of inferior nuchal line)			
 Rectus capitis posterior major Obliquus capitis inferior Obliquus capitis superior 		C2 (spinous process)	Occipital bone (middle third of inferior nuchal line)	Posterior ramus of C1 (suboccipital n.)	Bilateral: Extends head	
			C1 (transverse process)			
		C1 (transverse process)	Occipital bone (above insertion of rectus capitis posterior major)		Unilateral: Tilts head to same side, rotates it to opposite side Bilateral: Extends head	

Fig. 37.10 Deep muscles of the neck



Arteries & Veins of the Neck

Fig. 37.11 Arteries of the neck

Left lateral view. The structures of the neck are primarily supplied by the external carotid artery (anterior branches) and the subclavian artery (vertebral artery, thyrocervical trunk, and costocervical trunk).



Fig. 37.12 Veins of the neck

Left lateral view. The principal veins of the neck are the internal, external,

and anterior jugularveins.



Clinical

Impeded blood flow and veins of the neck

When clinical factors (e.g., chronic lung disease, mediastinal tumors, or infections) impede the flow of blood to the right heart, blood darns up in the superior vena cava and, consequently, the jugular veins. This causes conspicuous swelling in the jugular (and sometimes more minor) veins.





Innervation of the Neck



Fig. 37.13 Innervation of the nuchal region

Posterior view.



Fig. 37.14 Sensory innervation of the anterolateral neck Left lateral view.



B Sensory branches of the cervical plexus.

Fig. 37.15 Motor innervation of the anterolateral neck Left lateral view.



* Innervated by the anterior ramus of C1 (distributed by the hypoglossal n.).

Larynx: Cartilage & Structure

Fig. 37.16 Laryngeal cartilages

Left lateral view. The larynx consists of five laryngeal cartilages: epiglottic, thyroid, cricoid, and the paired arytenoid and corniculate cartilages. They are connected to each other, the trachea, and the hyoid bone by elastic ligaments.



Fig. 37.17 Epiglottic cartilage

The elastic epiglottic cartilage comprises the internal skeleton of the epiglottis, providing resilience to return it to its initial position after swallowing.



Fig. 37.18 Thyroid cartilage

Left oblique view.



Fig. 37.19 Cricoid cartilage



Fig. 37.20 Arytenoid and corniculate cartilages Right cartilages.



Fig. 37.21 Structure of the larynx





B Sagittal section, viewed from the left medial aspect. The arytenoid cartilage alters the position of the vocal folds during phonation.



A Left anterior oblique view.

C Posterior view. Arrows indicate the directions of movement in the various joints.



D Superior view.

Larynx: Muscles & Levels

Fig. 37.22 Laryngeal muscles

The laryngeal muscles move the laryngeal cartilages relative to one another, affecting the tension and/or position of the vocal folds. Muscles that move the larynx as a whole (infra- and suprahyoid muscles) are described on p. 562.



A Extrinsic laryngeal muscles, left lateral oblique view.

Arytenoid cartilage, vocal process

Arytenoid

Posterior

cricoarytenoid

Articular facet for thyroid cartilage

cartilage, muscular process



B Intrinsic laryngeal muscles, left lateral view. Removed: Thyroid cartilage (left half). Revealed: Epiglottis and external thyroarytenoid muscle.



C Left lateral view with the epiglottis removed.

Vocalis

Conus elasticus

Lateral crico-

Middle cricoarytenoid ligament

arytenoid



D Posteriorview.

Table 37.9	Actions	of the laryngeal mu	yngeal muscles Effect on				
Muscle		Action	Effect on rima glottidis				
① Cricothyroid n	n.*	Tightons the up cal failds	Nana				
② Vocalis m.		Tightens the vocal folds	None				
③ Thyroarytenoid m.		Adducts the used folds	Closes				
④ Transverse arytenoid m.		Adddets the vocariolos					
③ Posterior cricoarytenoid	1 m.	Abducts the vocal folds	Opens				
© Lateral cricoar	ytenoid m.	Adducts the vocal folds	Closes				
* The cricothyro	id is the only (extrinsic laryngeal muscle.					

	Table 37.10		Levels of the larynx	
	Level	Space		Extent
	I	Supragl (larynge	ottic space al vestibule)	Laryngeal inlet (aditus laryngis) to vestibular folds
	11	Transglo (intermo larynges	ottic space ediate al cavity)	Vestibular folds across laryngeal ventricle (lateral evagination of mucosa) to vocal folds
Posterior view.	ш	Subglot (infraglo	tic space ottic cavity)	Vocal folds to inferior border of cricoid cartilage

Fig. 37.23 Cavity of the larynx



B Midsagittal section viewed from the left side.

Fig. 37.24 Vestibular and vocal folds

Coronal section, superior view.



Neurovasculature of the Larynx, Thyroid & Parathyroids

Fig. 37.25 Thyroid and parathyroid glands



A Thyroid gland, anterior view.

B Thyroid and parathyroid glands, posterior view.



c Topographical relations of the thyroid and parathyroid glands. See p. 577 for the layers of cervical fascia.

Fig. 37.26 Arteries and nerves

Anterior view.



Fig. 37.27 Veins

Left lateral view. *Note*: The inferior thyroid vein generally drains into the left brachiocephalic vein.



Fig. 37.28 Neurovasculature Left lateral view.





B Deep layer. Removed: Cricothyroid muscle and left lamina of thyroid cartilage. Retracted: Pharyngeal mucosa.

Topography of the Neck: Regions & Fascia



Fig. 37.29 Cervical regions



A Anterior view.



Fig. 37.30 Deep cervical fascial layers

Anterior view.



Topography of the Anterior Cervical Region

Fig. 37.31 Anterior cervical triangle

Anterior view.





Topography of the Anterior & Lateral Cervical Regions

Fig. 37.32 Carotid triangle

Right lateral view.



Fig. 37.33 **Deep lateral cervical region** Right lateral view with sternocleidomastoid windowed.



Topography of the Lateral Cervical Region

Fig. 37.34 Lateral cervical region

Right lateral view. The contents of the deep lateral cervical region are found in Fig. 37.33.





D Deepest layer. *Removed:* Prevertebral layer of deep cervical fascia. *Revealed:* Muscular floor of posterior triangle, brachial plexus and phrenic nerve.

Topography of the Posterior Cervical Region

Fig. 37.35 Occipital and posterior cervical regions

Posterior view. Subcutaneous layer (left), subfascial layer (right). The occiput is technically a region of the head, but it is included here due to the continuity of the vessels and nerves from the neck.



Fig. 37.36 Suboccipital triangle

Right side, posterior view. The suboccipital triangle is bounded by the suboccipital muscles (rectus capitis posterior major and obliquus capitis superior and inferior) and contains the vertebral artery. The left and right vertebral arteries pass through the atlanto-occipital membrane and combine to form the basilar artery.



Lymphatics of the Neck

Fig. 37.37 Lymphatic drainage regions

Right lateral view.


Clinical

Tumor metastasis

Lymph from the entire body is channeled to the left and right jugulosubclavian junctions (red circles). Gastric carcinoma may metastasize to the left supraclavicular group of lymph nodes, producing an enlarged *sentinel node* (see pp. 73, 231). Systemic lymphomas may also spread to the cervical lymph nodes by this pathway.



Fig. 37.38 Superficial cervical lymph nodes Right lateral view.

Cccipital Retroauricular Superficial parotid ymph nodes Unit of the second sec

Table 37.13	Sul	perficial cervical nph nodes	
Lymph nodes (I	.n.)	Drainage region	
Retroauricular I.n.		Occiput	
Occipital I.n.			
Mastold I.n.			
Superficial parotid l.n.		Parotid-auricular region	
Deep parotid l.n.			
Anterior superficial cervical l.n.		Sternocleidomastoid region	
Lateral superficial cervical l.n.			

Fig. 37.39 Deep cervical lymph nodes

Right lateral view.



Tab	le 37.14 De	ep cervical lymp	h nodes	
Level	Lymph nodes	(l.n.)	Drainage region	
ı	Submental I.n. Submandibular I.n.		··· Face	
11	Lateral jugular I.n. group	Upper lateral group	Nuchal region, laryngo- tracheo-thyroidal region	
III		Middle lateral group		
N		Lower lateral group		
v	L.n. in posterior cervical triangle		Nuchal region	
VI	Anterior cervical l. n.		Laryngo-tracheo-thyroidal region	

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38 Surface Anatomy

Surface Anatomy

Fig. 38.1 Surface anatomy of the skull and nuchal region



A Surface anatomy. Right posterolateral view.



B Palpable bony prominences. Posterior view.

Q1: Injecting a bolus of anesthetic two thirds of the way up the posterior border of the sternocleidomastoid would accomplish what task?

Q2: What palpable bony landmark would you use to auscultate the venous blood in the confluence of the sinuses?

Fig. 38.2 Surface anatomy of the face and neck



A Surface anatomy. Right anterolateral view.



B Palpable bony prominences. Anterior view.



Q3: What are the boundaries of the lateral cervical triangle (posterior triangle)? Name two structures within this region that supply motor innervation to the muscles of the upper limb.

Q4: What are the boundaries of the carotid triangle? Name one non-vascular component of the vertical neurovascular bundle within the

carotid sheath located in the carotid triangle.

Q5: What is the anatomical structure referred to as the "Adam's apple"?

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Neuroanatomy

39 Brain & Spinal Cord

Nervous System: Overview Telencephalon Telencephalon & Diencephalon Diencephalon, Brainstem & Cerebellum Spinal Cord Meninges

Ventricles & CSF Spaces

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Dural Sinuses & Veins of the Brain

Arteries of the Brain

Arteries & Veins of the Spinal Cord

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Circuitry

Sensory & Motor Pathways

Sensory Systems (I)

Sensory Systems (II)

Sensory Systems (III)

42 Autonomic Nervous System

Autonomic Nervous System

39 Brain & Spinal Cord

Nervous System: Overview

Fig. 39.1 Central and peripheral nervous systems

The nervous system is divided into the central (CNS) and peripheral (PNS) nervous systems. The CNS consists of the brain and spinal cord, which comprise a functional unit. The PNS consists of the nerves emerging from the brain and spinal cord (cranial and spinal nerves, respectively).



Fig. 39.2 Neurons (nerve cells)

The nervous system is composed of neurons (nerve cells) and supporting neuroglial cells, which vastly outnumber them (10 to 1). Each neuron contains a cell body (soma) with one axon (projecting segment) and one or

more dendrites (receptor segments). The release of neurotransmitters at synapses creates an excitatory or inhibitory postsynaptic potential at the target neuron. If this exceeds the depolarization threshold of the neuron, the axon "fires," initiating the release of a transmitter from its presynaptic knob (bouton).



Fig. 39.3 Myelination

Certain glial cells with lipid-rich membranes may myelinate axons (nerve fibers). Myelination electrically insulates axons, thereby increasing impulse conduction speed. In the CNS, one oligodendrocyte myelinates multiple axons; in the PNS, one Schwann cell myelinates one axon.



Fig. 39.4 Gray and white matter in the CNS

Nerve cell bodies appear gray in gross inspection, whereas nerve cell processes (axons) and their insulating myelin sheaths appear white.



Table	39.1 Develop	ment of the brain		
	Primary vesicle	Region		Structure
Neural tube	Pros-encephalon	Telencephalon (cerebrum)		Cerebral cortex, white matter, and basal ganglia
	(forebrain)	Diencephalon		Epithalamus (pineal), dorsal thalamus, subthalamus, and hypothalamus
	Mesencephalon (midbrain)*			Tectum, tegmentum, and cerebral peduncles
	Rhombencephalon (hindbrain)	Metencephalon	Cerebellum	Cerebellar cortex, nuclei, and peduncles
			Pons*	Nuclei and fiber tracts
		Myelencephalon	Medulla oblongata*	Nuclei and fiber tracts
* The me	esencephalon, pons, ar	d medulla oblongata are o	ollectively known as the brain	nstem.

Fig. **39.5** Embryonic development of the brain Left lateral view.



Fig. 39.6 Adult brain

See Fig. 39.12 for lobes of the cerebrum. CN = cranial nerve.



Telencephalon

Fig. 39.7 Divisions of the telencephalon

Coronal section, anterior view. The telencephalon is divided into the cerebral cortex, white matter, and basal ganglia. The cerebral cortex is further divided into the allocortex and isocortex (neocortex).



Fig. 39.8 White matter

A special preparation technique was used to show the fiber structure of the superficial layer of white matter.



B Medial view of right hemisphere.

Fig. 39.9 Basal ganglia

Transverse section, superior view. The basal ganglia are an essential component of the motor system (see p. 615).



Fig. 39.10 Allocortex

The three-layered allocortex consists of the olfactory cortex (blue) and the hippocampus (pink).



Fig. 39.11 Isocortex: Columnar organization

Morphological considerations divide the isocortex into six horizontal layers; functional considerations divide it into cortical columns.



B Brodmann (cortical) areas, lateral view of the left cerebral hemisphere.

C Brodmann (cortical) areas, medial view of the right cerebral hemisphere.

Fig. 39.12 Lobes in the cerebral hemispheres

The isocortex also may be functionally divided into association areas (lobes).



Telencephalon & Diencephalon

Fig. 39.13 Hippocampal formation

The hippocampus, fornix, and amygdala are the major components of the limbic system (see p. 621).



Fig. 39.14 Diencephalon

Midsagittal section, medial view of the right hemisphere. The major components of the diencephalons are the thalamus, hypothalamus, and hypophysis (anterior lobe). See p. 598 for the extracted diencephalon.



Fig. 39.15 Telencephalon and diencephalon: Internal structure Coronal section.



A Level of the optic chiasm.



B Level of the tuber cinereum.



c Level of the mammillary bodies.

Ta	ble 39.2	Structures of the diencephalon	
®	Preoptic recess		
0	Optic chiasm		
0	3rd ventricle		
Ø	Optic tract		
6	Infundibulum		
	Thalamus (with thalamic nuclei):		
	®	Reticular nucleus of thalamus	
	©	External medullary lamina	
Ð	Ø	Ventrolateral thalamic nuclei	
	0	Internal medullary lamina	
	0	Medial thalamic nuclei	
	8	Anterior thalamic nuclei	
	Ø	Paraventricular nuclei	
3	Subthalamic nucleus		
	Substantia nigra		
	Mammillothalamic fasciculus		
0	Mammillary body		
*Act	ually a struct	ure of the mesencephalon.	

Table 39.3 Structures of the telencephalon

1	Corpus callosum
2	Septum pellucidum
3	Lateral ventricle
٩	Fornix
3	Caudate nucleus
6	Internal capsule
0	Putamen
(8)	Globus pallidus
9	Cavum septi pellucidi
0	Anterior commissure
1	Lateral olfactory stria
12	Choroid plexus
0	Basal ganglia
1	Amygdala
13	Hippocampus

Diencephalon, Brainstem & Cerebellum

Fig. 39.16 Diencephalon, brainstem, and cerebellum Left lateral view.



Fig. 39.17 Cerebellum



B Anterior view.

Fig. 39.18 Cerebellar peduncles

Tracts of afferent (sensory) or efferent (motor) axons enter or leave the cerebellum through cerebellar peduncles. Afferent axons originate in the spinal cord, vestibular organs, inferior olive, and pons. Efferent axons originate in the cerebellar nuclei.



Fig. 39.19 Brainstem

The brainstem is the site of emergence and entry of the 10 pairs of true cranial nerves (CN III-XII). See p. 470 for an overview of the cranial nerves and their nuclei.



D Posterior view.

Spinal Cord

Fig. 39.20 Spinal cord and segments

The spinal cord consists of 31 segments innervating a specific area in the trunk or limbs (see Fig. 39.22). Afferent (sensory) posterior rootlets and efferent (motor) anterior rootlets form the posterior and anterior roots, respectively. The two roots fuse to form a mixed spinal nerve, which then divides into various branches.



A Spinal cord, posterior view. B Spinal cord segment, anterior view.

Fig. 39.21 Spinal cord in situ

Posterior view with vertebral canal windowed.



Fig. 39.22 Segmental innervation and spinal cord lesions

The spinal cord is divided into four major regions: cervical, thoracic, lumbar, and sacral. Spinal cord segments are numbered by the exit points of their associated spinal nerves. (*Note:* This does not necessarily correlate numerically with the nearest skeletal element.)



Fig. 39.23 Spinal cord in situ: Transverse section Superior view.



B Cauda equina at level of L2 vertebra.

Clinical

Lumbar puncture

A needle introduced into the dural sac (lumbar cistern) generally slips past the spinal nerve roots without injuring the spinal cord. Cerebro-spinal fluid (CSF) samples are therefore taken between the L3 and L4 vertebrae (2), once the patient has leaned forward to separate the spinous processes of the lumbar spine.



Anesthesia

Lumbar anesthesia may be administered in a similarfashion (2). Epidural anesthesia is administered by placing a catheter in the epidural space without penetrating the dural sac (1). This may also be done by passing a needle through the sacral hiatus (3).

Fig. 39.24 Cauda equina

In adults, the spinal cord ends at approximately the level of L1. Below this, ventral and dorsal roots course through the vertebral canal, uniting in the intervertebral foramen to form the spinal nerve (see p. 36).



Meninges

The brain and spinal cord are covered by membranes called meninges. The meninges are composed of three layers: dura mater (dura), arachnoid (arachnoid membrane), and pia mater.

The subarachnoid space, located between the arachnoid and pia, contains cerebrospinal fluid (CSF, see p. 604). See p. 601 for the coverings of the spinal cord.

Fig. 39.25 Meninges

See p. 606 for the veins of the brain.



Extracerebral hemorrhages

Bleeding between the bony calvarium and the soft tissue of the brain (extracerebral hemorrhage) exerts pressure on the brain. A rise of intracranial pressure may damage brain tissue both at the bleeding site and in more remote brain areas. Three types of intracranial hemorrhage are distinguished based on the relationship to the dura mater. See p. 608 for the arteries of the brain.



Fig. 39.26 Dural septa

Left anterior oblique view. The major dural reflections are the falx cerebri, tentorium cerebelli, and falx cerebelli (not shown). The dural septa separate the regions of the brain from each other.



Fig. 39.27 Innervation of the dura mater

Superior view. Removed: Tentorium cerebelli (right side).



Fig. 39.28 Arteries of the dura mater

Midsagittal section, left lateral view. See p. 608 for the arteries of the brain.



Ventricles & CSF Spaces

Fig. 39.29 Circulation of cerebrospinal fluid (CSF)

The brain and spinal cord are suspended in CSF. Produced in the choroids plexus, CSF occupies the subarachnoid space and ventricles of the brain.



Fig. 39.30 Ventricular system

The ventricular system is a continuation of the central spinal canal into the

brain. Cast specimens are used to demonstrate the connections between the four ventricular cavities.



Fig. 39.31 Ventricular system in situ

Left lateral view.


A 3rd and 4th ventricles in the midsagittal section.

B Ventricular system with neighboring structures.

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40 Blood Vessels of the Brain & Spinal Cord

Dural Sinuses & Veins of the Brain

Fig. 40.1 Confluence of the sinuses

Posterior view.



8- 7 9		The second secon	Falx cerebr 3 4 5 entorium
To Upp	able 40.1 Pri	ncip Lov	al dural sinuses ver group
1	sinus	0	Cavernous sinus
0	Inferior sagittal sinus	(8)	Anterior inter- cavernous sinus
© 3	Inferior sagittal sinus Straight sinus	® 9	Anterior inter- cavernous sinus Posterior inter- cavernous sinus
2 3 4	Inferior sagittal sinus Straight sinus Confluence of the sinuses	® 9 10	Anterior inter- cavernous sinus Posterior inter- cavernous sinus Sphenoparietal sinus
2 3 4 9	Inferior sagittal sinus Straight sinus Confluence of the sinuses Transverse sinus	® 9 10	Anterior inter- cavernous sinus Posterior inter- cavernous sinus Sphenoparietal sinus Superior petrosal sinus

Fig. 40.2 Superficial cerebral veins



A Lateral view of the left hemisphere.

B Medial view of the right hemisphere.

Fig. 40.3 Basal cerebral venous system

Basal view.



Fig. 40.4 Veins of the brainstem

Basal view.



Fig. 40.5 Dural sinuses in the skull base

Superior view of the opened cranial cavity. *Removed*: Tentorium cerebelli (right side).



Arteries of the Brain

Fig. 40.6 Internal carotid artery

Left lateral view. See p. 490 for details of the internal carotid artery.



Fig. 40.7 Arteries of the brainstem and cerebellum Left lateral view.



Fig. 40.8 Arteries of the brain Basal (inferior) view.



Fig. 40.9 Cerebral arteries



C Anterior and posterior cerebral arteries. Medial view of the right hemisphere.

Fig. 40.10 Cerebral arteries: Distribution areas

The central gray and white matter have a complex blood supply (yellow) that includes the anterior choroidal artery.



Posterior cerebral a.

A Lateral view of the left hemisphere.



B Medial view of the right hemisphere.

Arteries & Veins of the Spinal Cord

Like the spinal cord itself, the arteries and veins of the spinal cord consist of multiple horizontal systems (blood vessels of the spinal cord segments) that are integrated into a vertical system.

Fig. 40.11 Arteries of the spinal cord

The unpaired anterior and paired posterior spinal arteries typically arise from the vertebral arteries. As they descend within the vertebral canal, the spinal arteries are reinforced by anterior and posterior segmental medullary arteries. Depending on the spinal level, these reinforcing branches may arise from the vertebral, ascending or deep cervical, posterior intercostal, lumbar, or lateral sacral arteries.



Fig. 40.12 Veins of the spinal cord

The interior of the spinal cord drains via venous plexuses into an anterior and a posterior spinal vein. The radicular and spinal veins connect the veins of the spinal cord with the internal vertebral venous plexus. The intervertebral and basivertebral veins connect the internal and external venous plexuses, which drain into the azygos system.



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41 Functional Systems

Circuitry

Fig. 41.1 Divisions of the nervous system

Direction of information flow divides nerve fibers into two types: afferent (sensory) fibers, which transmit impulses toward the central nervous system (CNS), and efferent (motor) fibers, which transmit impulses away. The nervous system may also be divided into a somatic and an autonomic part. The somatic nervous system mediates interaction with the environment, whereas the autonomic (visceral) nervous system coordinates the function of the internal organs.



Fig. 41.2 Organization of the gray matter

Left oblique anterosuperior view. The gray matter of the spinal cord is divided into three columns (horns). Afferent (blue) and efferent (red) neurons within these columns are clustered according to function.



Fig. 41.3 Muscle innervation

Indicator muscles are innervated by motor neurons in the anterior horn of one spinal cord segment. Most muscles (multisegmental muscles) receive innervation from a motor column, a vertical arrangement of motor nuclei spanning several segments.



Fig. 41.4 Reflexes

Muscular function at the unconscious (reflex) level is controlled by the gray matter of the spinal cord.



A Polysynaptic reflexes may be mediated by receptors inside of or remote from the muscle (i.e., skin); these receptors act via interneurons to stimulate muscle contraction.



B Principal intrinsic fascicles of the spinal cord. The intrinsic fascicles are the conduction apparatus of the intrinsic circuits, allowing axons to ascend and descend to coordinate spinal reflexes for multisegmental muscles.



C Intrinsic circuits of the spinal cord.

Fig. 41.5 Sensory and motor systems

The sensory system (see p. 614) and motor system (see p. 615) are so functionally interrelated they may be described as one (sensorimotor system).



A Cortical areas of the sensorimotor system. Lateral view of the left hemisphere.



B White matter of the spinal cord. The white matter of the spinal cord contains ascending tracts (afferent, see p. 614) and descending tracts (efferent, see p. 615), which are the CNS equivalent of peripheral nerves.



C Overview of sensorimotor integration.

Sensory & Motor Pathways

Fig. 41.6 Sensory pathways (ascending tracts)



*The fasciculi cuneatus and gracilus convey information from the upper and lower limbs, respectively. At this spinal cord level, only the fasciculus cuneatus is present.



	Table 41.1	Ascending tra				
Tra	ict	Location	Function		Neurons	
0	Anterior spino- thalamic tract	- Anterior funiculus	Pathway for crude touch and pressure sensation		1st afferent neurons located in spinal ganglia;	
٢	Lateral spino- Anterior and thalamic tract lateral funiculi		Pathway for pain, temperature, tickle, itch, and sexual sensation		commissure	
3	Anterior spino- cerebellar trac	t Lateral	Pathway for unconscious coordination of motor activities (unconscious		Projection (2nd) neurons receive proprioceptive signals from 1st afferent fibers originating at the 1st neurons of spinal ganglia	
٩	Posterior spino cerebellar trac	₀₋ funiculus t	cerebellum			
3	Fasciculus cuneatus	Posterior	Pathway for position sense (conscious proprioception) and fine cutaneous	Conveys information from upper limb (not present below T3)	Cell bodies of 1st neuron located in spinal	
6	Fasciculus gracilis*	funiculus	sensation (touch, vibration, fine pressure sense, two-point discrimination)	Conveys information from <i>lower</i> limb	ganglion; pass uncrossed to the dorsal column nuclei	

Fig. 41.7 Motor pathways (descending tracts)

Pyramidal (corticospinal) tract

Extrapyramidal motor system



Tract			Function		
Pyramidal tract	0	Anterior corticospinal tract		Originates in the motor cortex Corticonuclear fibers to motor nuclei of cranial nerves Corticospinal fibers to motor cells in anterior horn of the spinal cord Corticoreticular fibers to nuclei of the reticular formation	
	0	Lateral corticospinal tract	Most important pathway for voluntary motor function		
	3	Rubrospinal tract			
Extrapyramidal	4	Reticulospinal tract	Pathway for automatic and learned motor processes (e.g., walking, running, cycling)		
motor system	3	Vestibulospinal tract			
	6	Tectospinal tract			
	Ī	Olivospinal tract			

Table 41.	Special sensor	Special sensory qualities (senses)				
Sense	Cranial nerve	Cranial nerve				
Vision	Optic n. (CN II)		See p. 473			
Balance	Vestibulocochlear n.	Vestibular branch	See p. 480 See p. 481			
Hearing	(CNVIII)	Cochlear branch				
	Facial n. (CN VII)	See p. 478				
Taste	Glossopharyngeal n. (C	Glossopharyngeal n. (CN IX)				
	Vagus n. (CN X)	See p. 484				
Smell	Olfactory n. (CN I)	Olfactory n. (CN I)				

Sensory Systems (I)

Fig. 41.8 Visual system: Overview



A Left lateral view.



Fig. 41.9 Visual pathways

90% of optic nerve fibers terminate in the lateral geniculate body on neurons that project to the striate area (visual cortex). This forms the geniculate pathway, responsible for conscious visual perception. The remaining 10% travel along the medial root of the optic tract, forming the non-geniculate pathway. This pathway plays an important role in the unconscious regulation of vision-related processes and reflexes.



A Geniculate pathway. Left visual hemifield.

B Non-geniculate pathway.





Fig. 41.10 Reflexes of the visual system

The reflexes of the visual system are mediated by the optic (afferent) and oculomotor (efferent) nerves.



A Pupillary light reflex.

① Incoming light is transmitted via the optic nerve.

- ② Large amounts of light are transmitted to the pretectal area, bypassing the geniculate pathway.
- The neurons of the visceral oculomotor nucleus synapse on the ciliary ganglion, which induces contraction of the pupillary sphincter.



- B Pathways for convergence and accommodation.
- ① Light is received from an approaching object.
- Information is relayed via the primary (17) and secondary (19) visual cortexes to the nuclei of the oculomotor nerve.
- ③ Convergence: Constriction of the medial rectus muscles converges the visual axes of the eyes, keeping the approaching image on the fovea centralis, the point of maximum visual acuity.
- ④ Accommodation: The curvature of the lens is increased via contraction of the ciliary muscles. The sphincter pupillae also contracts.

Sensory Systems (II)

Fig. 41.11 Balance

Human balance is regulated by the visual, proprioceptive, and vestibular systems. All three systems send afferent fibers to the vestibular nuclei, which then distribute them to the spinal cord (motor support), cerebellum (fine motor function), and brainstem (oculomotor function). Proprioception ("position sense") is the perception of limb position in space. *Note:* Efferents to the thalamus and cortex control spatial sense; efferents to the hypothalamus regulate vomiting in response to vertigo.



Fig. 41.12 Oculomotor nuclei

The oculomotor nuclei receive efferent fibers from both the vestibular and visual systems. Conjugate eye movement requires the activity of multiple extraocular muscles and their corresponding nerves. The oculomotor nuclei are therefore coordinated at a supranuclear level by premotor nuclei (purple).



Fig. 41.13 Vestibular system and nuclei

The receptors of the vestibular system are located in the membranous labyrinth. The maculae of the utricle and saccule respond to linear acceleration, whereas the semicircular duct organs in the ampullary crests respond to angular (rotational) acceleration.



Fig. 41.14 Auditory system (hearing)

See p. 480 for the vestibulocochlear nerve (CN VIII).



Fig. 41.15 Gustatory system (taste)

When specialized epithelial cells (secondary sensory cells with no axon) in the tongue are chemically stimulated, the cell bases release glutamate, stimulating the peripheral processes of afferent cranial nerves VII, IX, and X. *Note:* Spicy foods may also stimulate trigeminal fibers (not shown).

Sensory Systems (III)

Fig. 41.16 Olfactory system (smell)

The olfactory system is the only sensory system not relayed in the thalamus before reaching the cortex (the prepiriform area is considered the primary olfactory cortex). The olfactory system is linked to other brain areas and can therefore evoke complex emotional and behavioral responses (mediated by the hypothalamus, thalamus, and limbic system): noxious smells induce nausea; appetizing smells evoke salivation.

B Olfactory system with nuclei, left lateral view of midsagittal section.

The limbic system, which exchanges and integrates information between the telencephalon, diencephalon, and mesencephalon, regulates drive and affective behavior. It plays a crucial role in memory and learning.

Image: descent of the section, left iteral view.					
T	able 41.4 Structures of t	he lir	nbic system		i i i i i i i i i i i i i i i i i i i
Out	ter arc	Inn	er arc*	Sul	ocortical nuclei
1	Parahippocampal gyrus	3	Hippocampal formation (hippocampus, entorhinal area of parahippocampal gyrus)		Amygdala
2	Indusium griseum		Fornix		Dorsal tegmental nuclei
0	③ Subcallosal (paraolfactory) area) Septal area (septum)		Habenular nuclei
9					Interpeduncular nuclei
	Cinquiate (limbic) gurus	Dar			Mammillary bodies
Cingulate (IIIIDIC) gyrus		Fdl	accininiar gyrus	1	Anterior thalamic nuclei
* Tł	ne inner arc also contains the diagon	al ban	d of Broca (not shown).		

Fig. 41.17 Limbic system nuclei

This neuronal circuit (Papez circuit) establishes a connection between information stored at the conscious and unconscious level.

Fig. 41.18 Limbic regulation of the peripheral autonomic nervous system

The limbic system receives afferent feedback signals from its target organs. See p. 623 for the autonomic nervous system.

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42 Autonomic Nervous System

Autonomic Nervous System

Fig. 42.1 Autonomic nervous system circuitry

The autonomic nervous system innervates smooth muscle, cardiac muscle, and glands. It is divided into the sympathetic (red) and parasympathetic (blue) nervous systems, which often act in antagonistic ways to regulate blood flow, secretions, and organ function. Green: Afferent. Purple: Efferent.

Fig. 42.2 Autonomic tracts in the spinal cord

Fig. 42.4 Blood pressure regulation

Sympathetic fibers may release norepinephrine, inducing the $\alpha 1$ receptor to mediate contraction of the vascular smooth muscle (thus increasing blood pressure). Circulating epinephrine acts on the $\beta 2$ receptors to induce vasodilation (decreasing blood pressure). *Note:* Parasympathetic fibers do not terminate on blood vessels.

Fig. 42.5 Autonomic nervous syste

Organ (organ system)		Sympathetic NS effect	Parasympathetic NS effect		
Gastro- intestinal tract	Longitudinal and circular muscle fibers	↓ motility	fmotility		
	Sphincter muscles	Contraction	Relaxation		
	Glands	↓ secretions	† secretions		
Splenic capsule		Contraction			
Liver		† glycogenolysis/gluconeogenesis	Noeffect		
D	Endocrine pancreas	↓insulin secretion			
Pancreas	Exocrine pancreas	1 secretion	† secretion		
Bladder	Detrusor vesicae	Relaxation	Contraction		
	Functional bladder sphincter	Contraction			
Seminal vesicle			Noeffect		
Vas deferens		Contraction (ejaculation)			
Uterus		Contraction or relaxation, depending on hormonal status			
Arteries		Vasoconstriction	Vasodilation of the arteries of the penis and clitoris (erection)		
NS - nervo	ous system. See also p. 244.				

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Appendix

Answers to Surface Anatomy Questions Index

Answers to Surface Anatomy Questions

Back (pp. 40–41)

Q1: The superior boundaries of Michaelis' rhomboid run from the spinous process of L4 to the posterior superior iliac spines. The rhomboid then follows the curve of the iliac crest to the anal cleft.

Q2: The inferior angle of the scapula is at the level of the T7 spinous process. The iliac crest is at the level of the L4 spinous process. See p. 40 for palpable bony landmarks.

Thorax (pp. 120–121)

Q1: After careful inspection, undertake a systematic palpation of each breast. Palpate the tissue of each breast by quadrant in the following sequence: inferior lateral, inferior medial, superior medial, and superior lateral. Palpate the axilla to examine the axillary tail of breast tissue. The majority of lymph drainage from the breast is to the axillary lymph nodes. The parasternal lymph nodes, which run along the internal thoracic vessels, drain the medial portions of the breast. See p. 64 for the axillary lymph nodes.

Q2: The aortic and pulmonary valves are best auscultated at the 2nd right and left intercostal spaces, respectively. Locate the 2nd intercostal spaces by finding the usually palpable sternal angle (the junction between the manubrium and body of the sternum). The 2nd ribs attach to the sternum at the sternal angle. The tricuspid (right atrioventricular) and bicuspid (left atrioventricular) valves are best auscultated at the left 5th intercostal space. If the ribs are visible/palpable, the 5th rib can be found by counting up from below (the lowest rib at the midclavicular line is the 10th rib). See p. 87 for auscultation sites; see p. 120 for reference lines in the thorax.

Abdomen & Pelvis (pp. 248–249)

Q1: Use a vertical and a horizontal line through the umbilicus (at approximately the level of L4) to divide the abdomen and pelvis into right and left upper and lower quadrants (see p. 142).

LUQ Liver, stomach, transverse colon, small intestine, spleen, pancreas, duodenum, descending colon, left

kidney and suprarenal gland, left ureter.

- **RUQ** Liver, stomach, transverse colon, small intestine, gallbladder, pancreas, duodenum, ascending colon, right kidney and suprarenal gland, right ureter.
- **LLQ** Small intestine, descending colon, left ureter, urinary bladder, reproductive organs.
- **RLQ** Small intestine, ascending colon (with cecum and vermiform appendix), right ureter, urinary bladder, reproductive organs.

Q2: *Direct* inguinal hernias are most common in middle-aged or older males and are believed to be caused by "wear and tear." They typically occupy the medial portion of the inguinal canal (having exited the abdomen through the inguinal triangle). They may also exit via the superficial inguinal ring. Rarely, they enter the scrotum. *Indirect* hernias are seen in male children and young adults and are believed to have a congenital basis. They generally exit via the deep inguinal ring and thus may occupy the entire length of the inguinal canal. They may also exit via the superficial inguinal ring, and occasionally enter the scrotum. See p. 135 for inguinal hernias.

Upper Limb (pp. 350–353)

Q1: The medial and lateral antebrachial cutaneous nerves are both vulnerable during intravenous punctures in the cubital fossa. The medial nerve is a direct branch from the medial cord of the brachial plexus; the lateral nerve is the cutaneous component of the musculatocutaneous nerve (lateral cord). See p. 339 for the cubital region.

Q2: With the elbow joint in flexion, the ulnar collateral ligament can be palpated using the olecranon, the medial and lateral epicondyles, and the coronoid process. The radial collateral ligament can be palpated using the lateral epicondyle. See p. 284 for the collateral ligaments of the elbow.

Q3: In the wrist, the flexor carpi ulnaris tendon runs laterally to the ulnar artery and nerve until the ulnar tunnel. The median nerve is located between the palpable tendons of palmaris longus and flexor carpi radialis. The radial artery is slightly lateral to the flexor carpi radialis tendon. See p. 342 for the topography of the carpal region.

Q4: Tenderness at the base of the anatomic snuffbox suggests a fracture of the scaphoid. See p. 347 for the anatomic snuffbox; see p. 299 for scaphoid fractures.

Lower Limb (pp. 450–451)

Q1: The head of the femur is located directly behind the femoral artery. The femoral artery emerges below the midpoint of the inguinal ligament. See p. 436 for the inguinal region.

Q2: The sciatic nerve can be located as it exits the greater sciatic foramen by identifying the midpoint between the posterior superior iliac spine and the ischial tuberosity. In the gluteal region (see pp. 438–439), the sciatic nerve passes just medial to the midpoint of a line connecting the greater trochanter of the femur and the ischial tuberosity. The common fibular nerve can be palpated on the lateral border of the popliteal fossa as it courses along the medial border of the biceps femoris tendon (see p. 442). At the ankle, the tibial nerve is located midway between the palpable medial malleolus and the calcaneal (Achilles') tendons (see p. 442).

Head & Neck (pp. 588–589)

Q1: A bolus of anesthetic injected approximately two thirds of the way up the posterior border of the sternocleidomastoid would serve as a nerve block for the cervical plexus.

Q2: The confluence of the sinuses is found deep to the external occipital protuberance. See p. 608 for the dural sinuses.

Q3: The lateral cervical (posterior) triangle is bounded by the sternocleidomastoid and trapezius muscles and the clavicle. It contains the (spinal) accessory nerve (CN XI) and the brachial plexus. See p. 576 for the triangles of the neck. See p. 582 for the contents of the lateral cervical triangle.

Q4: The carotid triangle is bounded by the sternohyoid, posterior belly of the digastric, and sternocleidomastoid. It contains the vagus nerve (CN X). See p. 576 for the triangles of the neck. See p. 580 for the contents of the carotid triangle.

Q5: The thyroid cartilage (see p. 570) is commonly referred to as the "Adam's apple."

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Note: *Italicized* page numbers represent clinical applications. Tabular material is indicated by a "t" following the page number.

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